

AA DISTRICT 09 SOLANO SOUTH

CENTRAL OFFICE NEWSLETTER

AASOLANOSOUTH.ORG SOSOEDITOR@GMAIL.COM

Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



Central Office needs coverage:

ALL SHIFTS ARE FILLED!!
BUT.....

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as-needed basis.

Contact Jack Z.
510-714-6192

“A great turning point in our lives came when we sought for humility as something we really wanted, rather than as something we *must* have.”

Twelve & Twelve, pg. 75



“There are two or three things that flashed into my mind on which it would be fitting to lay a little emphasis. One is the simplicity of our program. Let’s not louse it all up with Freudian complexes and things that are interesting to the scientific mind, but have very little to do with our actual A.A. work. Our Twelve Steps, when simmered down to the last, resolve themselves into the words ‘love’ and ‘service.’ We understand what love is and we understand what service is. So let’s bear those two things in mind.”

^ ^ ^ This is an excerpt from Dr. Bob’s talk at the first International Convention in July of 1950 in Cleveland.

The next International Convention will be next year in Vancouver, British Columbia, Canada on July 3-6. Check out the flyer on the last page of this newsletter for more information!!

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Meeting Notes

New Women’s Meeting

A Woman’s Way through the 12 Steps
By Stephanie Covington, PH.D.

Using the Big Book in conjunction with
A Woman’s Way Book and Workbook
(Both Book and Workbook needed)

Wednesday’s at NOON on Zoom
Zoom ID: 847 8955 3020
Password: Way-Of-Life11

Wednesday Night
Men’s 12&12 Step Study

7:30pm-8:30pm

Southern Solano Alano Club
2046 Columbus Parkway
Benicia

American Canyon
Underground Fellowship

Speaker Meeting
FRIDAYS 6:30-7:30pm
11 Poco Way

COME OUT AND SUPPORT!!!

A Design for Living
Big Book Study

at the
Southern Solano Alano Club

2046 Columbus Parkway
(around back)

Mondays at 5:30pm - 6:30pm
CHECK IT OUT!!

Vallejo Fellowship
Early Birds Meeting

Monday—Sunday

7:00am-8:00am

1115 Amador St,
Vallejo



THURSDAY NIGHT

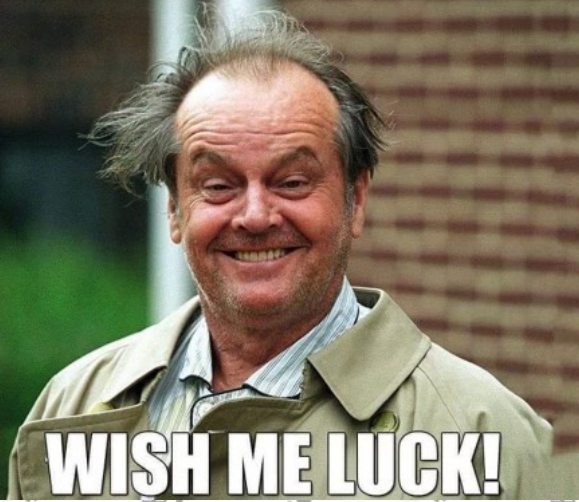
11TH STEP MEDITATION MEETING

5:30-6:30pm

Southern Solano Alano Club
2046 Columbus Parkway
around back

WE ARE NOT A GLUM LOT!

I'M GOING TO TRY AND ACT LIKE A
NORMAL, HAPPY, MENTALLY BALANCED
PERSON TODAY.



WISH ME LUCK!

JUST GET IN THE CAR



the world right now



me still doing my silly
little tasks to stay sober

He who drinks
a fifth on the
fourth, may
not be able to
go forth on
the fifth.

What
screws
us up most
in life
is the picture
in our head
of how it's
supposed
to be.

