

AA DISTRICT 09 SOLANO SOUTH

CENTRAL OFFICE NEWSLETTER

AASOLANOSOUTH.ORG SOSOEDITOR@GMAIL.COM

Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



Central Office needs coverage:

All shifts are currently filled!
But.....

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as-needed basis.

Contact Jack Z.
510-714-6192

“First of all, we had to quit playing God. It didn’t work”

Alcoholics Anonymous, Page 62



It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.

— Bill W. —

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HEY ALCOHOLICS!

I hope you all are doing well. Just wanted to reach out and remind you that if you'd like your sobriety birthday recognized in this newsletter, send me an email at sosoeditor@gmail.com with your sobriety date! I only had 6 names for March on my list. Spread the word to your group!!

In Service, Alex H.

STEP
3

“Made a decision to turn our will and our lives over to the care of God *as we understood Him.*”

Meeting Notes

**Monday Morning Attitude
Adjustment Meeting**

Is back to a Live in-person meeting! 7:00-8:00AM
at St. Paul's Episcopal Church
120 E. J. St. Benicia

Daily Reflections Meeting

**Wednesday Night
Men's 12&12 Step Study**

7:30pm-8:30pm

**Southern Solano Alano Club
2046 Columbus Parkway
Benicia**

**Friday
Women's Solution Group
10:30-11:30am**

At the Alano Club

NEEDS SUPPORT!!!

2046 Columbus Pkwy

Go to Any Lengths Meeting
is back at Russ and Karen's
house + hybrid

**416 O'Farrel Dr. Benicia,
street parking**

Sundays at 9:30am-10:30am

**Vallejo Fellowship
Early Birds Meeting**

Monday—Sunday

7:00am-8:00am

1115 Amador St,
Vallejo



BENICIA STRAITS

**Speaker/Discussion Meeting
Tuesday Nights
7:30pm-8:45pm**

**Southern Solano Alano Club
2046 Columbus Parkway**

WE ARE NOT A GLUM LOT!

RECOVERY



What society thinks I do

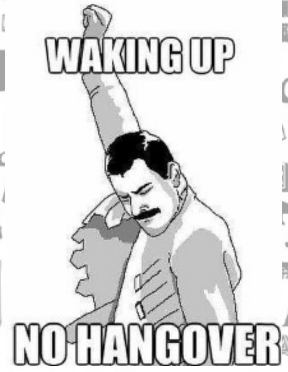


What my family thinks I do



What my friends think I do

WAKING UP



NO HANGOVER



What my sponsees think I do



What my sponsor thinks I do



What I actually do

WE RISE



BY LIFTING OTHERS

Balance isn't doing everything...
It's knowing when to do nothing.



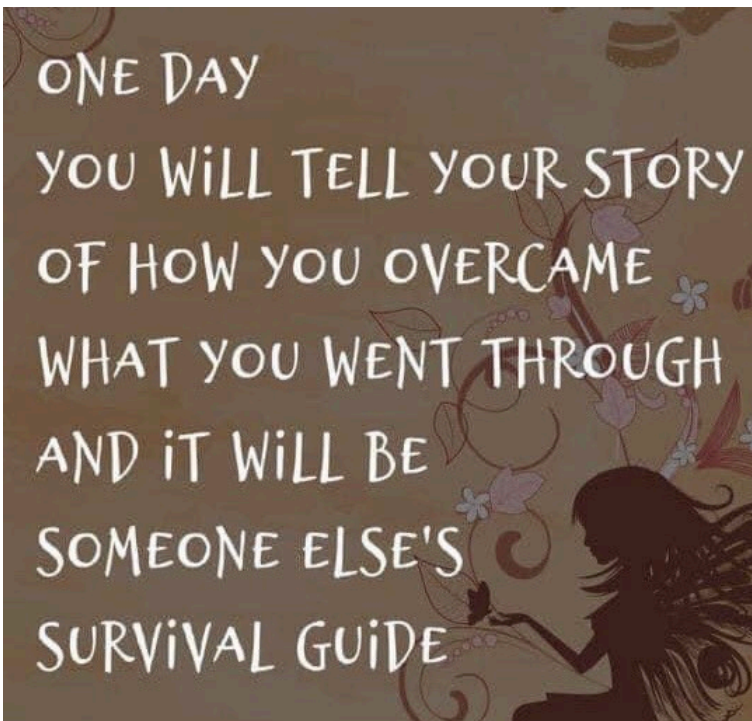
Roadside sobriety tests
are getting ridiculous.
Last night I had to fold
a fitted sheet...

Me with my sleepytime tea at 8pm
reminiscing about all the crimes I used to do



THE MOST
IMPORTANT
SPIRITUAL GROWTH
DOESN'T HAPPEN
WHEN YOU'RE
MEDITATING OR ON
A YOGA MAT.

It happens in the midst of conflict --
when you're frustrated, angry or
scared and you're doing the same old
thing, and then you suddenly realize
that you have a choice to do it
differently...



The Central Office Business meeting
is the first Wednesday of every month
at 6:30pm at the Southern Solano Alano
Club. 2046 Columbus Pkwy around back



MARCH

SOBRIETY BIRTHDAYS



Gary Q. 03/04/2001 (24 Years!!)

Tony G. 03/11/2013 (12 Years!!)

Mark Ro. 03/15/1999 (26 Years!!)

Dale D. 03/17/2009 (16 Years!!)

Alan Y. 03/27/2014 (11 Years!!)

Laura W. 03/28/1992 (33 Years!!)

District 09 Southern Solano

Monthly Birthday Speaker Meeting

At the Clock Tower

1189 Washington Street, Benicia
March 14th at 8:00pm

Jillian D.

