

AA DISTRICT 09 SOLANO SOUTH

# CENTRAL OFFICE NEWSLETTER

[AASOLANOSOUTH.ORG](http://AASOLANOSOUTH.ORG) [SOSOEDITOR@GMAIL.COM](mailto:SOSOEDITOR@GMAIL.COM)

Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



**Central Office needs coverage:**

ALL SHIFTS ARE FILLED!!  
BUT.....

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as-needed basis.

**Contact Jack Z.**  
510-714-6192

“We are not fighting it, neither are we avoiding temptation. We feel as though we have been placed in a position of neutrality—safe and protected. We have not even sworn off. Instead, the problem has been removed. It does not exist for us”

*Alcoholics Anonymous, Page 85*



**Northern California Hospital and Institution Committee**

*Carrying the message of A.A. to the alcoholic in Corrections and Treatment facilities serving alcoholics in Northern CA*

**South Solano County H&I needs meeting volunteers!**

Meeting Volunteers are the people who are responsible for bringing meetings into the many hospitals, recovery centers, detoxes and jails. They usually go into a facility to conduct a one hour meeting once a month on a given day of the week.



**Crestwood Behavioral Health in Vallejo**

Facilitate an AA meeting twice a month on Tuesday night, 6pm or 6:30pm (Tuesday is preferred but it's negotiable any night M-Th)

**National Vallejo**

Facilitate an AA meeting at this 8 bed short term dual diagnosis facility on Mondays at 1pm (Monday is preferred but there is flexibility on day)

**Vallejo Detox**

Meeting volunteers needed for Thursday and Friday nights at 6pm

**Napa State Hospital**

Meeting volunteers needed the first Wednesday of the month at 6pm

Please contact H&I rep Nan for full details 925-330-7813  
[nathibs@icloud.com](mailto:nathibs@icloud.com)

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**STEP  
10**

“Continued to take personal inventory and when we were wrong, promptly admitted it.”

*Meeting Notes*

**Sunday Morning Attitude  
Adjustment Meeting**

Sundays at 6:30AM  
at St. Paul's Episcopal Church  
120 E. J. St. Benicia

Literature Discussion Meeting  
any form of AA Literature

**Go to Any Lengths Meeting**  
is back at Russ and Karen's  
house + hybrid

416 O'Farrel Dr. Benicia,  
street parking

Sundays at 9:30am-10:30am

**Vallejo Fellowship  
Early Birds Meeting**

Monday—Sunday

7:00am-8:00am

1115 Amador St,  
Vallejo



**Wednesday Night  
Men's 12&12 Step Study**

7:30pm-8:30pm

**Southern Solano Alano Club  
2046 Columbus Parkway  
Benicia**

**American Canyon  
Underground Fellowship**

Speaker Meeting  
FRIDAYS 6:30-7:30pm  
11 Poco Way

**COME OUT AND SUPPORT!!!**

**THURSDAY NIGHT**

**BENICIA HILLTOP "POPCORN"  
MEETING**



8:00pm-9:00pm

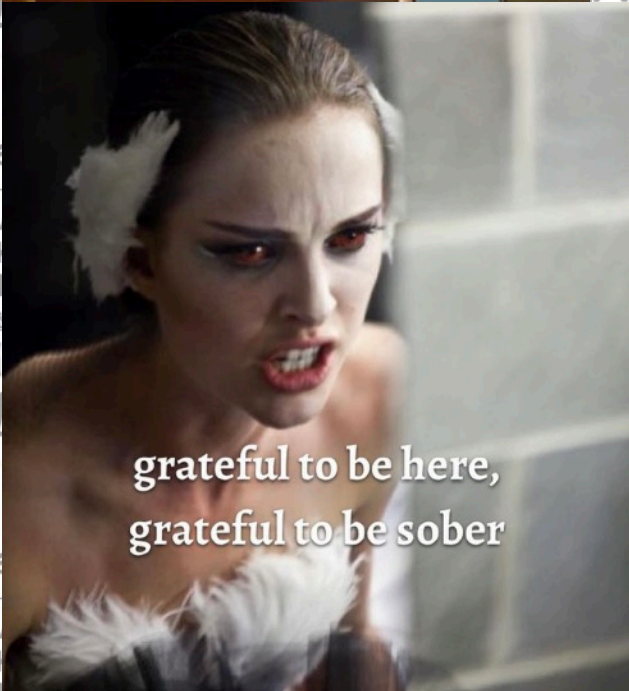
**Community Congregational Church  
1305 W. 2nd Street**