...A.K.A. EXPECTATIONS

WOMENS SOLUTION GROUP
ANNOUNCEMENT

The Women's Solution Group meets 4 days a week at the Southern Solano Alano club located at 2046 Columbus Parkway around back. All of these meetings are looking for support:

Wednesdays at 10:30-11:30 am
Big Book Study

Fridays at 10:30-11:30 am
12 Step Study

Saturdays at 5:30-6:30 pm
Grapevine Meeting

Sundays at 10:30-11:30 am
Daily Reflections Meeting

The Central Office Business meeting is the first Wednesday of every month at 6:30pm at the Southern Solano Alano Club. 2046 Columbus Pkwy around back

JULY



SOBRIETY BIRTHDAYS

Joe E. 07/05/1983 (41 Years!!)

Patricia S. 07/07/1985 (39 Years!!)

Guy A. 07/10/1996 (28 Years!!)

Fred B. 07/13/1995 (29 Years!!)

Theo F. 07/13/2015 (9 Years!!)

Jodie C. 07/15/1996 (28 Years!!)

Problem Steve 07/15/1996 (28 Years!!)

Roger D. 07/16/2006 (18 Years!!)

Ben P. 07/17/2005 (19 Years!!)

Mark Rice 07/17/01 (23 Years!!)

Merissa S. 07/17/23 (1 Year!!)

Louie Y. 07/18/07 (17 Years!!)

Cathy S. 07/23/82 (42 Years!!)

Gary C. 07/24/2009 (15 Years!!)

District 09 Southern Solano

Monthly Birthday Speaker Meeting

At the Clock Tower

1189 Washington Street, Benicia

July 12th at 8:00pm

John P.

From Danville, CA

HOST GROUP:
ATTITUDE ADJUSTMENT
50/50 raffle!



July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<p>This isn't the complete list of meetings in District. Check the website aasolanosouth.org for the latest.</p>	<p>Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday</p>	<p>Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday</p>	<p>CENTRAL OFFICE Business Meeting is the first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back</p>	<p>Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday</p>	<p>Vallejo Fellowship 12:00 Noon to 1:00pm 1115 Amador St, Vallejo Every Friday</p>	<p>Vallejo Fellowship Speaker Night starts at 6:45pm In Person 1115 Amador St, Vallejo First Saturday of the Month</p>
7	8	9	10	11	12	13
<p>Go to Any Lengths Online 9:30am-10:30am Zoom: 857-669-5455 Every Sunday</p>	<p>DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober!</p>	<p>Vallejo Fellowship Business Meeting 2nd Tuesday of every month at 6:45 at the Vallejo Fellowship 1115 Amador St.</p>	<p>Vallejo Fellowship Early Birds 7-8:00am 1115 Amador St, Vallejo Every Wednesday</p>	<p>Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday</p>	<p>District 09 Monthly Birthday Speaker Meeting 8:00pm Clock Tower Benicia</p>	<p>2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday</p>
14	15	16	17	18	19	20
<p>Women's Big Book Study Vallejo Fellowship 1115 Amador St, Vallejo 1:30pm-2:30pm</p>	<p>A Design For Living Big Book Study Southern Solano Alano Club 2046 Columbus Prky. 5:30pm-6:30pm</p>	<p>Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday</p>	<p>Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Tu-Sat</p>	<p>11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday</p>	<p>First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia</p>	<p>Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday</p>
21	22	23	24	25	26	27
<p>Benicia Sunday Night Discussion St. Paul's Church 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday</p>	<p>Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun</p>	<p>Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday</p>	<p>American Canyon Fellowship Big Book Study 5:30pm-6:30pm 11 Poco Way Suite E American Canyon Every Wednesday</p>	<p>Vallejo Fellowship Early Birds 7:00-8:00AM 1115 Amador St, Vallejo Every Thursday</p>	<p>Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am</p>	<p>Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday</p>
28	29	30	31			
<p>*denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.</p>	<p>The Doyle Drivers Women's Group* Southern Solano Alano Club 2046 Columbus Pkwy 7:30-8:30pm Every Monday</p>	<p>Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday</p>	<p>Men's 12&12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday</p>	<p>Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St 6:30-7:30pm Every Thursday</p>	<p>Benicia Young Peoples Group Fridays 6-7pm Southern Solano Alano Club 2046 Columbus Parkway</p>	<p>A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday</p>

