

AA DISTRICT 09 SOLANO SOUTH

# CENTRAL OFFICE NEWSLETTER

[AASOLANOSOUTH.ORG](http://AASOLANOSOUTH.ORG) [SOSOEDITOR@GMAIL.COM](mailto:SOSOEDITOR@GMAIL.COM)

Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



### Central Office needs coverage:

All shifts are currently filled!  
But.....

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as-needed basis.

Contact Jack Z.  
510-714-6192

“We feel, after many years of experience, that we have found nothing which has contributed more to the rehabilitation of these men than the altruistic movement now growing up among them”

*Alcoholics Anonymous, Doctors Opinion, pg. xxviii (4th Edition)*

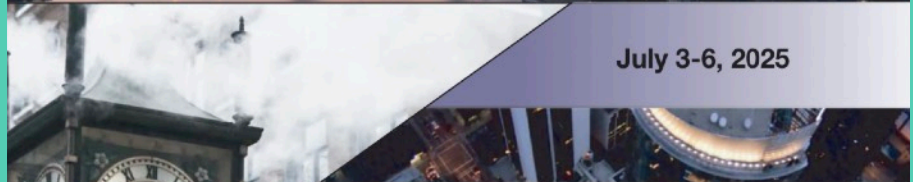


### Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

Vancouver, British Columbia, Canada



July 3-6, 2025



Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding.

Please check the convention webpage at [www.aa.org/international-convention](http://www.aa.org/international-convention) for more information, the latest news, and FAQs. As the Convention approaches, the page will be updated with registration information.

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.

Let's celebrate sobriety together in Vancouver in 2025!

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**STEP  
1**

“We admitted we were powerless over alcohol —  
that our lives had become unmanageable.”

Meeting Notes

**Sunday Morning Attitude  
Adjustment Meeting**

Sundays at 6:30AM  
at St. Paul's Episcopal Church  
120 E. J. St. Benicia

Literature Discussion Meeting  
any form of AA Literature

**Wednesday Night  
Men's 12&12 Step Study**

**7:30pm-8:30pm**

**Southern Solano Alano Club  
2046 Columbus Parkway  
Benicia**

**Sunday Women's  
Big Book Study**

At the Vallejo Fellowship  
1:30pm-2:30pm  
1115 Amador St.

**COME OUT AND SUPPORT!!!**

**Go to Any Lengths Meeting**  
is back at Russ and Karen's  
house + hybrid

**416 O'Farrel Dr. Benicia,  
street parking**

Sundays at 9:30am-10:30am

**Vallejo Fellowship  
Early Birds Meeting**

Monday—Sunday

7:00am-8:00am

1115 Amador St,  
Vallejo



**BENICIA STRAITS**

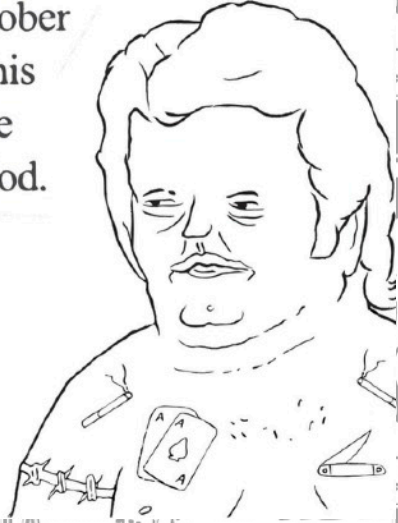
**Speaker/Discussion Meeting  
Tuesday Nights  
7:30pm-8:45pm**

**Southern Solano Alano Club  
2046 Columbus Parkway**



# WE ARE NOT A GLUM LOT!

Doctor said my sugar's high.  
I said naw sir. She's been  
clean and sober  
3 months this  
week by the  
Grace of God.



Tired of being told like it is?  
Still looking for the easier softer way?  
Sick of the same ol' time-tested direction?

IF SO, THEN YOUR'E  
READY FOR...

