

AA SOLANO SOUTH CENTRAL OFFICE NEWSLETTER

AASOLANOSOUTH.ORG SOSOEDITOR@GMAIL.COM

Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



Central Office needs coverage:

All shifts are currently filled!
But.....

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as-needed basis.

"Then, in A.A., we looked and listened. Everywhere we saw failure and misery transformed by humility into priceless assets."

Twelve Steps & Twelve Traditions, Pages 75



Hello Alcoholics!!

If you are reading this, there is a good chance that you receive the newsletter through email. Currently, the mailing list has 239 members. If you don't receive this newsletter by email and you would like to, **please email sosoeditor@gmail.com and let me know to add you to the list.** Also, if you would like your sober anniversary date to be recognized in the newsletter, and you haven't given me your sober date yet, email or text me that info too. Feel free to announce this to your groups as well!

AND, any contributions such as sobriety/recovery memes, personal stories, meeting announcements, flyers, etc. are always welcome!

In Service,
Alex H. (707-567-0362)

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Meeting Notes

**Monday Night
Doyle Drivers Women's
Group**

7:00pm-8:00pm
at The Southern Solano Alano
Club
2046 Columbus Parkway

MENS 12&12 BOOK STUDY

Southern Solano Alano Club
2046 Columbus Parkway

WEDNESDAYS
NEW TIME: 7:00-8:00pm

**The Hole in the Donut
Saturdays
10:00am-11:00am**



**American Canyon
Underground Fellowship
11 Poco Way,
American Canyon**

**Vallejo Fellowship
Early Birds Meeting**

Monday—Sunday

7:00am-8:00am

1115 Amador St,
Vallejo



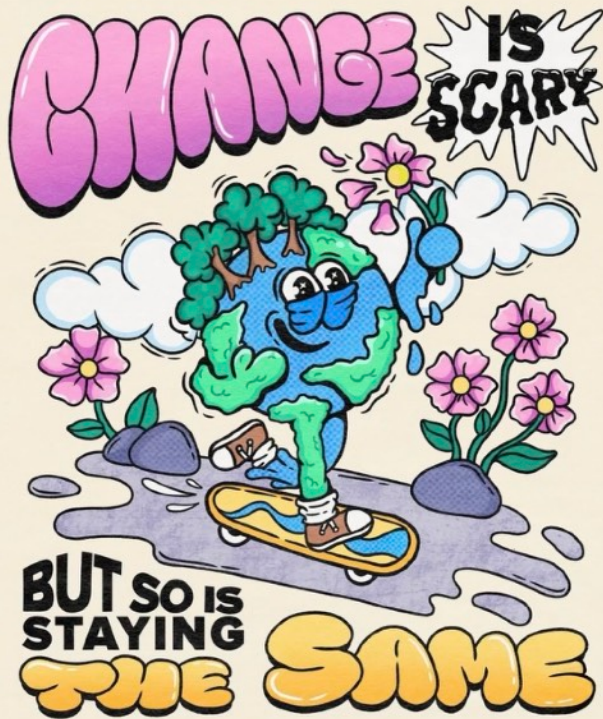
**Saturday
Women's Grapevine Study
5:30-6:30pm**

