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AA DISTRICT 09 SOLANO SOUTH

CENTRAL OFFICE NEWSLETTER

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Central Office needs coverage:

ALL SHIFTS ARE FILLED!!
BUT......

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as-needed basis.

Contact Nancy B. nbennettmsrd@gmail.com

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"As faith grows, so does inner security. The vast underlying fear of nothingness commences to subside. We of A.A. find that our basic antidote for fear is a spiritual awakening."

Grapevine, January 1962



1ST ANNUAL CENTRAL OFFICE HOLIDAY PARTY FUNDRAISER

Saturday June 22nd Doors Open at 5pm Florence Douglas Senior Center, 333 Amador Ave. Vallejo

Tickets \$15

Spaghetti Dinner Potluck Dessert 50/50 Raffle Special Entertainment by Liz E.



Volunteers are needed please contact Mike H. 707-655-8930

**Tickets are available from your Central Office Rep or contact Linda at 707-297-2369

Meeting Notes

New Women's Meeting

A Woman's Way through the 12 Steps By Stephanie Covington, PH.D.

Using the Big Book in conjunction with A Woman's Way Book and Workbook (Both Book and Workbook needed)

Wednesday's at NOON on Zoom Zoom ID: 847 8955 3020 Password: Way-Of-Life11

Wednesday Night Men's 12&12 Step Study

7:30pm-8:30pm

Southern Solano Alano Club 2046 Columbus Parkway Benicia

Benicia Young Peoples Meeting

FRIDAYS at 6:00 PM at the Southern Solano
Alano Club
COME OUT AND SUPPORT!!!

A Design for Living Big Book Study

at the Southern Solano Alano Club

2046 Columbus Parkway (around back)

Mondays at 5:30pm - 6:30pm CHECK IT OUT!!

Vallejo Fellowship Early Birds Meeting

Monday—Sunday

7:00am-8:00am

1115 Amador St, Vallejo



THURSDAY NIGHT

11TH STEP MEDITATION MEETING

5:30-6:30pm

Southern Solano Alano Club 2046 Columbus Parkway around back

WE ARE NOT A GLUM LOT!

THE BARA BY THE WALLA BY THE BARA BY

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Aho

when they tell me not to take people's inventory but to stick with the winners



Me, getting ready to make the same bad choice but also being a little more prepared from the last time it backfired

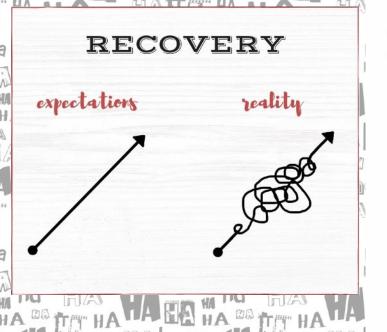


IT'S NOT "OLD BEHAVIOR"

IF YOU'RE STILL BEHAVING THAT WAY.

I bana MAHA II W JA bana MAHA II W





Sober

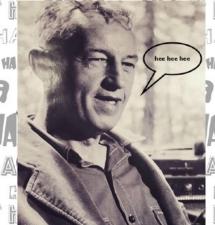


HAMAHAH

Drunk



HA HAMAHATUT HA HAMAH



ATT HA HA

WORKING WITH OTHERS

The impact one alcoholic can have on the life of another is profound. And it doesn't take any special skills — all it takes is the willingness to communicate with one another in the language of the heart.

As Bill W. points out in his essay on Tradition Five from the September 1952 Grapevine, reprinted in the "Twelve and Twelve":

"The unique ability of each AA to identify himself with, and bring recovery to, the newcomer in no way depends upon his learning, eloquence, or on any special individual skills. The only thing that matters is that he is an alcoholic who has found a key to sobriety. These legacies of suffering and of recovery are easily passed among alcoholics, one to the other. This is our gift from God, and its bestowal upon others like us is the one aim that today animates AA's all around the globe."

Excerpt from "I am Responsible: The Hand of AA" pg. 49

The Central Office Business meeting is the first Wednesday of every month at 6:30pm at the Southern Solano Alano Club. 2046 Columbus Pkwy around back



JUNE SOBRIETY BIRTHDAYS



Gordon G. 06/01/2015 (9 Years!!)

Andy M. 06/03/2001 (23 Years!!)

Ken M. 06/10/2012 (12 Years!!)

Jimmy B. 06/13/2007 (17 Years!!)

Stanley R. 06/18/1995 (29 Years!!)

Barbara C. 06/19/2010 (14 Years!!)

Donna F. 06/23/2013 (11 Years!!)

Jim 06/26/2014 (10 Years!!)

District 09 Southern Solano

Monthly Birthday Speaker Meeting
At the Clock Tower
1189 Washington Street, Benicia
June 14th at 8:00pm

Corinne J.