# RENT-A-SPONSOR



- No Reading
- No Writing
- No Deadlines *(Many Models To Choose From)*

## STANDARD FEATURES INCLUDE:

- Listening to your sad little story without constant reference to the Steps
- Co-signing your excuses and rationalizations every time
- Letting you work only the Steps you want - in the order you choose
- Learn the secret of giving it away BEFORE you have it
- Understand how to talk the talk without walking the walk
- Identify ways to look better rather than feel better
- Learn how to save your face rather than you ass

Yes, At Rent-A-Sponsor We Know How Unique You Are And We Understand

Half-Measures Our Speciality!

## CALL 1-900-POUR-ME-1

why don't you make like a tree and slowly  
grow while helping others around you grow  
too

I'm getting a  
gooseberry bouquet with  
a hint of oak and a  
fruity finish

I'm getting  
shitfaced



**NO AMOUNT OF GUILT CAN SOLVE THE PAST, AND NO AMOUNT OF ANXIETY CAN CHANGE THE FUTURE.**



# JANUARY



## SOBRIETY BIRTHDAYS

- Earl H. 01/01/1985 (40 Years!!)
- Margaret B. 01/01/1994 (31 Years!!)
- Jack Z. 01/02/2019 (6 Years!!)
- Robin B. 01/06/1996 (29 Years!!)
- Robert A. 01/14/2012 (13 Years!!)
- John N. 01/15/1979 (46 Years!!)
- Dominic O. 01/16/23 (2 Years!!)
- Gene M. 01/16/2012 (13 Years!!)
- Pat R. 01/16/2015 (10 Years!!)
- Ralph W. 01/17/2016 (9 Years!!)
- Stefan K. 01/17/2014 (11 Years!!)
- Bree N. 01/20/2011 (14 Years!!)
- Danny M. 01/21/07 (18 Years!!)
- Sam H. 01/21/1993 (32 Years!!)
- Lee B. 01/23/1989 (36 Years!!)
- Mike B. 01/23/2000 (24 Years!!)
- Claudia K. 01/24/2001 (23 Years!!)
- John M. 01/25/1992 (33 Years!!)

### District 09 Southern Solano

#### Monthly Birthday Speaker Meeting

At the Clock Tower

1189 Washington Street, Benicia

January 10th at 8:00pm

Carrie N.

From Walnut Creek, CA

**HOST GROUP:**

**VALLEJO FELLOWSHIP**

50/50 raffle!



The Central Office Business meeting is the first Wednesday of every month at 6:30pm at the Southern Solano Alano Club. 2046 Columbus Pkwy around back

Congratulations on the anniversary of your horrific alcoholic bottom.





# January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
<p>This isn't the complete list of meetings in District. Check the website <a href="http://aasolanosouth.org">aasolanosouth.org</a> for the latest.</p>	<p>Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st &amp; J St., Benicia 8:00-9:00 PM Every Monday</p>	<p>Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday</p>	<p><b>CENTRAL OFFICE Business Meeting</b> first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back</p>	<p>Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday</p>	<p>Vallejo Fellowship 12:00 Noon to 1:00pm 1115 Amador St, Vallejo Every Friday</p>	<p>Vallejo Fellowship Speaker Night starts at 6:45pm 1115 Amador St, Vallejo First Saturday of the Month</p>
5	6	7	8	9	10	11
<p>Go to Any Lengths <b>hybrid in person and online</b> 9:30am-10:30am  416 O'Farrel Dr. Benicia  Zoom: 857-669-5455 Password: sundays</p>	<p>As Bill Sees It Speaker/Discussion Noon-1:00pm Heritage Presbyterian Church 1400 East 2nd St. Benicia</p>	<p>Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday</p>	<p>Vallejo Fellowship Early Birds 7-8:00am 1115 Amador St, Vallejo Every Wednesday</p>	<p>Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday</p>	<p><b>District 09 Monthly Birthday Speaker Meeting</b> 8:00pm Clock Tower Benicia</p>	<p>2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday</p>
12	13	14	15	16	17	18
<p>Women's Big Book Study Vallejo Fellowship 1115 Amador St, Vallejo 1:30pm-2:30pm</p>	<p><b>DISTRICT 09 GENERAL SERVICE Business Meeting</b> the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober!</p>	<p><b>Vallejo Fellowship Business Meeting</b> 2nd Tuesday of every month at 6:45 at the Vallejo Fellowship 1115 Amador St</p>	<p>Reuniones En Español (Spanish speaking meeting) <b>Wednesdays 7pm-9pm</b> 1115 Amador St. Vallejo</p>	<p>11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday</p>	<p>First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia</p>	<p>Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday</p>
19	20	21	22	23	24	25
<p>Benicia Sunday Night Discussion St. Paul's Church 1st &amp; J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday</p>	<p>Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun</p>	<p>Here &amp; Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday</p>	<p>American Canyon Fellowship Big Book Meeting 5:30-6:30pm 11 Poco Way Suite E American Canyon</p>	<p>Vallejo Fellowship Early Birds 7:00-8:00AM 1115 Amador St, Vallejo Every Thursday</p>	<p>Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am</p>	<p>Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday</p>
26	27	28	29	30	31	
<p>*denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.</p>	<p>The Doyle Drivers Women's Group* Southern Solano Alano Club 2046 Columbus Pkwy 7:30-8:30pm Every Monday</p>	<p>Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday</p>	<p>Men's 12&amp;12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday</p>	<p>Attitude Adjust St. Paul's Episc. 1st &amp; J St. Benicia 7-8:00 AM Tu-Sat</p>	<p>Benicia Young Peoples Group Fridays 6-7pm Southern Solano Alano Club 2046 Columbus Parkway</p>	<p>A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday</p>