**At the Alano Club
NEEDS SUPPORT!!!
2046 Columbus Pkwy**

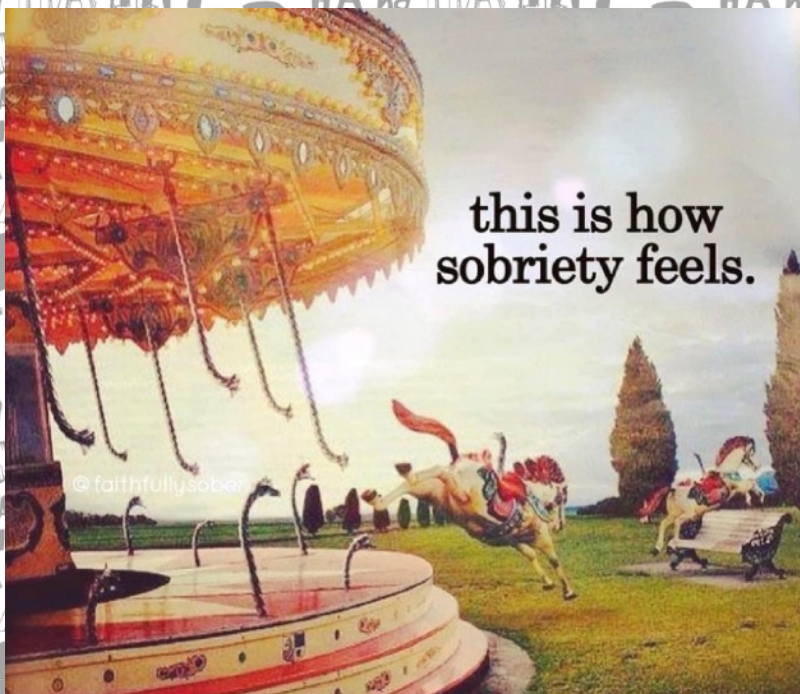
THERE IS A SOLUTION

**12&12 Study
Tuesdays Noon-1:00pm
Southern Solano Alano Club
2046 Columbus Parkway
NEEDS SUPPORT!!**

WE ARE NOT A GLUM LOT!



He who drinks
a fifth on the
fourth, may
not be able to
go forth on
the fifth.



Hard truth:

If you wait until you
feel 'better' to start
living, you might be
waiting forever.

Go live your life.
Do it sad.
Do it anxious.
Do it uncertain.

Because healing
doesn't always come
before the experience.

Sometimes, the
experience is what
heals you.

**THE MOST
IMPORTANT
SPIRITUAL GROWTH
DOESN'T HAPPEN
WHEN YOU'RE
MEDITATING OR ON
A YOGA MAT.**

It happens in the midst of conflict --
when you're frustrated, angry or
scared and you're doing the same old
thing, and then you suddenly realize
that you have a choice to do it
differently...

The Central Office Business meeting
is the first Wednesday of every month at
6:30pm at the Southern Solano Alano Club.
2046 Columbus Pkwy around back



July Sobriety Birthdays

Chris Z. 07/04/2019 (7 Years!)

Joe E. 07/05/1983 (43 Years!)

Patricia S. 07/07/1985 (41 Years!)

Jenna A. 07/08/2023 (3 Years!)

Guy A. 07/10/1996 (30 Years!)

Fred B. 07/13/1995 (31 Years!)

Jodie C. 07/15/1996 (30 Years!)

Problem Steve 07/15/1996 (30 Years!)

Roger D. 07/16/2006 (20 Years!)

Ben P. 07/17/2005 (21 Years!)

Mark R. 07/17/2001 (25 Years!)

Melissa S. 07/17/2023 (3 Years!)

Louie Y. 07/18/2007 (19 Years!)

Cathy S. 07/23/1982 (44 Years!)

Gary C. 07/24/2009 (17 Years!)

Debbie B. 07/31/2021 (5 Years!)

District 09 Southern Solano

Monthly Birthday Speaker Meeting

At Northgate Church

2201 Lake Herman Rd, Benicia

July 10th at 8:00pm

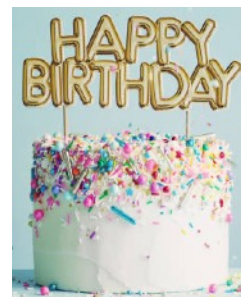
Greg H.

From Benicia, CA

HOST GROUP:

Attitude Adjustment

50/50 raffle!



