

AA SOLANO SOUTH CENTRAL OFFICE NEWSLETTER

AASOLANOSOUTH.ORG SOSOEDITOR@GMAIL.COM

Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



Central Office needs coverage:

All shifts are currently filled!
But.....

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as-needed basis.

Contact Jack Z.
510-714-6192

“Finally, we begin to see that all people, including ourselves, are to some extent emotionally ill as well as frequently wrong, and then we approach true tolerance and see what real love for our fellows actually means”
12 & 12, Page 92



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SOUTHERN SOLANO AA
2025
Holiday Party
at the Benicia Clock Tower

Saturday December 6th
Doors Open at 5pm • Dinner Served 6pm
Speaker Meeting 8pm • Raffle & Dancing After

FEATURING:
Professionally Catered Dinner with Potluck
Appetizers and Desserts. Activities for the Kids and
Adults, Speaker Meeting, Raffle Baskets & 50/50
Raffle. DJ & Dance after the Speaker Meeting.

Special Guest Speaker
To Be Announced

Tickets are \$20 each. Children 12 & Under are Free.
Ticket Sales Available at Groups & Central Office.
The Speaker Meeting is Free.

For more information contact Sarah B (808) 446-0472.

A MESSAGE FROM OUR CENTRAL OFFICE CHAIRPERSON

Hey friends,

A couple of updates for you from Central Office:

The Holiday party team is working real hard to get the event ready for December. There was a big question on whether we should combine the party with the December monthly birthday speaker meeting. The idea was that we are getting a much better deal using the Northgate Church facility versus the Clock Tower, maybe we could significantly lower the cost of the Holiday party. But, we ran into scheduling issues and the Northgate room could only seat 125 people. The team decided that the best is to “keep-it-simple”, so it was agreed we will have it at the Clock Tower.

The party date is December 6th. You will be hearing much more from the amazing Holiday Party team on this event!

We think we have a path forward for our digital banking solution and our hardworking Treasure (Becky C.) will have more info in the coming months. We really need to find a replacement for Becky as the position will come open the first of next year. The position requires 2 years of sobriety and is a 2 year term.

If any one has a question on either of these please talk with your home group Central Office rep or come to the monthly business meeting the first Wednesday of every month at 6:30pm at the Alano Club.

All good things,

John M.

Central Office Business Chairperson

707-772-9294

**STEP
10**

“Continued to take personal inventory and when we were wrong promptly admitted it.”

Meeting Notes

**Monday Night
Doyle Drivers Women's
Group**

7:00pm-8:00pm
at The Southern Solano
Alano Club
2046 Columbus Parkway

11th Step Meditation Meeting

Southern Solano Alano Club
2046 Columbus Parkway



Thursdays 5:30-6:30pm

Came to Believe
Candlelight Meeting
Saturdays 7:00-8:00pm



Lighthouse Church
1175 Church St. Benicia

**Vallejo Fellowship
Early Birds Meeting**

Monday—Sunday

7:00am-8:00am

1115 Amador St,
Vallejo



**Friday
Women's Solution Group
10:30-11:30am**

At the Alano Club
NEEDS SUPPORT!!!
2046 Columbus Pkwy

BENICIA STRAITS

**Speaker/Discussion Meeting
Tuesday Nights
7:30pm-8:45pm**
Southern Solano Alano Club 2046
Columbus Parkway

WE ARE NOT A GLUM LOT!



anyone wanna come over and chug some waters?



i dig doing steps and drinking coffee with my homies...



Doctor: Are you getting enough sleep?
Me: why do you ask?



How I feel after



another day lived sober.

Sometimes it's a shitty day.
Then I remember that I don't drink anymore.
And the day becomes a little less shitty.

If it weren't for the last minute, nothing would get done.

—Unknown

Actually, the last minute is a good time for doing things because it usually means *now*. We can expect God to help us in the present moment.

At the last minute, we usually remember what is important and forget what isn't. If we need to do something or remember something or find something, we will, with God's help. Nothing is gained by worrying. And if we're making decisions at the last minute, so what? That's the present moment.

