

AA SOLANO SOUTH
CENTRAL OFFICE NEWSLETTER

AASOLANOSOUTH.ORG SOSOEDITOR@GMAIL.COM

Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



Central Office needs coverage:

All shifts are currently filled!
 But.....

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as-needed basis.

Contact Jack Z.
 510-714-6192

“Once we have a complete willingness to take inventory... a wonderful light falls upon this foggy scene. As we persist, a brand-new kind of confidence is born, and the sense of relief at finally facing ourselves is indescribable.”

Twelve Steps & Twelve Traditions, Page 49-50



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MY DAILY MORAL INVENTORY

**LIABILITIES
 WATCH FOR—**

- *Self Pity
- *Self Justification
- Self Importance
- Self Condemnation
- Dishonesty
- *Impatience
- Hate
- Resentment
- *False Pride
- *Jealousy
- Envy
- Laziness
- Procrastination
- Insincerity
- Negative Thinking
- Vulgar, Immoral, Trashy Thinking
- *Criticizing

**ASSETS
 STRIVE FOR—**

- Self Forgetfulness
- Humility
- Modesty
- Self Valuation
- Honesty
- Patience
- Love
- Forgiveness
- Simplicity
- Trust
- Generosity
- Activity
- Promptness
- Straightforwardness
- Positive Thinking
- High-Minded, Spiritual
- Clean Thinking
- Look for the Good

A letter from our Central Office Chairperson

Fellowship Members:

We are still looking for someone to replace Becky, our current Central Office Treasurer. She's been doing this position for several years and she really wants to rotate out of this position and on to something else. If you are interested or know someone who might be, please either give Becky or I a call or come to the Central Office Business meeting on the first Wednesday of every month.

I've included the description of the Treasurer position from the Central Office Bylaws below

John M.
Central Office Chairperson
707-772-9294

from the Central Office Bylaws:

the term of office of most Central Office Officers shall be for a period of 1 year. Central Office Officers shall not hold more than one office at a time (in this context Central Office Group Representative is not considered an office). All officers serving a 1 year term should rotate each year in January with the exception of the Chair and Assistant Chair who should rotate each July. The treasurer's term of office will be a minimum of 2 years. The treasurer should have knowledge of accounting principles, be financially stable, and have a minimum of 2 years of Central Office service background.

a) **TREASURER (2 year Suggested Sobriety/2 year Term of Office)**

The Treasurer serves a 2 year term of office. The Treasurer is responsible for the financial activities of Central Office including: receiving income from group contributions, book sales, and depositing funds into the Central Office bank account. The Treasurer maintains bank records, and balances financial accounts each month. The Treasurer pays bills to maintain the Central Office such as rent, insurance, sales tax phone, answering service and utilities. The Treasurer gives a monthly report at the Central Office Business Meeting to account for income, expenses, prudent reserve, account allocations for annual expenses such as liability insurance premiums and State Sales Tax, file State Tax Report to State of California, and coordinate with other officers and committee chairs to allocate and distribute funds for supplies, literature, and occasional expenses as in schedule printing. Additionally, the Treasurer will coordinate with committee chairs to allocate and distribute funds for annual events such as picnic and dinner, generate reports itemizing event budgets, expenses, and any remainder to be returned to the Central Office Account. The Treasurer will facilitate necessary changes of Bank Signature Cards to allow a smooth transition when positions are filled as terms are completed.

