

AA DISTRICT 09 SOLANO SOUTH

# CENTRAL OFFICE NEWSLETTER

[AASOLANOSOUTH.ORG](http://AASOLANOSOUTH.ORG) [SOSOEDITOR@GMAIL.COM](mailto:SOSOEDITOR@GMAIL.COM)

Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



**Central Office needs coverage:**  
Mondays Noon-3:00PM Shift

2nd and 4th Saturdays,  
10-1:00PM Shift

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as-needed basis.

Contact Nancy B.  
[nbennettmsrd@gmail.com](mailto:nbennettmsrd@gmail.com)

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<b>HOLIDAY FLYERS!!</b>	<b>6+</b>



*“True ambition is the deep desire to live usefully and walk humbly under the grace of God.”*

*Twelve Steps & Twelve Traditions, Page 125*



SOUTHERN SOLANO AA  
**HOLIDAY PARTY**  
*at the Benicia Clock Tower*

**Saturday December 9th, 2023**

**APPETIZERS • RAFFLE • DESSERT • MEETING**

*Doors Open 5pm Food Served 6pm  
Speaker Meeting 8pm*

**FEATURING:**

Includes Hot & Cold Appetizers, Pot Luck Dessert, Gift Basket Raffle, 50/50 Raffle, Santa Clause & Face Painting.

**SPECIAL GUEST SPEAKER**  
To Be Announced

Tickets are \$12 each. Children Accompanied by Paying Adult are FREE. Ticket Sales will be Announced at Meetings. The Speaker Meeting Is Free.

Pot Luck Dessert: Please bring pre-cut Pies & Cakes, Cookies & Treats on Disposable Dishes Only.

**For more information:**  
Contact Mike H. at 707.655.8930 (text please)

“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.”

**Vallejo Fellowship  
Of Alcoholic's Anonymous**

942 Tennessee St  
Vallejo, CA 94591

**CHRISTMAS MARATHON MEETINGS**

**SUNDAY DECEMBER 24, 2023**

Hall will stay open following the 5:30 pm  
Meetings until Midnight  
7:00 pm - 8:30 pm – 10:00 pm

**MONDAY DECEMBER 25, 2023**

Meetings will be held all Day

**APPROXIMATE MEETING TIMES**

7am-8:30-10:00-Noon-5:30pm  
7:00 pm - 8:30 pm – 10:00 pm



**HOLLIDAY POTLUCK AT 3:00 pm**

**PLEASE BRING A DISH TO SHARE**

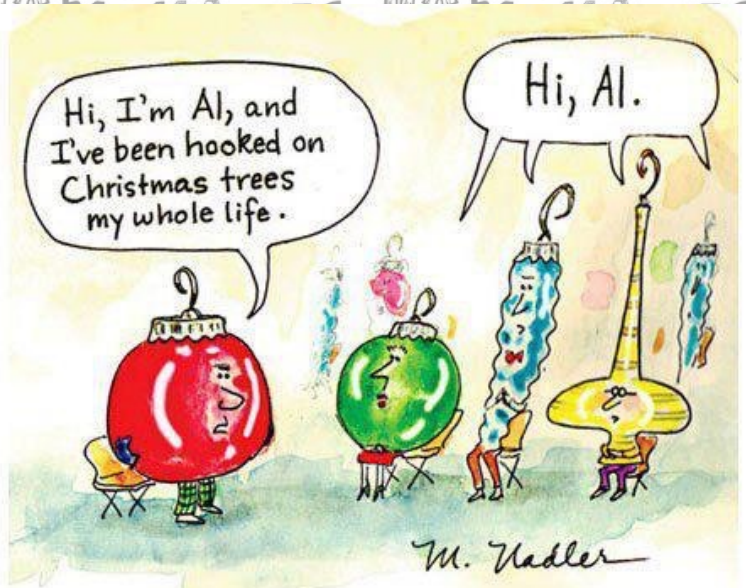
**SODAS WILL BE AVAILABLE FOR SALE**

# WE ARE NOT A GLUM LOT!

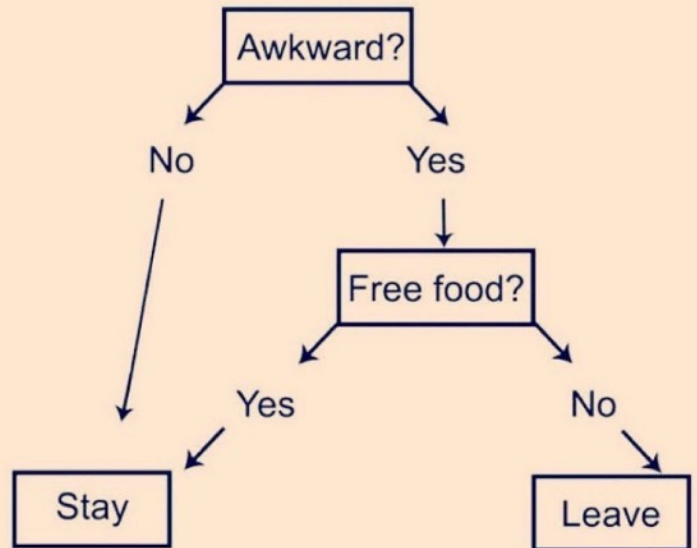
NO DRINK FOR ME, THANKS.