From Fairfield, CA

HOST GROUP:
VALLEJO FELLOWSHIP
50/50 raffle!



| June 2024 | | | | | | | |
|---|---|---|---|---|--|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
| | | | | | | 1 | |
| This isn't the complete list of meetings in District. Check the website aasolanosouth.org for the latest. | Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday | Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975- 0077 Passcode# 480-984 Every Tuesday | Vallejo Fellowship Early Birds 7-8:00am 1115 Amador St, Vallejo Every Wednesday | Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday | Vallejo Fellowship 12:00 Noon to 1:00pm 1115 Amador St, Vallejo Every Friday | Vallejo Fellowship Speaker Night starts at 6:45pm In Person 1115 Amador St, Vallejo First Saturday of the Month | |
| 2 | 3 | 4 | 5 | 6 | 7 | 3 | |
| Go to Any Lengths Online 9:30am-10:30am Zoom: 857-669-5455 Every Sunday | A Design For Living Big Book Study Southern Solano Alano Club 2046 Columbus Prky. 5:30pm-6:30pm | Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday | CENTRAL OFFICE Business Meeting is the first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back | Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday | First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia | 2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | |
| Women's Big Book Study Vallejo Fellowship 1115 Amador St, Vallejo 1:30pm-2:30pm | DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober! | Vallejo Fellowship Business Meeting 2nd Tuesday of every month at 6:45 at the Vallejo Fellowship 1115 Amador St. | Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Tu-Sat | 11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday | District 09 Monthly Birthday Speaker Meeting 8:00pm Clock Tower Benicia | Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | |
| Benicia Sunday Night Discussion St. Paul's Church 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday | Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun | Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday | American Canyon Fellowship Big Book Study 5:30pm-6:30pm 11 Poco Way Suite E American Canyon Every Wednesday | Vallejo Fellowship Early Birds 7:00-8:00AM 1115 Amador St, Vallejo Every Thursday | Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am | Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday | |
| 23/30 | 24 | 25 | 26 | 27 | 28 | 29 | |
| *denotes "closed" meetings. Only humans with a desire to stop | The Doyle Drivers Women's Group* Southern Solano Alano Club 2046 Columbus Pkwy | Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm | Men's 12&12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia | Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St | Benicia Young Peoples Group Fridays 6-7 pm Southern Solano Alano Club 2046 | A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm | |
| drinking are encouraged to attend. | 7:30-8:30pm Every Monday | Every Tuesday | 7:30-8:30pm Every Wednesday | 6:30-7:30pm Every Thursday | Columbus Parkway | Every Saturday | |

The Vallejo Fellowship is located at: 1115 Amador St, Vallejo, CA Telephone number is 707-557-6318

A.A. ON THE WEB

Alcoholics Anonymous: aa.org

District 09 Southern Solano AA:
aasolanosouth.org

NorCalAA: norcalaa.org

Birthday Speaker Meeting

Corinne J. from Fairfield, CA



Friday, June 14th, 2024 8 pm at the Clock Tower in Benicia

Hosted by the Vallejo Fellowship

DIRECTIONS TO THE CLOCK TOWER 1189 WASHINGTON STREET, BENICIA:

Concord: Take HWY 780 to 5th Street Exit. Turn left onto 5th Street at the bottom of ramp.

Vallejo: Take HWY 780 to 5th Street Exit. Turn right onto 5th Street at the bottom of ramp.

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left-hand side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.

50/50 Raffle!

VALLEJO FELLOWSHIP



21st ANNUAL BBQ/PICNIC

Location: Big Slide Park-540 Rose Dr. Benicia, Ca

Date: June 8, 2024

Time: 10am – 4pm

AA Meeting at Noon

50/50 & Other Raffle items after Meeting

Raffle tickets sold at event



GAMES

PRIZES

Come and join us for a day of FUN!!

Bring a chair







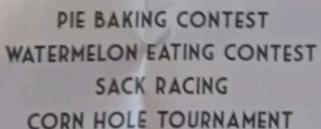
ATTITUDE ADJUSTMENT'S ANNUAL PICNIC IN THE PARK!!!

- SATURDAY JUNE, 15 2024 - 11:00A-5:30P

FRANCESCA TERRACE PARK BENICIA

(DRIVE TO THE NORTH END OF 5TH ST., MAKE A RIGHT, AND GO ALL THE WAY TO THE END)

THIS YEARS PICNIC EVENTS INCLUDE:



AND GREAT FELLOWSHIP!

POT LUCK SIDES ARE WELCOMED AND APPRECIATED!

BURGERS, DOGS, AND DRINKS WILL BE PROVIDED BY THE GROUP

REMEMBER OUR AA MOTTO: PRACTICE NOT PERFECTION!! HAVE FUNII

Central Office 2024 Holiday Party Planning Committee



Please join us to help plan for the next Holiday Party!

Tuesday June 4th &
Tuesday June 18th at 6:45pm
at the Vallejo Fellowship
1115 Amador Street

Questions? Contact Mike H. 707-655-8930





FELLOWSHIP &

EVERYONE IS INVITED TO JOIN

GAME NIGHT

Snacks and donations are welcome!

2nd Saturdays 07:00 pm



Games to Play

BOARD GAMES, CARD GAMES, DOMINOS, CRIBBIAGE, SCRABBLE

2046 Columbus Pkwy, Benicia. Park behind the carwash Questions: Terry-707.718.7769 OR Nina-707.430.8576



families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.



Let's celebrate sobriety together in Vancouver in 2025!