# WE ARE NOT A GLUM LOT!

**Me mentally preparing myself**



**To leave the house and deal with all the bungholes out there**



grateful to be here,  
grateful to be sober

Do alcoholics run in your family?

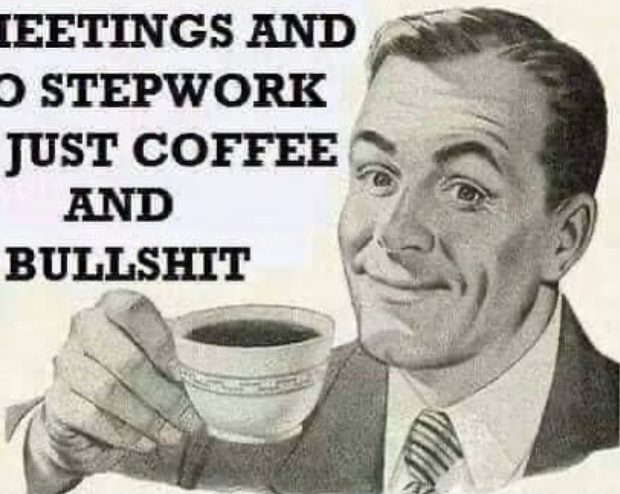
No, but they stumble around and break shit



Me: It's medicinal...

Cop: First of all, that's **beer**.

**MEETINGS AND  
NO STEPWORK  
IS JUST COFFEE  
AND  
BULLSHIT**



RELAPSE PREVENTION / RECOVERY STR8-UP



**A sponsor is simply a sober alcoholic who can help solve only one problem: how to stay sober. And the sponsor has only one tool to use - personal experience, not scientific wisdom. Sponsors have been there, and often have more concern, hope, compassion, and confidence for us than we have for ourselves. They certainly have had more experience. Remembering their own condition, they reach out to help, not down.**

**1998 AAWS Inc.  
Living Sober, p. 27**



The Central Office Business meeting is the first Wednesday of every month at 6:30pm at the Southern Solano Alano Club. 2046 Columbus Pkwy around back

**OCTOBER  
SOBRIETY BIRTHDAYS**



- Gary 10/01/2014 (10 Years!!)
- Debbie O. 10/02/2000 (24 Years!!)
- Audrey C. 10/03/2008 (16 Years!!)
- Elaine 10/08/2005 (19 Years!!)
- Frank M. 10/10/1999 (25 Years!!)
- Terry H. 10/10/2014 (10 Years!!)
- Burt M. 10/12/2012 (12 Years!!)
- Liz E. 10/13/1986 (38 Years!!)
- Jimmy S. 10/19/1999 (25 Years!!)
- Michael B. 10/19/1992 (32 Years!!)
- Elizabeth B. 10/20/1988 (36 Years!!)
- Joe O. 10/24/2018 (6 Years!!)
- Eric N. 10/26/2022 (2 Years!!)

