

AA DISTRICT 09 SOLANO SOUTH

# CENTRAL OFFICE NEWSLETTER

[AASOLANOSOUTH.ORG](http://AASOLANOSOUTH.ORG) [SOSOEDITOR@GMAIL.COM](mailto:SOSOEDITOR@GMAIL.COM)

Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



**Central Office needs coverage:**

Mondays Noon-3:00PM Shift

2nd and 4th Saturdays,  
10-1:00PM Shift

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as-needed basis.

Contact Nancy B.  
[nbennettmsrd@gmail.com](mailto:nbennettmsrd@gmail.com)

*“Great suffering and great love are A.A.’s disciplinarians; we need no others.”*

*Twelve Steps & Twelve Traditions, Page 174*



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**Thanksgiving**

**MARATHON MEETINGS**

at the

**VALLEJO FELLOWSHIP**

942 TENNESSEE ST.




**WEDNESDAY, NOV. 22ND**  
Hall open starting after 5:30pm meeting.  
Meetings until Midnight.  
(7pm Spanish Meeting)

**THURSDAY, NOV. 23RD**  
Meetings all day: 7am-8:30-10am-  
Noon-5:30-7pm-8:30-10pm

**HOLIDAY POTLUCK AT 3:00PM**

Please bring a dish to share!  
Sodas will be available for sale

**STEP  
11**

“Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out.”

*Meeting Notes*



A DESIGN FOR LIVING  
BIG BOOK STUDY

**Monday Nights  
6:00pm-7:00pm**

**2046 Columbus Parkway, Benicia**

**Around Back**

**Young (and young at heart)  
Meeting**

FRIDAYS at 6:00 PM at the  
Southern Solano  
Alano Club

NEW MEETING  
at the  
American Canyon Fellowship

**11 Poco Way**

***Hole in the Doughnut Meeting***

OPEN DISCUSSION

**STARTS SATURDAY SEPT. 9TH**

**AT 10:00AM**

**Vallejo Fellowship  
12&12 Meeting**

THURSDAYS,  
7:00-8:00PM

12&12 BOOK STUDY



**SUNDAY NIGHT  
SAINT PAULS MEETING  
NEEDS SUPPORT!**

**OLDEST MEETING IN BENICIA**

**SPEAKER DISCUSSION MEETING**

**8:00PM EVERY SUNDAY**

**On the corner of 1st & J St. in the Parish Hall**

# WE ARE NOT A GLUM LOT!



When you get a new service position you've never had before



When some old friends you partied with walk into the meeting ...



Sometimes it's a shitty day.  
Then I remember that I don't drink anymore.

And the day becomes a little less shitty.

If you want to feel better go to meetings  
*If you want to recover, work the steps*

# Mr E's Acronyms

**B**elief

**I**n

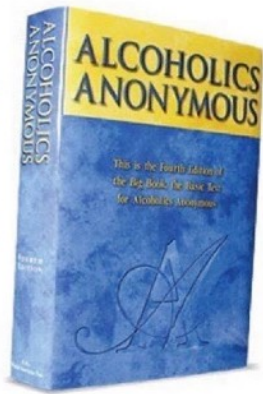
**G**od

**B**eats

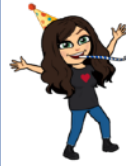
**O**ur

**O**ld

**K**nowledge



The Central Office Business meeting is the first Wednesday of every month at 6:30pm at the Southern Solano Alano Club. 2046 Columbus Pkwy around back



## NOVEMBER SOBRIETY BIRTHDAYS



- Raoul N. 11/03/2005 (18 Years!!)
- Charlie W. 11/06/1977 (46 Years!!)
- Buz M. 11/12/1987 (36 Years!!)
- Chris L. 11/15/1976 (47 Years!!)
- Alex H. 11/17/2010 (13 Years!!)
- Amber P. 11/18/2011 (12 Years!!)
- Craig P. 11/18/2014 (9 Years!!)
- Alicia Z. 11/19/2009 (14 Years!!)
- Leona G. 11/23/2011 (12 Years!!)
- Chuck N. 11/24/2005 (18 Years!!)
- Richie G. 11/24/1988 (35 Years!!)
- Jay B. 11/30/2013 (10 Years!!)
- Star B. 11/30/2013 (10 Years!!)

### District 09 Southern Solano

#### Monthly Birthday Speaker Meeting

At the Clock Tower  
1189 Washington Street Benicia

November 10th at 8:00pm

Victor S.

From El Dorado Hills, CA

**HOST GROUP:**

**FIRST ST. GROUP**

50/50 raffle!