From Martinez, CA

HOST GROUP:
MENS 12&12 BENICIA
50/50 raffle!



March 2025

March 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
<p>This isn't the complete list of meetings in District. Check the website aasolanosouth.org for the latest.</p>	<p>Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday</p>	<p>Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday</p>	<p>Vallejo Fellowship Early Birds 7-8:00am 1115 Amador St, Vallejo Every Wednesday</p>	<p>Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday</p>	<p>Vallejo Fellowship 12:00 Noon to 1:00pm 1115 Amador St, Vallejo Every Friday</p>	<p>Vallejo Fellowship Speaker Night starts at 6:45pm 1115 Amador St, Vallejo First Saturday of the Month</p>
2	3	4	5	6	7	8
<p>Go to Any Lengths hybrid in person and online 9:30am-10:30am 416 O'Farrel Dr. Benicia Zoom: 857-669-5455 Password: sundays</p>	<p>As Bill Sees It Speaker/Discussion Noon-1:00pm Heritage Presbyterian Church 1400 East 2nd St. Benicia</p>	<p>Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday</p>	<p>CENTRAL OFFICE Business Meeting first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back</p>	<p>Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday</p>	<p>Benicia First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia</p>	<p>2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday</p>
9	10	11	12	13	14	15
<p>Women's Big Book Study Vallejo Fellowship 1115 Amador St, Vallejo 1:30pm-2:30pm</p>	<p>DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober!</p>	<p>Vallejo Fellowship Business Meeting 2nd Tuesday of every month at 6:45 at the Vallejo Fellowship 1115 Amador St</p>	<p>Reuniones En Español (Spanish speaking meeting) Wednesdays 7pm-9pm 1115 Amador St. Vallejo</p>	<p>11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday</p>	<p>District 09 Monthly Birthday Speaker Meeting 8:00pm Clock Tower Benicia</p>	<p>Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday</p>
16	17	18	19	20	21	22
<p>Benicia Sunday Night Discussion St. Paul's Church 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday</p>	<p>Attitude Adjustment Daily Reflections St. Paul's Church 1st and J. Street, Benicia 7:00 AM-8:00 AM</p>	<p>Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday</p>	<p>American Canyon Fellowship Big Book Meeting 5:30-6:30pm 11 Poco Way Suite E American Canyon</p>	<p>Vallejo Fellowship Early Birds 7:00-8:00AM 1115 Amador St, Vallejo Every Thursday</p>	<p>Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am</p>	<p>Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday</p>
23/30	24/31	25	26	27	28	29
<p>*denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.</p>	<p>The Doyle Drivers Women's Group* Southern Solano Alano Club 2046 Columbus Pkwy 7:00-8:00pm Every Monday</p>	<p>Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday</p>	<p>Men's 12&12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday</p>	<p>Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Tu-Sat</p>	<p>Benicia Young Peoples Group Fridays 6-7pm Southern Solano Alano Club 2046 Columbus Parkway</p>	<p>A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday</p>

**The Vallejo Fellowship is located at:
1115 Amador St, Vallejo, CA
Telephone number is 707-557-6318**

A.A. ON THE WEB

Alcoholics Anonymous: aa.org

District 09 Southern Solano AA:
aasolanosouth.org

NorCalAA: norcalaa.org

Birthday Speaker Meeting

Jillian D. from Martinez, CA



Friday, March 14th, 2025

8:00 pm at the Clock Tower in Benicia

Hosted by the Benicia Men's 12&12

**DIRECTIONS TO THE CLOCK TOWER
1189 WASHINGTON STREET, BENICIA:**

Concord: Take HWY 780 to 5th Street Exit.
Turn left onto 5th Street at the bottom of ramp.

Vallejo: Take HWY 780 to 5th Street Exit.
Turn right onto 5th Street at the bottom of ramp.

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left-hand side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.

50/50 Raffle!

Northern California Hospital and Institution Committee

Carrying the message of A.A. to the alcoholic in Corrections and Treatment facilities serving alcoholics in Northern CA

South Solano County H&I needs meeting volunteers!

Meeting Volunteers are the people who are responsible for bringing meetings into the many hospitals, recovery centers, detoxes and jails. They usually go into a facility to conduct a one hour meeting once a month on a given day of the week.



Crestwood Behavioral Health in Vallejo

Facilitate an AA meeting twice a month on Tuesday night, 6pm or 6:30pm (Tuesday is preferred but it's negotiable any night M-Th)

National Vallejo

Facilitate an AA meeting at this 8 bed short term dual diagnosis facility on Mondays at 1pm (Monday is preferred but there is flexibility on day)

Vallejo Detox

Meeting volunteers needed for Thursday and Friday nights at 6pm

Napa State Hospital

Meeting volunteers needed the first Wednesday of the month at 6pm

**Please contact H&I rep Nan for full details 925-330-7813
nathibs@icloud.com**

Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

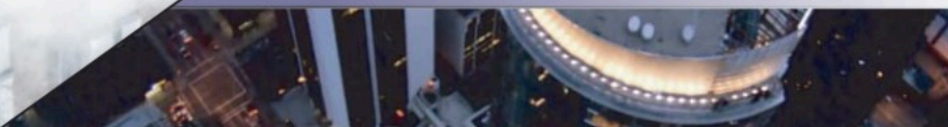
Vancouver, British Columbia, Canada



July 3-6, 2025



Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding.



Please check the convention webpage at www.aa.org/international-convention for more information, the latest news, and FAQs. As the Convention approaches, the page will be updated with registration information.

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.



Let's celebrate sobriety together in Vancouver in 2025!