July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
This isn't the complete list of meetings in District. Check the website aasolanosouth.org for the latest.	Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday	Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday	CENTRAL OFFICE Business Meeting first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back	Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday	Vallejo Fellowship 12:00 Noon to 1:00pm 1115 Amador St, Vallejo Every Friday	Vallejo Fellowship Speaker Night starts at 6:45pm 1115 Amador St, Vallejo First Saturday of the Month
5	6	7	8	9	10	11
Go to Any Lengths hybrid in person and online 9:30am-10:30am 416 O'Farrel Dr. Benicia Zoom: 857-669-5455 Password: sundays	As Bill Sees It Speaker/Discussion Noon-1:00pm Heritage Presbyterian Church 1400 East 2nd St Benicia	Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday	Vallejo Fellowship Early Birds 7-8:00am 1115 Amador St, Vallejo Every Wednesday	Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday	District 09 Monthly Birthday Speaker Meeting 2nd Friday every month 8:00pm Northgate Church Benicia	2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday
12	13	14	15	16	17	18
Women's Big Book Study Vallejo Fellowship 1115 Amador St, Vallejo 1:30pm-2:30pm	DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober!	Vallejo Fellowship Business Meeting 2nd Tuesday of every month at 6:45 at the Vallejo Fellowship 1115 Amador St	Reuniones En Español (Spanish speaking meeting) Wednesdays 7pm-9pm 1115 Amador St. Vallejo	11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday	Benicia First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia	Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday
19	20	21	22	23	24	25
Benicia Sunday Night Discussion St. Paul's Church 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday	Attitude Adjustment Daily Reflections St. Paul's Church 1st and J. Street, Benicia 7:00 AM-8:00 AM	Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday	American Canyon Fellowship Big Book Meeting 5:30-6:30pm 11 Poco Way Suite E American Canyon	Vallejo Fellowship Early Birds 7:00-8:00AM 1115 Amador St, Vallejo Every Thursday	Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am	Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday
26	27	28	29	30	31	
denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.	The Doyle Drivers Women's Group Southern Solano Alano Club 2046 Columbus Pkwy 7:00-8:00pm Every Monday	Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday	Men's 12&12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:00-8:00pm Every Wednesday	Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Mon-Sat	Benicia Young Peoples Group Fridays 6-7pm Southern Solano Alano Club 2046 Columbus Parkway	Saturday Night Women's Grapevine Meeting 5:30-6:30 Alano Club 2046 Columbus Pkwy Sobriety Bdays last Saturday

The Vallejo Fellowship is located at:
1115 Amador St, Vallejo, CA
Telephone number is 707-557-6318

A.A. ON THE WEB
Alcoholics Anonymous: aa.org
Southern Solano AA:
aasolanosouth.org
NorCalAA: norcalaa.org

SOUTHERN SOLANO CENTRAL OFFICE MONTHLY

Birthday Speaker Meeting

Greg H. from Benicia, CA



Friday, July 10th, 2026

8:00 pm at NORTHGATE CHURCH in Benicia

Hosted by the Attitude Adjustment Group

**Northgate Church is located at
2201 Lake Herman Road in Benicia**

Childcare Available!

50/50 Raffle!

VFS

VALLEJO FELLOWSHIP
ALCOHOLICS ANONYMOUS



— ESTABLISHED 1945 —

— PRESENTS —
81ST

Anniversary **PARTY**

A CELEBRATION OF
THE THREE LEGACIES OF AA

- Unity
- Service
- Recovery



UNITY

Helping one
another stay
connected.



SERVICE

Giving back
what was
freely given.



RECOVERY

Living the
promises one
day at a time.



CATERED
BUFFET



RAFFLES



SPEAKER
MEETING



FUN
MEMORIES



FELLOWSHIP
& CELEBRATION



DATE: 8/22/26



TIME: 5–9 PM



LOCATION: FLORENCE DOUGLAS SENIOR CENTER
333 AMADOR ST, VALLEJO, CA



CONTACT:
DAVID A.
+1 (707) 320-8982

81 YEARS STRONG. ONE FELLOWSHIP. THREE LEGACIES.

HONORING OUR PAST. • CELEBRATING OUR PRESENT. • INSPIRING OUR FUTURE.