# November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
<p>This isn't the complete list of meetings in District. Check the website <a href="http://aasolanosouth.org">aasolanosouth.org</a> for the latest.</p>	<p>Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st &amp; J St., Benicia 8:00-9:00 PM Every Monday</p>	<p>American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 AM Every Tuesday</p>	<p><b>CENTRAL OFFICE</b> Business Meeting is the first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back</p>	<p>Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday</p>	<p>Vallejo Fellowship 12:00 Noon to 1:00pm 942 Tennessee St, Vallejo Every Friday</p>	<p>Vallejo Fellowship Speaker Night starts at 6:45pm In Person 942 Tennessee St, Vallejo First Saturday of the Month</p>
5	6	7	8	9	10	11
<p>Go to Any Lengths Online 9:30am-10:30am Zoom: 857-669-5455 Every Sunday</p>	<p>American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 PM Every Monday</p>	<p>Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday</p>	<p>Vallejo Fellowship Early Birds 7-8:00am 942 Tennessee St, Vallejo Every Wednesday</p>	<p>Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday</p>	<p>District 09 Monthly <b>BirthDay Speaker</b> Meeting 8:00pm Clock Tower Benicia</p>	<p>2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday</p>
12	13	14	15	16	17	18
<p>Vallejo Fellowship Early Birds 942 Tennessee St, Vallejo 7:00 AM</p>	<p><b>DISTRICT 09 GENERAL SERVICE Business Meeting</b> the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober!</p>	<p>Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday</p>	<p>Attitude Adjust St. Paul's Episc. 1st &amp; J St. Benicia 7-8:00 AM Tu-Sat</p>	<p>11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday</p>	<p>First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia</p>	<p>Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday</p>
19	20	21	22	23	24	25
<p>Benicia Sunday Night Discussion St. Paul's Church 1st &amp; J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday</p>	<p>Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun</p>	<p>Here &amp; Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday</p>	<p>Spring Hill Study Group '12 by 12' Online Zoom: 865 7556 2290 8-9 pm Every Wednesday</p>	<p>Vallejo Fellowship Early Birds 7:00-8:00AM 942 Tennessee St, Vallejo Every Thursday</p>	<p>Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am</p>	<p>Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday</p>
26	27	28	29	30		
<p>*denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.</p>	<p>The Doyle Drivers Women's Group* Southern Solano Alano Club 2046 Columbus Pkwy 7:30-8:30pm Every Monday</p>	<p>Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday</p>	<p>Men' 12by12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday</p>	<p>Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St 6:30-7:30pm Every Thursday</p>	<p>TGIF Living Sober Book Study Southern Solano Alano Club 2046 Columbus Pkwy, Benicia Noon-1:00pm</p>	<p>A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday</p>

**The Vallejo Fellowship is located at:  
942 Tennessee St, Vallejo, CA  
Telephone number is 707-557-6318**

## A.A. ON THE WEB

**Alcoholics Anonymous:** [aa.org](http://aa.org)

**District 09 Southern Solano AA:**  
[aasolanosouth.org](http://aasolanosouth.org)

**NorCalAA:** [norcalaa.org](http://norcalaa.org)

# Birthday Speaker Meeting

**Victor S. from El Dorado Hills, CA**



**Friday, November 19th, 2023**

**8 pm at the Clock Tower in Benicia**

*Hosted by the First St. Group*

**DIRECTIONS TO THE CLOCK TOWER  
1189 WASHINGTON STREET, BENICIA:**

**Concord:** Take HWY 780 to 5th Street Exit.  
Turn left onto 5th Street at the bottom of ramp.

**Vallejo:** Take HWY 780 to 5th Street Exit.  
Turn right onto 5th Street at the bottom of ramp.

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left-hand side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.



**Vallejo Fellowship  
of Alcoholics Anonymous**

942 Tennessee St.  
Vallejo, CA 94591

**THANKSGIVING MARATHON MEETINGS**

WEDNESDAY - NOVEMBER 22nd, 2023

Hall will stay open following the 5:30 p.m.  
Meeting until Midnight including a  
Spanish meeting at 7:00 p.m.

THURSDAY - NOVEMBER 23rd, 2023

Meetings will be Held all Day

APPROXIMATE MEETING TIMES:

7am-8:30-10-Noon-5:30-7pm-8:30-10pm

**HOLIDAY POTLUCK AT 3:00 P.M.**

PLEASE BRING A DISH TO SHARE

**SODAS WILL BE AVAILABLE FOR SALE**

SOUTHERN SOLANO AA  
**HOLIDAY PARTY**  
*at the Benicia Clock Tower*

**Saturday December 9th, 2023**

**DINNER • RAFFLE • DESSERT • MEETING**

*Doors Open 5pm Food Served 6pm*

*Speaker Meeting 8pm*

FEATURING:

Includes Dinner, Pot Luck Dessert, Gift Basket Raffle, 50/50 Raffle, Santa Clause & Face Painting.