**The Vallejo Fellowship is located at:
1115 Amador St, Vallejo, CA
Telephone number is 707-557-6318**

A.A. ON THE WEB

Alcoholics Anonymous: aa.org

District 09 Southern Solano AA:
aasolanosouth.org

NorCalAA: norcalaa.org

Birthday Speaker Meeting

John P. from Danville, CA



Friday, July 12th, 2024

8 pm at the Clock Tower in Benicia

Hosted by Attitude Adjustment

**DIRECTIONS TO THE CLOCK TOWER
1189 WASHINGTON STREET, BENICIA:**

Concord: Take HWY 780 to 5th Street Exit.
Turn left onto 5th Street at the bottom of ramp.

Vallejo: Take HWY 780 to 5th Street Exit.
Turn right onto 5th Street at the bottom of ramp.

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left-hand side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.

50/50 Raffle!

40th Annual Contra Costa Women's Symposium

Saturday, August 3rd, 2024

Registration & continental breakfast: 8:30-9:30 am

Program: 9:30 am-3:00 pm

\$35

per person

includes continental breakfast, lunch, coffee and tea. Soft drinks and bottled water available for purchase.

scholarship available if needed

Pleasant Hill Senior Center

233 Gregory Lane
Pleasant Hill, CA 94523

Registration

More information and

Register online

womensasymposium.org



Featured Speakers:

Linda M.	Seattle, WA
Denise M.	Concord, CA
Sharon S.	Walnut Creek, CA

Raffle ● Breakout meetings
● Meditation ● Sobriety
countdown



For Raffle donations call
Jan G. 925-822-2062



Where Friends Gather

Speakers • Panels • Crafts • Free Drawing

Registration Includes:

Continental Breakfast, Lunch & Dessert

Host Hotel: Hampton Inn & Suites Lodi

1337 S. Beckman Road, Lodi CA 95240
(209) 369-2700

Mention Code: **HDH** - Rate: \$165 + taxes/fees
Make reservation by 8/16/2024



Alcoholics Anonymous

18th Annual

**Hand in Hand
Women's Day of Unity**

**Saturday, September 14, 2024
8:30 a.m. to 4:30 p.m.**

Vinewood Community Church

1900 W. Vine Street
Lodi, CA 95242

Speakers:

**Leslie K., Modesto, CA
Marilyn S., Los Angeles, CA**

Pre-Registration through 9/7/2024
\$30 (non-refundable) - \$40 at the door

Mail Checks Payable to Hand In Hand, 10173 Carmel Valley Way, Elk Grove CA 95624

For credit card, email hinhntreasurer@gmail.com with full name, phone number, and all guests' names. A secure link will be emailed to you for your payment.

For more information, please contact Karen T. at (925) 628-0514 or Sue G. at (916) 207-6676

Please fill out completely so that we can include you on next year's mailing list

First Name: _____ Last Name: _____

Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Cell Phone: _____ Sobriety Date: _____

I would like to be of service at this convention: YES _____ NO _____ Scholarship Donation: \$ _____

Amount Enclosed \$ _____ *

***List all guests' names:** _____

*Limited number of scholarships are available in return for 2-hour service commitment.
Submit advance request to Sue G.: hinhntreasurer@gmail.com*

Sorry, no children or non-trained service animals allowed at this event



Donde se reúnen los amigos

Oradores • Paneles • Artesanía • Sorteo Gratis

Registración Incluye:
Desayuno Almuerzo y Postre

Hotel anfitrión:
Hampton Inn & Suites Lodi
1337 S. Beckman Road, Lodi CA 95240
(209) 369-2700

Mención: **HDH**—Tarifa: \$165 + impuestos/cargos

Alcohólicos Anónimos

18th Años

Mano en Mano

Día de Unidad de Mujeres

sábado, 14 de septiembre, 2024
8:30 a.m. to 4:30 p.m.