God will guide us, and we will know the time for action if we relax and remain open to God's prompting.

*If I stay attuned to my Inner Guide,
I'll always be in the present moment.*

HEALING CAN FEEL...

MESSY. Hopeful. 5 STEPS Back. JOYUS. Confusing!

Sudden. Stagnant. SCARY. 1 2 steps forward. Heavy.

Fleeting. Meh! Exciting. Lonely. Over-whelming.

IT'S OK. IT'S A PROCESS

The Central Office Business meeting is the first Wednesday of every month at 6:30pm at the Southern Solano Alano Club. 2046 Columbus Pkwy around back

OCTOBER SOBRIETY BIRTHDAYS

- Gary WB. 10/01/2014 (11 Years!)
- Debbie O. 10/02/2000 (25 Years!)
- Audrey C. 10/03/2008 (17 Years!)
- Elaine R. 10/08/2005 (20 Years!)
- Terry H. 10/10/2014 (11 Years!)
- Burt M. 10/12/2012 (13 Years!)
- Liz E. 10/13/1986 (39 Years!)
- Jimmy S. 10/19/1999 (26 Years!)
- Michael B. 10/19/1992 (33 Years!)
- Elizabeth B. 10/20/1988 (37 Years!)
- Joe O. 10/24/2018 (7 Years!)
- Eric N. 10/26/2022 (3 Years!)

District 09 Southern Solano

Monthly Birthday Speaker Meeting

At the Clock Tower

1189 Washington Street, Benicia

October 10th at 8:00pm

Pat M.

From Brentwood, CA

HOST GROUP:

HILLTOP POPCORN GROUP

50/50 raffle!



October 2025

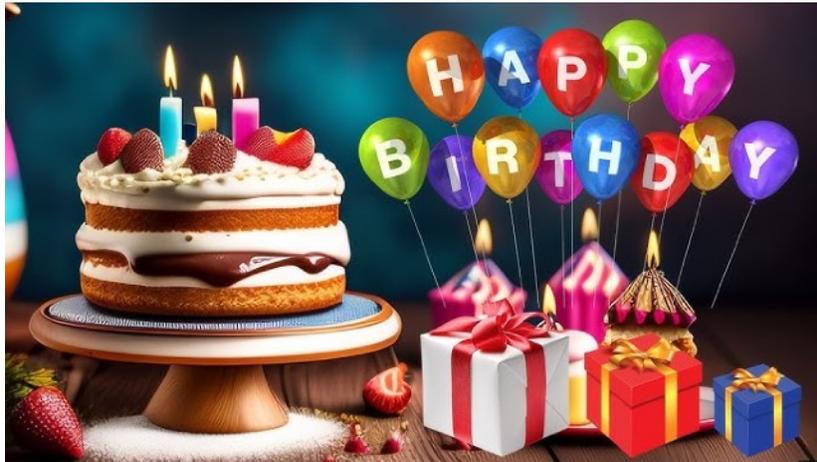
October 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4			
<p>This isn't the complete list of meetings in District. Check the website aasolanosouth.org for the latest.</p>	<p>Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday</p>	<p>Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday</p>	<p>CENTRAL OFFICE Business Meeting first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back</p>	<p>Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday</p>	<p>Vallejo Fellowship 12:00 Noon to 1:00pm 1115 Amador St, Vallejo Every Friday</p>	<p>Vallejo Fellowship Speaker Night starts at 6:45pm 1115 Amador St, Vallejo First Saturday of the Month</p>
5	6	7	8	9	10	11
<p>Go to Any Lengths hybrid in person and online 9:30am-10:30am 416 O'Farrel Dr. Benicia Zoom: 857-669-5455 Password: sundays</p>	<p>As Bill Sees It Speaker/Discussion Noon-1:00pm Heritage Presbyterian Church 1400 East 2nd St Benicia</p>	<p>Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday</p>	<p>Vallejo Fellowship Early Birds 7-8:00am 1115 Amador St, Vallejo Every Wednesday</p>	<p>Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday</p>	<p>District 09 Monthly Birthday Speaker Meeting 8:00pm Clock Tower Benicia</p>	<p>2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday</p>
12	13	14	15	16	17	18
<p>Women's Big Book Study Vallejo Fellowship 1115 Amador St, Vallejo 1:30pm-2:30pm</p>	<p>DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober!</p>	<p>Vallejo Fellowship Business Meeting 2nd Tuesday of every month at 6:45 at the Vallejo Fellowship 1115 Amador St</p>	<p>Reuniones En Español (Spanish speaking meeting) Wednesdays 7pm-9pm 1115 Amador St. Vallejo</p>	<p>11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday</p>	<p>Benicia First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia</p>	<p>Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday</p>
19	20	21	22	23	24	25
<p>Benicia Sunday Night Discussion St. Paul's Church 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday</p>	<p>Attitude Adjustment Daily Reflections St. Paul's Church 1st and J. Street, Benicia 7:00 AM-8:00 AM</p>	<p>Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday</p>	<p>American Canyon Fellowship Big Book Meeting 5:30-6:30pm 11 Poco Way Suite E American Canyon</p>	<p>Vallejo Fellowship Early Birds 7:00-8:00AM 1115 Amador St, Vallejo Every Thursday</p>	<p>Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am</p>	<p>Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday</p>
26	27	28	29	30	31	
<p>*denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.</p>	<p>The Doyle Drivers Women's Group* Southern Solano Alano Club 2046 Columbus Pkwy 7:00-8:00pm Every Monday</p>	<p>Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday</p>	<p>Men's 12&12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday</p>	<p>Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Tu-Sat</p>	<p>Benicia Young Peoples Group Fridays 6-7pm Southern Solano Alano Club 2046 Columbus Parkway</p>	<p>A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday</p>