Meeting Notes

**Monday Night
Doyle Drivers Women’s
Group**

7:00pm-8:00pm
at The Southern Solano
Alano Club
2046 Columbus Parkway

MENS 12&12 BOOK STUDY

Southern Solano Alano Club
2046 Columbus Parkway

WEDNESDAYS

NEW TIME: 7:00-8:00pm

**The Hole in the Donut
Saturdays
10:00am-11:00am**



American Canyon
Underground Fellowship
11 Poco Way,
American Canyon

**Vallejo Fellowship
Early Birds Meeting**

Monday—Sunday

7:00am-8:00am

1115 Amador St,
Vallejo



**Saturday
Women’s Grapevine Study
5:30-6:30pm**

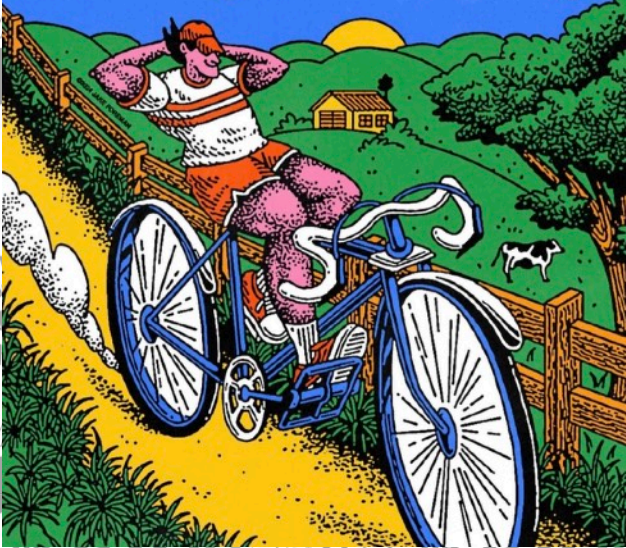
At the Alano Club
NEEDS SUPPORT!!!
2046 Columbus Pkwy

BENICIA STRAITS

**Speaker/Discussion Meeting
Tuesday Nights
7:30pm-8:45pm**
Southern Solano Alano Club 2046
Columbus Parkway

WE ARE NOT A GLUM LOT!

Balance isn't doing everything...
It's knowing when to do nothing.



I DON'T ALWAYS TAKE
AN INVENTORY



BUT WHEN I DO, I TAKE
YOURS FIRST

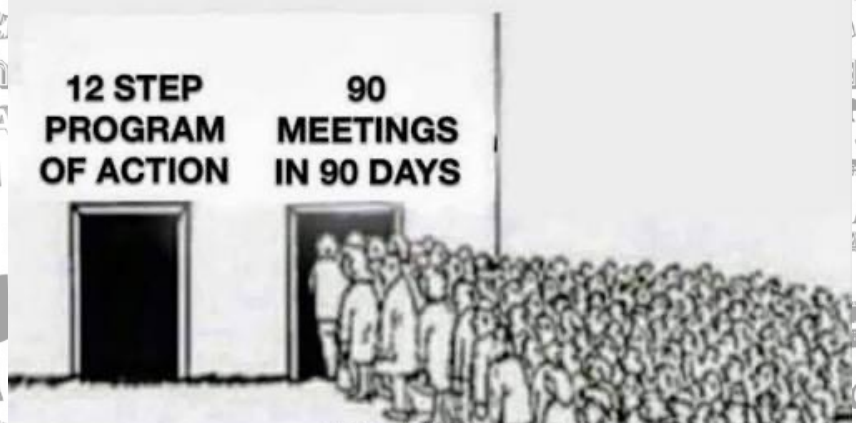
That guy
pisses me off.
I'm going to-

Take
inventory!



12 STEP
PROGRAM
OF ACTION

90
MEETINGS
IN 90 DAYS



IF YOU HAVE
A PROBLEM
THAT CAN BE
SOLVED WITH
ACTION,
THEN YOU
DON'T HAVE
A PROBLEM.

The Saturday night 5:30 Women's meeting at the Alano Club needs support!!



It is a Grapevine Study meeting and they celebrate sobriety birthdays on the last Saturday each month! They have chips and treats.

5:30

SATURDAY



So to all the ladies, come on down to the Alano Club (2046 Columbus Parkway) and help keep this meeting alive!

The Central Office Business meeting is the first Wednesday of every month at 6:30pm at the Southern Solano Alano Club. 2046 Columbus Pkwy around back

APRIL

SOBRIETY BIRTHDAYS



- Bill K. 04/01/1989 (37 Years!)
- Kathleen S. 04/03/1985 (41 Years!)
- Kris A. 04/03/13 (13 Years!)
- Brian H. 04/04/2003 (23 Years!)
- Charley D. 04/04/2013 (13 Years!)
- Jag J. 04/05/2011 (15 Years!)
- Sierra J. 04/05/2010 (16 Years!)
- Matt C. 04/08/2019 (7 Years!)
- Pete R. 04/09/2014 (12 Years!)
- Michelle H. 04/12/2002 (24 Years!)
- LorriMarie 04/15/1989 (37 Years!)
- Kim K. 04/16/1990 (36 Years!)
- Mila M. 04/16/2012 (14 Years!)
- Pat O. 04/19/2009 (17 Years!)
- Dale V. 04/23/1993 (33 Years!)
- Painter Jim 04/29/1996 (30 Years!)

District 09 Southern Solano

Monthly Birthday Speaker Meeting

At Northgate Church

2201 Lake Herman Rd, Benicia

April 10th at 8:00pm

Kiki G.

From Walnut Creek, CA

HOST GROUP:

Women's Solution Group
50/50 raffle!