**SPECIAL GUEST SPEAKER**  
To Be Announced

**Tickets are \$12 each. Children Accompanied by Paying Adult are FREE. Ticket Sales will be Announced at Meetings. The Speaker Meeting is Free.**

**Pot Luck Dessert: Please bring pre-cut Pies & Cakes, Cookies & Treats on Disposable Dishes Only.**

**For more information:**

**Contact Mike H. at 707.655.8930 (text please)**



# HOME GROUPS

## We Need Your Raffle Donations!

2023 Holiday Party at the Clock Tower  
Saturday December 9th

This year we are asking every Home Group to Donate a Gift Basket or Raffle Prize. We suggest making a separate collection to raise the funds for this Event. Please Pre-label your groups Donation Basket.



Gift Baskets can be purchased or Home made, but **MUST** be contained, wrapped or enclosed in clear plastic/cellophane. [COSTCO.COM](http://COSTCO.COM) has a nice assortment of Baskets ranging from \$25-\$150.



Prizes **MUST** be **NEW** and can be Electronics, Gift Cards, Trips, Dinners, Toys etc.

## Your Donations Are Appreciated!

All Donated Prizes & Gift Baskets should be completed by  
December 6th.

Questions?

Contact Sarah 808.446.0472 Nina 707.430.8576



# *Celebration of Life*

for  
***Valerie B.***

*Saturday*  
*November 11, 2023*  
*3pm-5pm*

***Vallejo Fellowship***

*942 Tennessee Street*  
*Vallejo, CA 94590*



**Valerie Loved Animals...**

**In lieu of flowers, please make a  
Donation to any Humane  
Society in Memory of Valerie.**



**Please Contact Steve P.  
at (707)655-3340**



**Please Bring a Dessert to Share**



AA SOLANO SOUTH

# CENTRAL OFFICE NEEDS SUPPORT!

Central Office is as important to Alcoholics Anonymous as meetings are to Individual AA Members. Without it, AA cannot survive. Over the years volunteer participation has dwindled significantly and we really need people to step up.

**THANK YOU TO ALL WHO HAVE VOLUNTEERED SO FAR,  
THERE ARE STILL POSITIONS AVAILABLE:**

**Central Office Treasurer  
Alternate Chair Person  
General Service Liaison  
H&I Liaison**

**Also many groups are not being represented at the monthly  
Central Office meetings. If your group does not have a  
Central Office Rep, volunteer yourself or nominate someone.**

Meetings are now held in person.  
**First Wednesday of the month.**  
6:30 at the Alano Club,  
2046 Columbus Parkway, around back.



# **Dixon No Name Group 41st Anniversary**

**6PM POTLUCK  
7PM SPEAKERS**

**PIA W FROM VACAVILLE CA**

**WILLIAM "BROTHER WILLIAM" S. FROM STOCKTON CA**

**SATURDAY, NOVEMBER 4TH  
209 N. JEFFERSON ST, DIXON CA**

**Bring a  
dish to  
share**

CALIFORNIA NORTHERN COASTAL AREA 06 OF  
ALCOHOLICS ANONYMOUS PRESENTS

# FALL ASSEMBLY "THE AREA INVENTORY"

SATURDAY, NOVEMBER 4, 2023

Monterey Moose Family Center  
555 Canyon Del Rey Blvd. Del Rey Oaks, CA

Zoom ID: [632 553 607](#) | Password: 1935

<b>Registration:</b>	9:00 – 10:00 am
<b>Orientation:</b>	10:00 – 10:15 am
<b>Area Business Meeting:</b>	10:15 am - 12:00 pm
<b>Lunch:</b>	12:00 – 1:00 pm
<b>Area Inventory:</b>	1:00 – 5:15 pm

1. What role does the Area have in supporting Districts and Groups?
2. How do we ensure we gather an informed Group Conscience?
3. How can the Area operate prudently while considering the Groups we serve?
4. Why are we Hybrid? Access or Equity? What should the Area's role be?
5. How do we grant our trusted servants sufficient authority to match their responsibility?
6. Have we risen to the challenges of service? Where have we fallen short?

**What's on your mind?** 5:15 – 5:30 PM



**Attending online?** Spanish-English Interpretation and Closed Captioning will be provided on Zoom.

**Attending in-person?** Bring your FM RADIO for Spanish-English Interpretation and Assisted Listening.



# THURSDAY NIGHTS OF ZEN

Solano Alano Club

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**11<sup>TH</sup> STEP MEDITATION      5:30PM**  
**RECOVERY YOGA              7PM**

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**No experience necessary!**

**Bring a mat, towel, blanket/beach towel and water.  
Limited supplies available so bring what you have.**

**Try something new or expand your  
existing practice**

**QUESTIONS/EARLY REGISTRATION**

**CALL OR TEXT**

**Kryss Cote 707-225-2199**