

AA SOLANO SOUTH CENTRAL OFFICE NEWSLETTER

AASOLANOSOUTH.ORG SOSOEDITOR@GMAIL.COM

Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



Central Office needs coverage:

All shifts are currently filled!
But.....

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as-needed basis.

“...we ask that we be given strength and direction to do the right thing, no matter what the personal consequences may be.”

9th Step Prayer(#1), Big Book, page 79



AA Central Office 7th Tradition Digital Payments:

We are operation with our digital payments! If you are making a group contribution you need to email me the name of the group, which method you used, the amount, and what date you made the payment. If I don't get these it will be considered an individual contribution. Always be sure to include our code in your memo/note section **aasoso** If you have question, do not hesitate to call/email/text.

John M. Treasurer 707-992-9294 jtmead800@gmail.com

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**STEP
9**

“Made direct amends to such people wherever possible,
except when to do so would injure them or others.”

Meeting Notes

**Monday Night
Doyle Drivers Women's
Group**

7:00pm-8:00pm

at The Southern Solano Alano
Club
2046 Columbus Parkway

MENS 12&12 BOOK STUDY

Southern Solano Alano Club
2046 Columbus Parkway

WEDNESDAYS

NEW TIME: 7:00-8:00pm

**The Hole in the Donut
Saturdays
10:00am-11:00am**



**American Canyon
Underground Fellowship
11 Poco Way,
American Canyon**

**Vallejo Fellowship
Early Birds Meeting**

Monday—Sunday

7:00am-8:00am

1115 Amador St,
Vallejo



**Saturday
Come To Believe
Candlelight meeting
7:00pm-8:00pm**

1175 Church St. BENICIA



GET TO THE POINT

**Topic Discussion
Mondays 8:00pm-9:00pm
St. Pauls Church
120 East J. Benicia**

WE ARE NOT A GLUM LOT!

When you wake up hangover-free on a Saturday morning for the first time in your adult life and have no idea what to do with all this free time

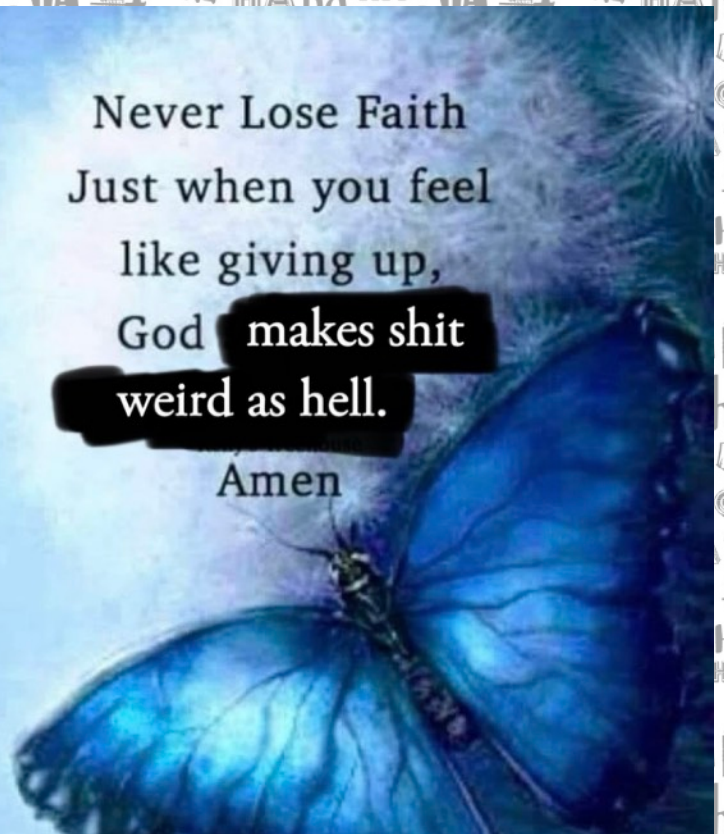


Me sober on Friday night living a life beyond my wildest dreams



The best apology is changed behavior.

Never Lose Faith
Just when you feel
like giving up,
God makes shit
weird as hell.
Amen



BEDEVILMENTS VS. THE PROMISES

ONLY 31 PAGES LATER THE BEDEVILMENTS ARE REPLACED BY THE PROMISES

BEDEVILMENTS (PAGE 52)

We were having trouble with personal relationships.