Vinewood Community Church
1900 W. Vine Street
Lodi, CA 95242

Oradores:
Leslie K., Modesto, CA
Marilyn S., Los Angeles, CA

Preinscripción hasta el 9/7/2024
\$30 (no reembolsable) - \$40 Registro en la puerta

Cheques por correo pagaderos a Hand In Hand, 10173 Carmel Valley Way, Elk Grove CA 95624

Para tarjeta de crédito, correo electrónico hinhntreasurer@gmail.com con nombre completo, número de teléfono, Y todos los nombres de las invitadas.
El link seguro se le enviara por email para su pagoyour.

Para obtener más información, póngase en contacto Karen T. at (925) 628-0514 or Sue G. at (916) 207-6676

Por favor, complételo para que podamos incluirlo en la lista de correo del próximo año

Nombre de pila: _____ Nombre Apellido: _____

Correo electrónico: _____

Dirección: _____ Ciudad: _____ Estado: ____ Código postal: _____

Teléfono: _____ Teléfono celular: _____ Fecha de sobriedad: _____

Me gustaría estar al servicio de esta convención: SÍ _____ NO _____ Beca Donación: _____

Cantidad Enviado: \$ _____

***Enumera los nombres de todos los invitados:** _____

Hay un número limitado de becas disponibles a cambio de 2 horas compromiso de servicio.
Envíe una solicitud por adelantado a Sue G.: hinhntreasurer@gmail.com

Lo sentimos, no se permiten niños ni animales de servicio no entrenados en este evento

SOUTHERN SOLANO ALANO CLUB



EVERYONE
IS INVITED
TO JOIN

FELLOWSHIP & GAME NIGHT

Snacks and donations are welcome!

2nd Saturdays
07:00 pm



Games to Play

**BOARD GAMES, CARD
GAMES, DOMINOS,
CRIBBIAGE, SCRABBLE**

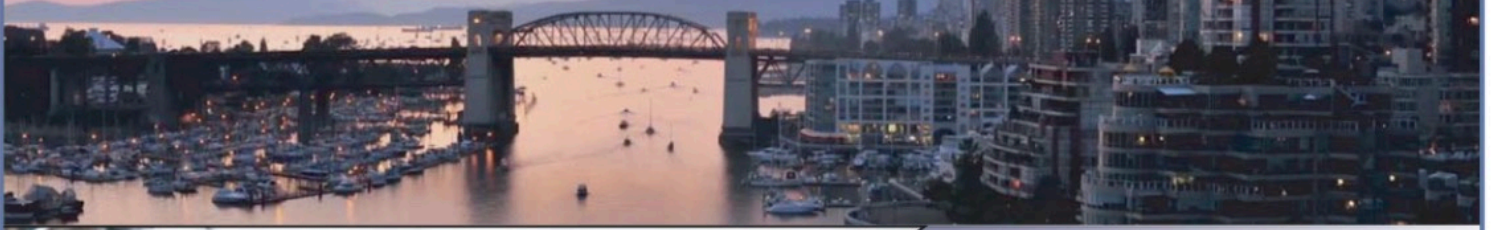
2046 Columbus Pkwy, Benicia. Park behind the carwash

Questions: Terry-707.718.7769 OR Nina-707.430.8576



Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

Vancouver, British Columbia, Canada



July 3-6, 2025



Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding.

Please check the convention webpage at www.aa.org/international-convention for more information, the latest news, and FAQs. As the Convention approaches, the page will be updated with registration information.

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.



**Let's celebrate sobriety together in
Vancouver in 2025!**