**District 09 Southern Solano**

**Monthly Birthday Speaker Meeting**

At the Senior Center

1201 East 2nd Street, Benicia

**October 11th at 8:00pm**

**Aiden W.**

From Danville, CA

**HOST GROUP:**

**HILLTOP POPCORN MTG**

**50/50 raffle!**



# October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<p>This isn't the complete list of meetings in District. Check the website <a href="http://aasolanosouth.org">aasolanosouth.org</a> for the latest.</p>	<p>Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st &amp; J St., Benicia 8:00-9:00 PM Every Monday</p>	<p>Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday</p>	<p><b>CENTRAL OFFICE Business Meeting</b> first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back</p>	<p>Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday</p>	<p>Vallejo Fellowship 12:00 Noon to 1:00pm 1115 Amador St, Vallejo Every Friday</p>	<p>Vallejo Fellowship Speaker Night starts at 6:45pm 1115 Amador St, Vallejo First Saturday of the Month</p>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<p>Go to Any Lengths <b>hybrid in person and online</b> 9:30am-10:30am  416 O'Farrel Dr. Benicia  Zoom: 857-669-5455 Password: sundays</p>	<p>A Design For Living Big Book Study Southern Solano Alano Club 2046 Columbus Prky. 5:30pm-6:30pm</p>	<p><b>Vallejo Fellowship Business Meeting</b> 2nd Tuesday of every month at 6:45 at the Vallejo Fellowship 1115 Amador St.</p>	<p>Vallejo Fellowship Early Birds 7-8:00am 1115 Amador St, Vallejo Every Wednesday</p>	<p>Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday</p>	<p><b>District 09 Monthly Birthday Speaker Meeting</b> 8:00pm Senior Center Benicia</p>	<p>2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday</p>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<p>Women's Big Book Study Vallejo Fellowship 1115 Amador St, Vallejo 1:30pm-2:30pm</p>	<p><b>DISTRICT 09 GENERAL SERVICE Business Meeting</b> the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober!</p>	<p>Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday</p>	<p>Attitude Adjust St. Paul's Episc. 1st &amp; J St. Benicia 7-8:00 AM Tu-Sat</p>	<p>11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday</p>	<p>First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia</p>	<p>Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday</p>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<p>Benicia Sunday Night Discussion St. Paul's Church 1st &amp; J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday</p>	<p>Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun</p>	<p>Here &amp; Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday</p>	<p>American Canyon Fellowship Big Book Study 5:30pm-6:30pm 11 Poco Way Suite E American Canyon Every Wednesday</p>	<p>Vallejo Fellowship Early Birds 7:00-8:00AM 1115 Amador St, Vallejo Every Thursday</p>	<p>Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am</p>	<p>Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday</p>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
<p>*denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.</p>	<p>The Doyle Drivers Women's Group* Southern Solano Alano Club 2046 Columbus Pkwy 7:30-8:30pm Every Monday</p>	<p>Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday</p>	<p>Men's 12&amp;12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday</p>	<p>Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St 6:30-7:30pm Every Thursday</p>	<p>Benicia Young Peoples Group Fridays 6-7pm Southern Solano Alano Club 2046 Columbus Parkway</p>	<p>A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday</p>

**The Vallejo Fellowship is located at:  
1115 Amador St, Vallejo, CA  
Telephone number is 707-557-6318**

## A.A. ON THE WEB

Alcoholics Anonymous: [aa.org](http://aa.org)

District 09 Southern Solano AA:  
[aasolanosouth.org](http://aasolanosouth.org)

NorCalAA: [norcalaa.org](http://norcalaa.org)

# Birthday Speaker Meeting

**Aiden W. from Danville, CA**



**Friday, October 11th, 2024**

**8 pm at the Senior Center in Benicia**

*Hosted by Benicia Hilltop Popcorn Meeting*

**DIRECTIONS TO THE SENIOR CENTER  
1201 EAST 2ND STREET, BENICIA:**

**Concord:** Take HWY 780 to East 2nd St./Central Benicia Exit.  
Turn left onto East 2nd St. at the bottom of ramp.

**Vallejo:** Take HWY 780 to East 2nd St./Central Benicia Exit.  
Turn left onto East 2nd St. at the bottom of ramp.

Proceed to Military East. At the light go STRAIGHT.  
SENIOR CENTER WILL BE ON YOUR RIGHT

**50/50 Raffle!**

# Safety in A.A. Forum



This is a day to discuss how we can be responsible for providing safe meeting spaces to carry the message of A.A. to the alcoholic who still suffers.