We couldn't control our emotional natures.

We were a prey to misery and depression.

We couldn't make a living.

We had a feeling of uselessness.

We were full of fear.

We were unhappy

We couldn't seem to be of real help to other people.

And, most of all.

THE PROMISES (PAGE 83)

We will lose interest in selfish things & gain interest in our fellows. Self-seeking will slip away.

We will comprehend the word serenity and we will know peace.

Our whole attitude and outlook upon life will change.

Fear of people & of economic insecurity will leave us.

That feeling of uselessness & self-pity will disappear.

We will intuitively know how to handle situations which used to baffle us.

We are going to know a new freedom & a new happiness.

No matter how far down the scale we have gone, we will see how your experience can benefit others. We will not regret the past nor wish to shut the door on it.

We will suddenly realize that God is doing for us what we could not do for ourselves.

If it weren't for the last minute, nothing would get done.

— Unknown

Actually, the last minute is a good time for doing things because it usually means *now*. We can expect God to help us in the present moment.

At the last minute, we usually remember what is important and forget what isn't. If we need to do something or remember something or find something, we will, with God's help. Nothing is gained by worrying. And if we're making decisions at the last minute, so what? That's the present moment.

God will guide us, and we will know the time for action if we relax and remain open to God's prompting.

*If I stay attuned to my Inner Guide,
I'll always be in the present moment.*

The Central Office Business meeting is the first Wednesday of every month at 6:30pm at the Southern Solano Alano Club. 2046 Columbus Pkwy around back



September Sobriety Birthdays



Maureen T. 09/06/2009 (17 Years!)
Tim W. 09/07/2014 (12 Years!)
Trina R. 09/08/2011 (15 Years!)
John K. 09/10/1998 (28 Years!)
Diane C. 09/13/1995 (31 Years!)
Alyssa D. 09/15/2021 (5 Years!)
Anneliese H. 09/18/2017 (9 Years!)
Mike D. 09/19/2022 (4 Years!)
Maureen B. 09/22/2012 (14 Years!)
Kindred A. 09/23/2006 (20 Years!)
Rick W. 09/23/2016 (10 Years!)
Stutter Dan 09/23/2006 (20 Years!)
Robyn C. 09/27/2002 (24 Years!)
Eddie B. 09/28/2005 (21 Years!)

District 09 Southern Solano

Monthly Birthday Speaker Meeting

At Northgate Church

2201 Lake Herman Rd, Benicia

September 11th at 8:00pm

Dave S.

From Moraga, CA

HOST GROUP:

Candlelight Group
50/50 raffle!



September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
This isn't the complete list of meetings in District. Check the website aasolanosouth.org for the latest.	Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday	Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday	CENTRAL OFFICE Business Meeting first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back	Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday	Vallejo Fellowship 12:00 Noon to 1:00pm 1115 Amador St, Vallejo Every Friday	Vallejo Fellowship Speaker Night starts at 6:45pm 1115 Amador St, Vallejo First Saturday of the Month
6	7	8	9	10	11	12
Go to Any Lengths hybrid in person and online 9:30am-10:30am 416 O'Farrel Dr. Benicia Zoom: 857-669-5455 Password: sundays	As Bill Sees It Speaker/Discussion Noon-1:00pm Heritage Presbyterian Church 1400 East 2nd St Benicia	Vallejo Fellowship Business Meeting 2nd Tuesday of every month at 6:45 at the Vallejo Fellowship 1115 Amador St	Vallejo Fellowship Early Birds 7-8:00am 1115 Amador St, Vallejo Every Wednesday	Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday	District 09 Monthly Birthday Speaker Meeting 2nd Friday every month 8:00pm Northgate Church Benicia	2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday
13	14	15	16	17	18	19
Women's Big Book Study Vallejo Fellowship 1115 Amador St, Vallejo 1:30pm-2:30pm	DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober!	Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday	Reuniones En Español (Spanish speaking meeting) Wednesdays 7pm-9pm 1115 Amador St. Vallejo	11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday	First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia	Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday
20	21	22	23	24	25	26
Benicia Sunday Night Discussion St. Paul's Church 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday	Attitude Adjustment Daily Reflections St. Paul's Church 1st and J. Street, Benicia 7:00 AM-8:00 AM	Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday	American Canyon Fellowship Big Book Meeting 5:30-6:30pm 11 Poco Way Suite E American Canyon	Vallejo Fellowship Early Birds 7:00-8:00AM 1115 Amador St, Vallejo Every Thursday	Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am	Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday
27	28	29	30			
denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.	The Doyle Drivers Women's Group Southern Solano Alano Club 2046 Columbus Pkwy 7:00-8:00pm Every Monday	Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday	Men's 12&12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:00-8:00pm Every Wednesday	Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Mon-Sat	Benicia Young Peoples Group Fridays 6-7pm Southern Solano Alano Club 2046 Columbus Parkway	A Vision For You Noon-1:00pm Alano Club 2046 Columbus Pkwy around back