Parting Thoughts from Your D09 Workshop Committee

During the 2023–24 General Service panel, a long-time member of District 09 (which includes all AA members and groups in Vallejo and Benicia; i.e. Solano South) persisted with his idea that the district should find a way to show members what General Service can do for you, rather than what does General Service want from you -- something beyond occasional meeting visits and repeated appeals for participation. Thus, the district formed a workshop committee to figure out what types of events would best engage our members.

By late 2024, committee members had committed to organizing four events over the coming year, with the primary objective of providing an enjoyable afternoon of sharing meaningful discussions, fellowship, and food. We envisioned: panel discussions asking important questions and addressing topics in AA that matter to members; having both long-time and newer members share their experiences, perspectives, and personal insights; and finally, opening up for audience sharing. It's taken a bit more than a year, but we presented four workshops:

February 2025: The Plain Language Big Book

Speaker: *Teddy B.*

July 2025: Physical, Emotional, Spiritual Sobriety

Panelists: *Carina A., Denise P., Keith D., Matt K.*

November 2025: To Thine Own Self Be True: How Do I Do That in Relationships with Others

Panelists: *Erin B., Amber E., Tommy N., Terry F., Robert F.*

May 2026: Safety in Meetings

Panelists: *Maureen A., Bill K., Patti H., Rocke K.*

As we reflect on this past year of workshops, we must give a huge shout-out to the Vallejo Fellowship, which has been a wonderful facility to hold our events, and especially to our event partner, the incomparable David A. (thank you, David!). The feedback we've received has been overwhelmingly positive, speakers and panel members have been incredibly brave and honest sharing their stories, district members generous in bringing delicious food to share, audiences full and enthusiastic (though we acknowledge that promotion of the events could have been better). Organizing these events has been a very rewarding experience for the committee. The 2025-26 workshop committee has now fulfilled its commitment. The current General Service two-year panel will be turning over at the end of December, with a new panel starting in January 2027. In the AA Spirit of Rotation, we would like to pass on this plan for organizing district workshops. During the transition, current committee members will be available, if needed, for consultation. The possibilities for future events are almost unlimited. Here's hoping to see more workshops!

Thank you for allowing us to be of service ...

Niles M., Erin B., Donna F.

With very special thanks to:

Member Doreen M. and D09 DCMC Billie Jo C. for their participation and support!

VFS

VALLEJO FELLOWSHIP
ALCOHOLICS ANONYMOUS



— ESTABLISHED 1945 —

WOMEN'S

Big Book Study

Sunday

1:30 pm

Vallejo Fellowship

1115 Amador St

Be sure to join us for the 1st Sunday Potluck

1:00 PM

1115 Amador St., Vallejo, CA

Upcoming Dates: 7/5/26, 8/2/26,

9/6/26

Fellowship

Recovery

Friends

Food

Northern California Hospital and Institution Committee

*Carrying the message of A.A. to the alcoholic in Corrections and Treatment facilities
and facilities serving alcoholics in Northern CA*

South Solano County H & I needs meeting volunteers!

Meeting Volunteers bring meetings into local hospitals, recovery centers, detoxes and jails. They usually go into a facility to conduct a one hour meeting once a month.



National Vallejo

Volunteers needed to facilitate an AA meeting Mondays at 1pm.

Vallejo Detox

Volunteers needed to facilitate an AA meeting Sundays at 2pm.

Crestwood Behavioral Health in Vallejo

Volunteers needed to speak at an AA meeting on Tuesdays at 6pm.

Napa State Hospital

Volunteers needed to speak at an AA meeting on the first Wednesday of the month at 6pm.

Genesis House

Volunteers needed to facilitate an AA meeting on the 3rd or 4th Saturday of the month at 7pm, as well as volunteers to speak at the meeting.

**Please contact H&I Representative Nan for full details at 925-330-7813
or nathibs@cloud.com**