

AA DISTRICT 09 SOLANO SOUTH

CENTRAL OFFICE NEWSLETTER

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Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



Central Office needs coverage:

Mondays Noon-3:00PM Shift

2nd and 4th Saturdays,
10-1:00PM Shift

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as-needed basis.

Contact Nancy B.
nbennettmsrd@gmail.com

“We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for a lifetime.”

Alcoholics Anonymous, Page 84



Happy Fall Alcoholic Humans!!!

This is your Newsletter Editor here with a few announcements...

October's Bday Speaker Meeting on Friday the 13th will be held at the Clocktower (flyer on pg 6).

The Monthly Central Office Business Meeting is held at the Alano Club on the first Wednesday of every month at 6:30pm. If your group doesn't have a Central Office Representative, nominate someone or volunteer to attend the meeting! lots of things are happening in this area that your group doesn't want to miss out on.

The Central Office is in need of a Treasurer. The current Treasurer's commitment will be over in December and it's time to rotate a new one in. Please come to the Business meeting on Wednesday October 4th if you are interested!

Contact Jack Z. for questions: 510-714-6192

INSIDE THIS ISSUE

Meeting Notes	2

We are not A GLUM LOT	3

Member's Corner	4

CO Sobriety B-days	4

Calendar	5

Fliers/Announcements	6+



Meeting Notes



A DESIGN FOR LIVING
BIG BOOK STUDY

**Monday Nights
6:00pm-7:00pm
2046 Columbus Parkway, Benicia
Around Back**

**Young (and young at heart)
Meeting**

FRIDAYS at 6:00 PM at the
Southern Solano
Alano Club

COME OUT AND SUPPORT!!!

NEW MEETING
at the
American Canyon Fellowship

11 Poco Way

Hole in the Doughnut Meeting

OPEN DISCUSSION

STARTS SATURDAY SEPT. 9TH

AT 10:00AM

**Vallejo Fellowship
12&12 Meeting**

THURSDAYS, 7:00-8:00PM

12&12 BOOK STUDY

942 TENNESSEE ST.



**SUNDAY NIGHT
SAINT PAULS MEETING
NEEDS SUPPORT!**

OLDEST MEETING IN BENICIA

SPEAKER DISCUSSION MEETING

8:00PM EVERY SUNDAY

On the corner of 1st & J St. in the Parish Hall

WE ARE NOT A GLUM LOT!