**The Vallejo Fellowship is located at:  
1115 Amador St, Vallejo, CA  
Telephone number is 707-557-6318**

## A.A. ON THE WEB

Alcoholics Anonymous: [aa.org](http://aa.org)

District 09 Southern Solano AA:  
[aasolanosouth.org](http://aasolanosouth.org)

NorCalAA: [norcalaa.org](http://norcalaa.org)

# Birthday Speaker Meeting

**Carrie N. from Walnut Creek, CA**



**Friday, January 10th, 2025**

**8:00 pm at the Clock Tower in Benicia**

*Hosted by the Vallejo Fellowship*

**DIRECTIONS TO THE CLOCK TOWER  
1189 WASHINGTON STREET, BENICIA:**

**Concord:** Take HWY 780 to 5th Street Exit.  
Turn left onto 5th Street at the bottom of ramp.

**Vallejo:** Take HWY 780 to 5th Street Exit.  
Turn right onto 5th Street at the bottom of ramp.

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left-hand side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.

**50/50 Raffle!**

# Northern California Hospital and Institution Committee

*Carrying the message of A.A. to the alcoholic in Corrections and Treatment facilities serving alcoholics in Northern CA*

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## **South Solano County H&I needs meeting volunteers!**

Meeting Volunteers are the people who are responsible for bringing meetings into the many hospitals, recovery centers, detoxes and jails. They usually go into a facility to conduct a one hour meeting once a month on a given day of the week.



### **Crestwood Behavioral Health in Vallejo**

Facilitate an AA meeting twice a month on Tuesday night, 6pm or 6:30pm (Tuesday is preferred but it's negotiable any night M-Th)

### **National Vallejo**

Facilitate an AA meeting at this 8 bed short term dual diagnosis facility on Mondays at 1pm (Monday is preferred but there is flexibility on day)

### **Vallejo Detox**

Meeting volunteers needed for Thursday and Friday nights at 6pm

### **Napa State Hospital**

Meeting volunteers needed the first Wednesday of the month at 6pm

**Please contact H&I rep Nan for full details 925-330-7813  
nathibs@icloud.com**

SOUTHERN SOLANO ALANO CLUB



EVERYONE  
IS INVITED  
TO JOIN

# FELLOWSHIP & GAME NIGHT

*Snacks and donations are welcome!*

2nd Saturdays  
07:00 pm



*Games to Play*

**BOARD GAMES, CARD  
GAMES, DOMINOS,  
CRIBBIAGE, SCRABBLE**

2046 Columbus Pkwy, Benicia. Park behind the carwash

Questions: Terry-707.718.7769 OR Nina-707.430.8576