The Vallejo Fellowship is located at:
1115 Amador St, Vallejo, CA
Telephone number is 707-557-6318

A.A. ON THE WEB
Alcoholics Anonymous: aa.org
Southern Solano AA:
aasolanosouth.org
NorCalAA: norcalaa.org

SOUTHERN SOLANO CENTRAL OFFICE MONTHLY

Birthday Speaker Meeting

Dave S. from Moraga, CA



Friday, September 11th, 2026

8:00 pm at NORTHGATE CHURCH in Benicia

Hosted by the Came to Believe Candlelight Group

**Northgate Church is located at
2201 Lake Herman Road in Benicia**

Childcare Available!

50/50 Raffle!

THE HOLIDAY Party

PLANNING MEETING

★
*Together
We Stay
Sober*



JOIN US ON



SUNDAY, SEPTEMBER 13TH
3PM



SUNDAY, SEPTEMBER 27TH
3PM



**AMERICAN CANYON
UNDERGROUND FELLOWSHIP**

11 Poco Way,
American Canyon 94503

Nice

Sally
Senna
Brandon
Lily
Bill
Nick
Jessie

Naughty

Mark
Jessica
Tyler
Olivia
Brad
Conner
Lindsay



❄️ *Stay on the Nice List and help us with just an hour of your time!* ❄️



SET UP AND
DECORATE



COFFEE AND
DRINKS TEAM



WELCOME TEAM



SERVE DINNER



RAFFLE
TICKET SALES



PARTY
CLEANUP TEAM



Questions?

Contact Mandy H. 805-636-6543
or Sarah B. 808-446-0472

*Food, Fellowship
and Fun...
What More Do
We Need?* ♥

ONE DAY AT A TIME ★ ONE HOUR AT A TIME ★ ONE MOMENT AT A TIME

VFS

VALLEJO FELLOWSHIP
ALCOHOLICS ANONYMOUS



— ESTABLISHED 1945 —

WOMEN'S

Big Book Study

Sunday

1:30 pm

Vallejo Fellowship

1115 Amador St

Be sure to join us for the 1st Sunday Potluck

1:00 PM

1115 Amador St., Vallejo, CA

Upcoming Dates: 7/5/26, 8/2/26,

9/6/26

Fellowship

Recovery

Friends

Food

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John M. Treasurer 707-992-9294 jtmead800@gmail.com

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Northern California Hospital and Institution Committee

*Carrying the message of A.A. to the alcoholic in Corrections and Treatment facilities
and facilities serving alcoholics in Northern CA*

South Solano County H & I needs meeting volunteers!

Meeting Volunteers bring meetings into local hospitals, recovery centers, detoxes and jails. They usually go into a facility to conduct a one hour meeting once a month.



National Vallejo

Volunteers needed to facilitate an AA meeting Mondays at 1pm.

Vallejo Detox

Volunteers needed to facilitate an AA meeting Sundays at 2pm.

Crestwood Behavioral Health in Vallejo

Volunteers needed to speak at an AA meeting on Tuesdays at 6pm.

Napa State Hospital

Volunteers needed to speak at an AA meeting on the first Wednesday of the month at 6pm.

Genesis House

Volunteers needed to facilitate an AA meeting on the 3rd or 4th Saturday of the month at 7pm, as well as volunteers to speak at the meeting.

**Please contact H&I Representative Nan for full details at 925-330-7813
or nathibs@cloud.com**