i only worry about three things

1. everything that happened



2. everything that is happening



3. everything that will happen

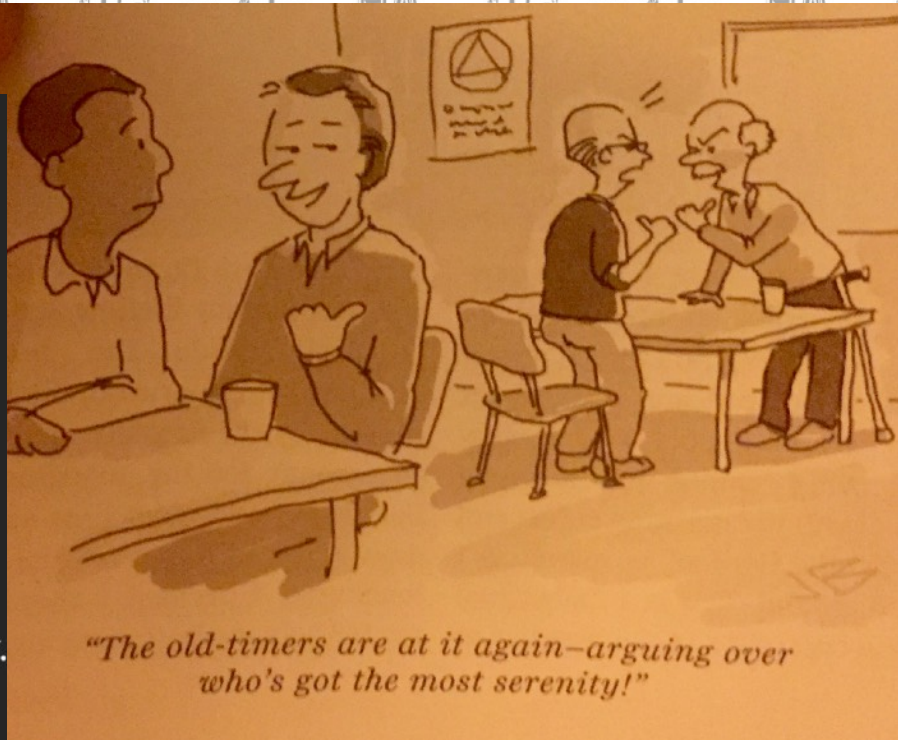
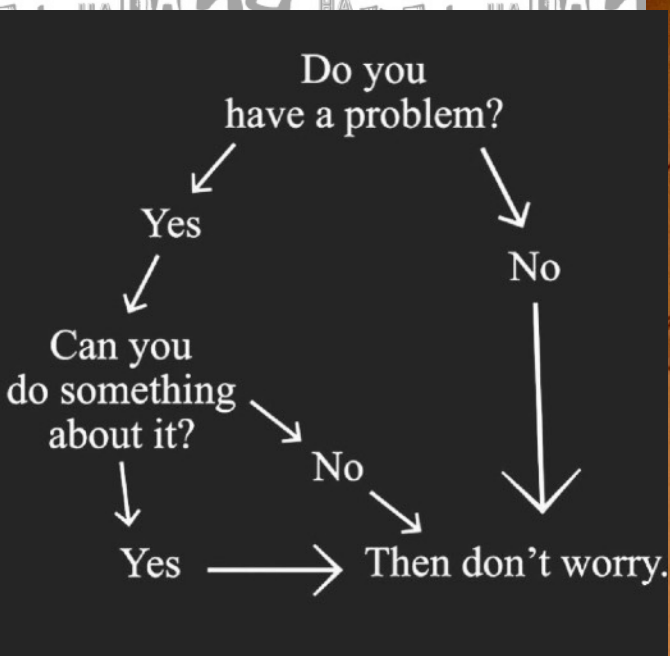


me: hi my name is matt and i'm an alcoholic

AAA: sir this is triple A

me: i know i'm explaining why my car's in the lake

Another young actor's life destroyed by drugs and alcohol



MR. E'S ACRONYMS

Any
Change
Fo
Improve
Our
Nature



Let
Others
Voluntarily
Evolve



The Central Office Business meeting is the first Wednesday of every month at 6:30pm at the Southern Solano Alano Club. 2046 Columbus Pkwy around back



October Sobriety Birthdays



- Gary ? 10/01/2014 (9 Years!!)
- Debbie O. 10/02/2000 (23 Years!!)
- Audrey C. 10/03/2008 (15 Years!!)
- Elaine ? 10/08/2005 (18 Years!!)
- Diane C. 09/13/1995 (28 Years!!)
- Frank M. 10/10/1999 (24 Years!!)
- Terry H. 10/10/2014 (9 Years!!)
- Burt M. 10/12/2012 (11 Years!!)
- Liz E. 10/13/1986 (37 Years!!)
- Jimmy S. 10/19/1999 (24 Years!!)
- Michael B. 10/19/1992 (31 Years!!)
- Elizabeth B. 10/20/1988 (35 Years!!)
- Eric N. 10/26/22 (1 Year!!)

District 09 Southern Solano

Monthly Birthday Speaker Meeting

At the Clock Tower
1189 Washington Street Benicia

October 13th at 8:00pm

Mike G.

From Grand Rapids, MI

HOST GROUP:

HILLTOP (POPCORN)

50/50 raffle!