I'M CRAZY ENOUGH WITHOUT IT.

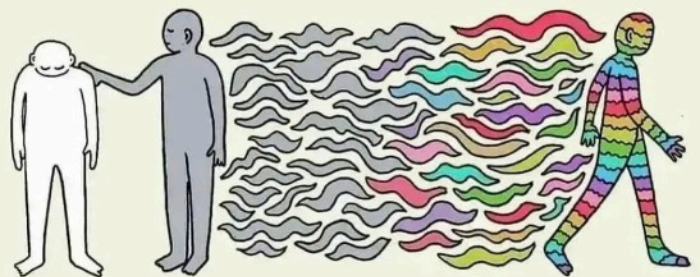
Grandma got run over by a reindeer ??? where's a sobriety checkpoint when you need one ?



## SOBER NEW YEAR'S PARTY GUIDE



accept how u feel **THEN** move through it



# Mr E's Acronyms

**P**erhaps

**A**n

**U**nforeseen

**S**olution

**E**xists



**N**ot

**U**tilizing

**T**he

**S**teps



The Central Office Business meeting is the first Wednesday of every month at 6:30pm at the Southern Solano Alano Club. 2046 Columbus Pkwy around back



## DECEMBER SOBRIETY BIRTHDAYS



- Tom P. 12/02/2014 (9 Years!!)
- Darren Woody 12/03/1992 (31 Years!!)
- Josh G. 12/03/2002 (21 Years!!)
- Chuck E. 12/04/2014 (9 Years!!)
- John S. 12/05/1998 (25 Years!!)
- Rae W. 12/07/1984 (39 Years!!)
- Charlie B. 12/10/2004 (19 Years!!)
- Elmer C. 12/12/2009 (14 Years!!)
- Stephanie G. 12/16/2003 (20 Years!!)
- Karen F. 12/17/1988 (35 Years!!)
- Bill H. 12/19/1985 (38 Years!!)
- Maggie K. 12/24/1975 (48 Years!!)
- Sue D. 12/24/1998 (25 Years!!)
- Marty L. 12/28/2009 (14 Years!!)
- Suzanne C. 12/28/1987 (36 Years!!)
- Bruce M. 12/29/1984 (39 Years!!)
- Ed C. 12/29/1987 (36 Years!!)

### District 09 Southern Solano

#### Monthly Birthday Speaker Meeting

At the Clock Tower  
1189 Washington Street Benicia

December 8th at 8:00pm

Carole D.

From Rio Vista, CA

#### HOST GROUP:

American Canyon Fellowship

50/50 raffle!



# December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
<p>This isn't the complete list of meetings in District. Check the website <a href="http://aasolanosouth.org">aasolanosouth.org</a> for the latest.</p>	<p>Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st &amp; J St., Benicia 8:00-9:00 PM Every Monday</p>	<p>American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 AM Every Tuesday</p>	<p>Vallejo Fellowship Early Birds 7-8:00am 942 Tennessee St, Vallejo Every Wednesday</p>	<p>Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday</p>	<p>Vallejo Fellowship 12:00 Noon to 1:00pm 942 Tennessee St, Vallejo Every Friday</p>	<p>Vallejo Fellowship Speaker Night starts at 6:45pm In Person 942 Tennessee St, Vallejo First Saturday of the Month</p>
3	4	5	6	7	8	9
<p>Go to Any Lengths Online 9:30am-10:30am Zoom: 857-669-5455 Every Sunday</p>	<p>American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 PM Every Monday</p>	<p>Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday</p>	<p><b>CENTRAL OFFICE</b> Business Meeting is the first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back</p>	<p>Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday</p>	<p>District 09 Monthly <b>Birthday Speaker</b> Meeting 8:00pm Clock Tower Benicia</p>	<p>2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday</p>
10	11	12	13	14	15	16
<p>Vallejo Fellowship Early Birds 942 Tennessee St, Vallejo 7:00 AM</p>	<p><b>DISTRICT 09 GENERAL SERVICE Business Meeting</b> the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober!</p>	<p>Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday</p>	<p>Attitude Adjust St. Paul's Episc. 1st &amp; J St. Benicia 7-8:00 AM Tu-Sat</p>	<p>11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday</p>	<p>First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia</p>	<p>Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday</p>
17	18	19	20	21	22	23
<p>Benicia Sunday Night Discussion St. Paul's Church 1st &amp; J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday</p>	<p>Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun</p>	<p>Here &amp; Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday</p>	<p>Spring Hill Study Group '12 by 12' Online Zoom: 865 7556 2290 8-9 pm Every Wednesday</p>	<p>Vallejo Fellowship Early Birds 7:00-8:00AM 942 Tennessee St, Vallejo Every Thursday</p>	<p>Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am</p>	<p>Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday</p>
24/31	25	26	27	28	29	30
<p>*denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.</p>	<p>The Doyle Drivers Women's Group* Southern Solano Alano Club 2046 Columbus Pkwy 7:30-8:30pm Every Monday</p>	<p>Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday</p>	<p>Men' 12by12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday</p>	<p>Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St 6:30-7:30pm Every Thursday</p>	<p>TGIF Living Sober Book Study Southern Solano Alano Club 2046 Columbus Pkwy, Benicia Noon-1:00pm</p>	<p>A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday</p>