April 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|--|--|
| | | | 1 | 2 | 3 | 4 |
| <p>This isn't the complete list of meetings in District. Check the website aasolanosouth.org for the latest.</p> | <p>Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday</p> | <p>Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday</p> | <p>CENTRAL OFFICE Business Meeting first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back</p> | <p>Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday</p> | <p>Vallejo Fellowship 12:00 Noon to 1:00pm 1115 Amador St, Vallejo Every Friday</p> | <p>Vallejo Fellowship Speaker Night starts at 6:45pm 1115 Amador St, Vallejo First Saturday of the Month</p> |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| <p>Go to Any Lengths hybrid in person and online 9:30am-10:30am 416 O'Farrel Dr. Benicia Zoom: 857-669-5455 Password: sundays</p> | <p>As Bill Sees It Speaker/Discussion Noon-1:00pm Heritage Presbyterian Church 1400 East 2nd St Benicia</p> | <p>Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday</p> | <p>Vallejo Fellowship Early Birds 7-8:00am 1115 Amador St, Vallejo Every Wednesday</p> | <p>Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday</p> | <p>District 09 Monthly Birthday Speaker Meeting 2nd Friday every month 8:00pm Northgate Church Benicia</p> | <p>2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday</p> |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| <p>Women's Big Book Study Vallejo Fellowship 1115 Amador St, Vallejo 1:30pm-2:30pm</p> | <p>DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober!</p> | <p>Vallejo Fellowship Business Meeting 2nd Tuesday of every month at 6:45 at the Vallejo Fellowship 1115 Amador St</p> | <p>Reuniones En Español (Spanish speaking meeting) Wednesdays 7pm-9pm 1115 Amador St. Vallejo</p> | <p>11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday</p> | <p>Benicia First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia</p> | <p>Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday</p> |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| <p>Benicia Sunday Night Discussion St. Paul's Church 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday</p> | <p>Attitude Adjustment Daily Reflections St. Paul's Church 1st and J. Street, Benicia 7:00 AM-8:00 AM</p> | <p>Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday</p> | <p>American Canyon Fellowship Big Book Meeting 5:30-6:30pm 11 Poco Way Suite E American Canyon</p> | <p>Vallejo Fellowship Early Birds 7:00-8:00AM 1115 Amador St, Vallejo Every Thursday</p> | <p>Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am</p> | <p>Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday</p> |
| 26 | 27 | 28 | 29 | 30 | | |
| <p>*denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.</p> | <p>The Doyle Drivers Women's Group* Southern Solano Alano Club 2046 Columbus Pkwy 7:00-8:00pm Every Monday</p> | <p>Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday</p> | <p>Men's 12&12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:00-8:00pm Every Wednesday</p> | <p>Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Mon-Sat</p> | <p>Benicia Young Peoples Group Fridays 6-7pm Southern Solano Alano Club 2046 Columbus Parkway</p> | <p>Saturday Night Women's Grapevine Meeting 5:30-6:30 Alano Club 2046 Columbus Pkwy Sobriety Bdays last Saturday</p> |

**The Vallejo Fellowship is located at:
1115 Amador St, Vallejo, CA
Telephone number is 707-557-6318**

A.A. ON THE WEB
Alcoholics Anonymous: aa.org
Southern Solano AA:
aasolanosouth.org
NorCalAA: norcalaa.org

Birthday Speaker Meeting

Kiki G. from Walnut Creek, CA



Friday, April 10th, 2025

**8:00 pm at NORTHGATE CHURCH in
Benicia**

Hosted by the Women's Solution Group

**Northgate Church is located at
2201 Lake Herman Road in Benicia**

50/50 Raffle!

Northern California Hospital and Institution Committee

Carrying the message of A.A. to the alcoholic in Corrections and Treatment facilities and facilities serving alcoholics in Northern CA

South Solano County H & I needs meeting volunteers!

Meeting Volunteers bring meetings into local hospitals, recovery centers, detoxes and jails. They usually go into a facility to conduct a one hour meeting once a month.



National Vallejo

Volunteers needed to facilitate an AA meeting Mondays at 1pm.

Vallejo Detox

Volunteers needed to facilitate an AA meeting Sundays at 2pm.

Crestwood Behavioral Health in Vallejo

Volunteers needed to speak at an AA meeting on Tuesdays at 6pm.

Napa State Hospital

Volunteers needed to speak at an AA meeting on the first Wednesday of the month at 6pm.

Genesis House

Volunteers needed to facilitate an AA meeting on the 3rd or 4th Saturday of the month at 7pm, as well as volunteers to speak at the meeting.

**Please contact H&I Representative Nan for full details at 925-330-7813
or nathibs@cloud.com**