October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>This isn't the complete list of meetings in District. Check the website aasolanosouth.org for the latest.</p>	<p>Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday</p>	<p>American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 AM Every Tuesday</p>	<p>CENTRAL OFFICE Business Meeting is the first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back</p>	<p>Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday</p>	<p>Vallejo Fellowship 12:00 Noon to 1:00pm 942 Tennessee St, Vallejo Every Friday</p>	<p>Vallejo Fellowship Speaker Night starts at 6:45pm In Person 942 Tennessee St, Vallejo First Saturday of the Month</p>
8	9	10	11	12	13	14
<p>Go to Any Lengths Online 9:30am-10:30am Zoom: 857-669-5455 Every Sunday</p>	<p>DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober!</p>	<p>Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday</p>	<p>Vallejo Fellowship Early Birds 7-8:00am 942 Tennessee St, Vallejo Every Wednesday</p>	<p>Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday</p>	<p>District 09 Monthly Birthday Speaker Meeting 8:00pm Senior Center Benicia</p>	<p>2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday</p>
15	16	17	18	19	20	21
<p>Vallejo Fellowship Early Birds 942 Tennessee St, Vallejo 7:00 AM</p>	<p>American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 PM Every Monday</p>	<p>Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday</p>	<p>Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Tu-Sat</p>	<p>11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday</p>	<p>First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia</p>	<p>Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday</p>
22	23	24	25	26	27	28
<p>Benicia Sunday Night Discussion St. Paul's Church 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday</p>	<p>Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun</p>	<p>Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday</p>	<p>Spring Hill Study Group '12 by 12' Online Zoom: 865 7556 2290 8-9 pm Every Wednesday</p>	<p>Vallejo Fellowship Early Birds 7:00-8:00AM 942 Tennessee St, Vallejo Every Thursday</p>	<p>Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am</p>	<p>Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday</p>
29	30	31				
<p>*denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.</p>	<p>The Doyle Drivers Women's Group* Southern Solano Alano Club 2046 Columbus Pkwy 7:30-8:30pm Every Monday</p>	<p>Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday</p>	<p>Men' 12by12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday</p>	<p>Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St 6:30-7:30pm Every Thursday</p>	<p>TGIF Living Sober Book Study Southern Solano Alano Club 2046 Columbus Pkwy, Benicia Noon-1:00pm</p>	<p>A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday</p>

**The Vallejo Fellowship is located at:
942 Tennessee St, Vallejo, CA
Telephone number is 707-557-6318**

A.A. ON THE WEB

Alcoholics Anonymous: aa.org

District 09 Southern Solano AA:
aasolanosouth.org

NorCalAA: norcalaa.org

Birthday Speaker Meeting

Mike G. from Grand Rapids, MI



Friday, October 13th, 2023

8 pm at the Clock Tower in Benicia

Hosted by Hilltop (Popcorn) Group

**DIRECTIONS TO THE CLOCK TOWER
1189 WASHINGTON STREET, BENICIA:**

Concord: Take HWY 780 to 5th Street Exit.
Turn left onto 5th Street at the bottom of ramp.

Vallejo: Take HWY 780 to 5th Street Exit.
Turn right onto 5th Street at the bottom of ramp.

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left-hand side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.

AA SOLANO SOUTH

CENTRAL OFFICE NEEDS SUPPORT!

Central Office is as important to Alcoholics Anonymous as meetings are to Individual AA Members. Without it, AA cannot survive. Over the years volunteer participation has dwindled significantly and we really need people to step up.

**THANK YOU TO ALL WHO HAVE VOLUNTEERED SO FAR,
THERE ARE STILL POSITIONS AVAILABLE:**

**Central Office Treasurer
Alternate Chair Person
General Service Liaison
H&I Liaison**

**Also many groups are not being represented at the monthly
Central Office meetings. If your group does not have a
Central Office Rep, volunteer yourself or nominate someone.**

Meetings are now held in person.
First Wednesday of the month.
6:30 at the Alano Club,
2046 Columbus Parkway, around back.

THURSDAY NIGHTS OF ZEN

Solano Alano Club

11TH STEP MEDITATION 5:30PM
RECOVERY YOGA 7PM

No experience necessary!

**Bring a mat, towel, blanket/beach towel and water.
Limited supplies available so bring what you have.**

**Try something new or expand your
existing practice**

QUESTIONS/EARLY REGISTRATION

CALL OR TEXT

Kryss Cote 707-225-2199

Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

Vancouver, British Columbia, Canada

July 3-6, 2025

Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding.

Please check the convention webpage at www.aa.org/international-convention for more information, the latest news, and FAQs. As the Convention approaches, the page will be updated with registration information.

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.

**Let's celebrate sobriety together in
Vancouver in 2025!**