**The Vallejo Fellowship is located at:
1115 Amador St, Vallejo, CA
Telephone number is 707-557-6318**

A.A. ON THE WEB
Alcoholics Anonymous: aa.org
Southern Solano AA:
aasolanosouth.org
NorCalAA: norcalaa.org

Birthday Speaker Meeting

Pat M. from Brentwood, CA



Friday, October 10th, 2025

8:00 pm at the Clock Tower in Benicia

Hosted by the Hilltop Popcorn Group

**DIRECTIONS TO THE CLOCK TOWER
1189 WASHINGTON STREET, BENICIA:**

Concord: Take HWY 780 to 5th Street Exit.
Turn left onto 5th Street at the bottom of ramp.

Vallejo: Take HWY 780 to 5th Street Exit.
Turn right onto 5th Street at the bottom of ramp.

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left-hand side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.

50/50 Raffle!

81st
Annual!

DISTRICT 11, NAPA INTERGROUP, & NO MA'AM

Anniversary Party

Family
Event!

Costumes!
Candy!

PRE-ASSEMBLY DINNER

BIRTHDAY PARTY

HALLOWEEN EXTRAVAGANZA

OCT 31, 2025

5:00 - 11PM

CROSSWALK CHURCH

2590 FIRST ST.

PASTA FEED
DELEGATE SPEAKER
COSTUME CONTEST
DANCING W/ DJ TRAINWRECK

POTLUCK
KIDS ZONE!
DANCE CONTEST
BIRTHDAY CELEBRATION

CONTACT ALEX W. OR VISIT [HTTPS://AANAPA.ORG](https://aanapa.org) FOR MORE DETAILS

DISTRICT 09, SOLANO SOUTH *presents...*

TO THINE OWN SELF BE TRUE

Caring for Self and Others in Recovery



November 8, 2025 • 2–4 p.m.

Vallejo Fellowship 1115 Amador St.

Join us for a workshop exploring how to care for ourselves and others in recovery. Through the principles of AA, we'll share experience, strength, and hope finding balance in relationships with self at work and home.

RECOVERY • UNITY • SERVICE

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