Everyone is welcome to attend in-person or online. The event will include Spanish interpretation ([esta página en español](#)).

## Program

10:00	<b>How Safe is A.A.?</b> Presentation from a professional trauma therapist Safety survey results & analysis Q & A
11:00	<b>What Has Been Done?</b> Learn about safety work at various levels: General Service Offices (US/Canada, Great Britain, Australia); & Area 58 Oregon
Noon	<b>Lunch is provided</b> There are also great dining options within walking distance.
1:00	<b>What Can We Do?</b> Information for sponsors, members, and groups: including suggestions about group inventories and safety plans.
2:00	<b>Principles and Safety</b> Hear about how A.A. Traditions and spiritual principles relate to safety.
3:00	<b>Roundtables</b> Participate in roundtable discussions on various safety-related topics.
4:00	<b>What's on your mind?</b>

## When

**Saturday** October 19, 2024  
**10am – 4:30pm** Pacific Time

## Where

**Campbell Community Center**  
Roosevelt Redwood Room Q-80  
1 W. Campbell Avenue  
Campbell, CA 95008  
**Zoom ID:** 821-3562-3703  
**Zoom PW:** 1935



**EL SOBRANTE FELLOWSHIP  
OF ALCOHOLICS ANONYMOUS**

# **HALLOWEEN BASH BIRTHDAY NIGHT!**

**OCTOBER 26<sup>TH</sup> 4:30 PM - 10:30 PM**



**Pinole Senior Center  
2500 Charles Drive  
Pinole, CA 94564**

**ADMISSION  
\$18.00**

**SPEAKER PATTY M  
Hilltop Group Martinez**



**Dinner included!  
50/50 Raffle \$  
Raffle Baskets**

**DJ JMAC!  
COSTUME CONTEST!**



SOUTHERN SOLANO ALANO CLUB



EVERYONE  
IS INVITED  
TO JOIN

# FELLOWSHIP & GAME NIGHT

*Snacks and donations are welcome!*

2nd Saturdays  
07:00 pm



*Games to Play*

**BOARD GAMES, CARD  
GAMES, DOMINOS,  
CRIBBIAGE, SCRABBLE**

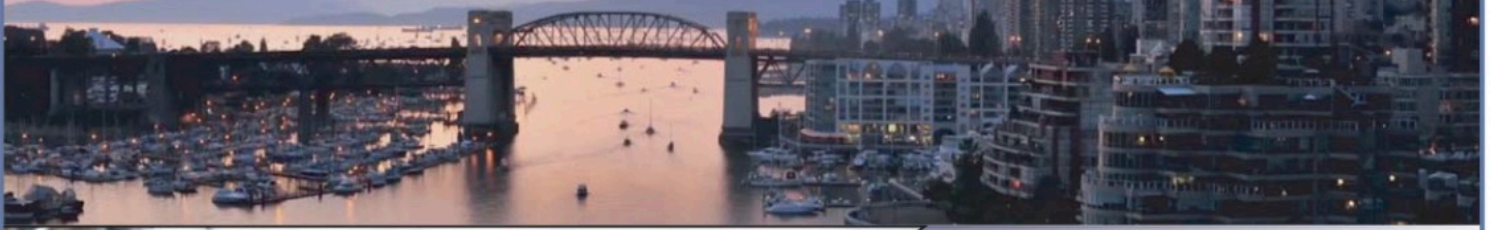
2046 Columbus Pkwy, Benicia. Park behind the carwash

Questions: Terry-707.718.7769 OR Nina-707.430.8576



# Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

Vancouver, British Columbia, Canada



July 3-6, 2025



Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding.

Please check the convention webpage at [www.aa.org/international-convention](http://www.aa.org/international-convention) for more information, the latest news, and FAQs. As the Convention approaches, the page will be updated with registration information.

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.



**Let's celebrate sobriety together in  
Vancouver in 2025!**