**The Vallejo Fellowship is located at:  
942 Tennessee St, Vallejo, CA  
Telephone number is 707-557-6318**

## A.A. ON THE WEB

Alcoholics Anonymous: [aa.org](http://aa.org)

District 09 Southern Solano AA:  
[aasolanosouth.org](http://aasolanosouth.org)

NorCalAA: [norcalaa.org](http://norcalaa.org)

# Birthday Speaker Meeting

**Carole D. from Rio Vista, CA**



**Friday, December 8th, 2023**

**8 pm at the Clock Tower in Benicia**

*Hosted by the American Canyon Fellowship*

**DIRECTIONS TO THE CLOCK TOWER  
1189 WASHINGTON STREET, BENICIA:**

**Concord:** Take HWY 780 to 5th Street Exit.  
Turn left onto 5th Street at the bottom of ramp.

**Vallejo:** Take HWY 780 to 5th Street Exit.  
Turn right onto 5th Street at the bottom of ramp.

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left-hand side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.

SOUTHERN SOLANO AA  
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*Speaker Meeting 8pm*

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Dessert, Gift Basket Raffle, 50/50 Raffle,  
Santa Clause & Face Painting.

**SPECIAL GUEST SPEAKER**  
**To Be Announced**

**Tickets are \$12 each. Children Accompanied by Paying  
Adult are FREE. Ticket Sales will be Announced at  
Meetings. The Speaker Meeting is Free.**

**Pot Luck Dessert: Please bring pre-cut Pies & Cakes, Cookies  
& Treats on Disposable Dishes Only.**

**For more information:  
Contact Mike H. at 707.655.8930 (text please)**

# HOME GROUPS

## We Need Your Raffle Donations!

2023 Holiday Party at the Clock Tower  
Saturday December 9th

This year we are asking every Home Group to Donate a Gift Basket or Raffle Prize. We suggest making a separate collection to raise the funds for this Event. Please Pre-label your groups Donation Basket.



Gift Baskets can be purchased or Home made, but **MUST** be contained, wrapped or enclosed in clear plastic/cellophane. [COSTCO.COM](http://COSTCO.COM) has a nice assortment of Baskets ranging from \$25-\$150.



Prizes **MUST** be **NEW** and can be Electronics, Gift Cards, Trips, Dinners, Toys etc.

## Your Donations Are Appreciated!

All Donated Prizes & Gift Baskets should be completed by December 6th.

Questions?

Contact Sarah 808.446.0472 Nina 707.430.8576



# Christmas Day



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Mini Alcathon  
Meetings and Fellowship

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Meetings: 10 am, Noon, 2 pm

Hangout times: 11 am, 1 and 3 pm

Clean up 4:00 p.m.

Sign up to host a meeting *Sign Up Sheet  
Room A*  
Questions? Kim 916-200-9663

Regular meetings schedule follows



*Happy New Year*

**Vallejo Fellowship  
Of Alcoholic's Anonymous**

942 Tennessee St  
Vallejo, CA 94591

**NEW YEARS  
MARATHON MEETINGS**

SUNDAY DECEMBER 31, 2023

Hall will stay open following the 5:30 pm  
Meetings until Midnight  
7:00 pm - 8:30 pm – 10:00 pm

MONDAY JANUARY 1, 2024

Meetings will be held all Day

APPROXIMATE MEETING TIMES

7am-8:30-10:00-Noon-5:30pm

7:00 pm - 8:30 pm – 10:00 pm

AA SOLANO SOUTH

# CENTRAL OFFICE NEEDS SUPPORT!

Central Office is as important to Alcoholics Anonymous as meetings are to Individual AA Members. Without it, AA cannot survive. Over the years volunteer participation has dwindled significantly and we really need people to step up.

**THANK YOU TO ALL WHO HAVE VOLUNTEERED SO FAR,  
THERE ARE STILL POSITIONS AVAILABLE:**

**Central Office Treasurer  
Alternate Chair Person  
General Service Liaison  
H&I Liaison**

**Also many groups are not being represented at the monthly  
Central Office meetings. If your group does not have a  
Central Office Rep, volunteer yourself or nominate someone.**

Meetings are now held in person.  
**First Wednesday of the month.**  
6:30 at the Alano Club,  
2046 Columbus Parkway, around back.

# THURSDAY NIGHTS OF ZEN

Solano Alano Club

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**11<sup>TH</sup> STEP MEDITATION      5:30PM**  
**RECOVERY YOGA              7PM**

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**No experience necessary!**

**Bring a mat, towel, blanket/beach towel and water.  
Limited supplies available so bring what you have.**

**Try something new or expand your  
existing practice**

**QUESTIONS/EARLY REGISTRATION**

**CALL OR TEXT**

**Kryss Cote 707-225-2199**



