

AA DISTRICT 09 SOLANO SOUTH

CENTRAL OFFICE NEWSLETTER

AASOLANOSOUTH.ORG SOSOEDITOR@GMAIL.COM

Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



Central Office needs coverage:

Mondays Noon-3:00PM Shift

3rd and 4th Saturdays,
10-1:00PM Shift

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as needed basis.

Contact Nancy B.
nbennettmsrd@gmail.com

“Learning how to live in the greatest peace, partnership, and brotherhood with all men and women, of whatever description, is a moving and fascinating adventure.”

Twelve Steps & Twelve Traditions, Pg. 77



INSIDE THIS ISSUE

Meeting Notes **2**

We are not A GLUM LOT **3**

Member's Corner **4**

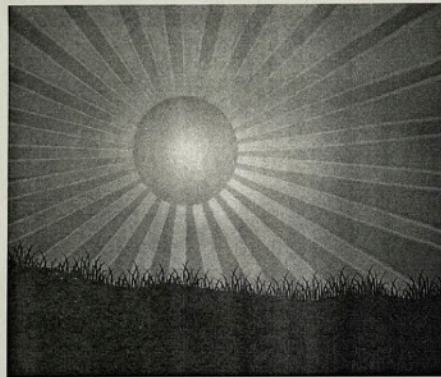
CO Sobriety B-days **4**

Calendar **5**

Fliers/Announcements **6+**



Vallejo Fellowship's 78th Anniversary Party



**Saturday
August 12th,
2023**

6pm to 10pm
(Doors open at 5:30)

*Join us as to celebrate
the Sunlight of the Spirit.*

Dinner! Raffle Prizes! Fellowship! Cake!

*Special Main Dish of chicken, rice and salad provided.
Please bring an appetizer, side dish or dessert to share.*

*Florence Douglas Senior Center
333 Amador Street Vallejo, Ca 94595*

Meeting Notes

Online Meetings Need Support

Some people are still unable to get out to live meetings because of health reasons. Your presence could be of service to them.

TUESDAY HERE AND NOW BOOK STUDY

12noon-1pm

Zoom Meeting ID: 865 7556 2290

SUNDAY MORNING ATTITUDE ADJUSTMENT

6:30-7:30am

Zoom ID: 401 588 9045

Password: Attitude

**A DESIGN FOR LIVING
BIG BOOK STUDY**

Monday Nights

6:00pm-7:00pm

2046 Columbus Parkway, Benicia

Around Back

**Young (and young at heart)
Meeting**

FRIDAYS at 6:00 PM at the
Southern Solano
Alano Club

COME OUT AND SUPPORT!!!

The Doyle Drivers
Topic Discussion
Women's Meeting

NEW LOCATION

Now at the Southern Solano Alano Club

2046 Columbus Parkway, Benicia
around back

MONDAYS AT 7:30-8:30pm

**Vallejo Fellowship
12&12 Meeting**

THURSDAYS, 7:00-8:00PM

12&12 BOOK STUDY

942 TENNESSEE ST.



**SUNDAY NIGHT
SAINT PAULS MEETING
NEEDS SUPPORT!**

OLDEST MEETING IN BENICIA
SPEAKER DISCUSSION MEETING
8:00PM EVERY SUNDAY

On the corner of 1st & J St. in the Parish Hall

WE ARE NOT A GLUM LOT!

WHAT IF IT'S TOO LATE?
WHAT IF IT NEVER GETS BET
WHAT IF SOMEONE GETS HUR
AT NEVER BE HAPPY?
IF JUST THE WAY ITS
SUS TO BE? WHAT IF T
IS ALL HERE IS? WHAT IF W

IF I NEVER REALIZE MY DRE
WHAT IF ALL THE Hey YORK HAS B
OR NOTHING? WHAT IF I'M NOT
EN WHAT IF I'M PRENT
GAT IF I'M HAVING WHAT
TR I'M GOING TO DO? WHAT
LA ME IF TH

What if everything is going to be okay?

I hadn't thought of that.



Newcomer:
How long do I have to work the program?

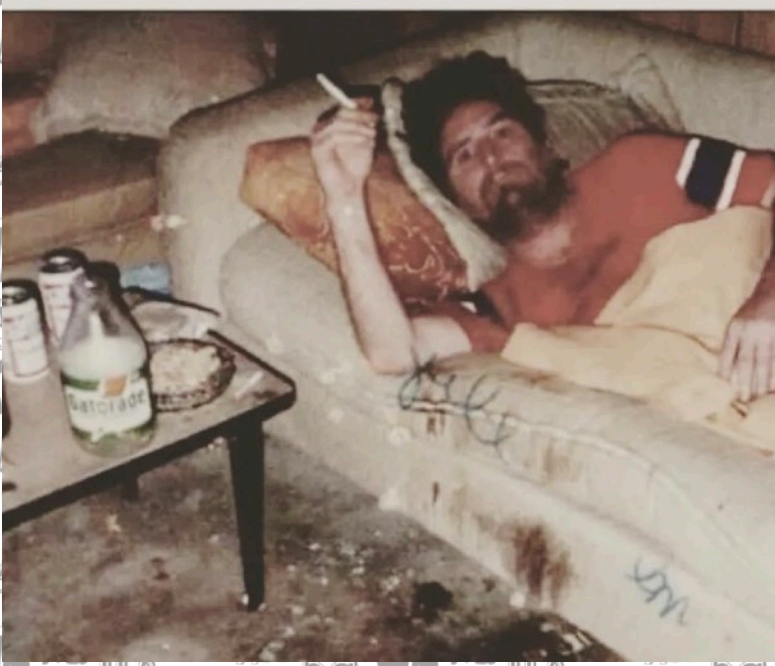


Sponsor:
...until you die from something else.

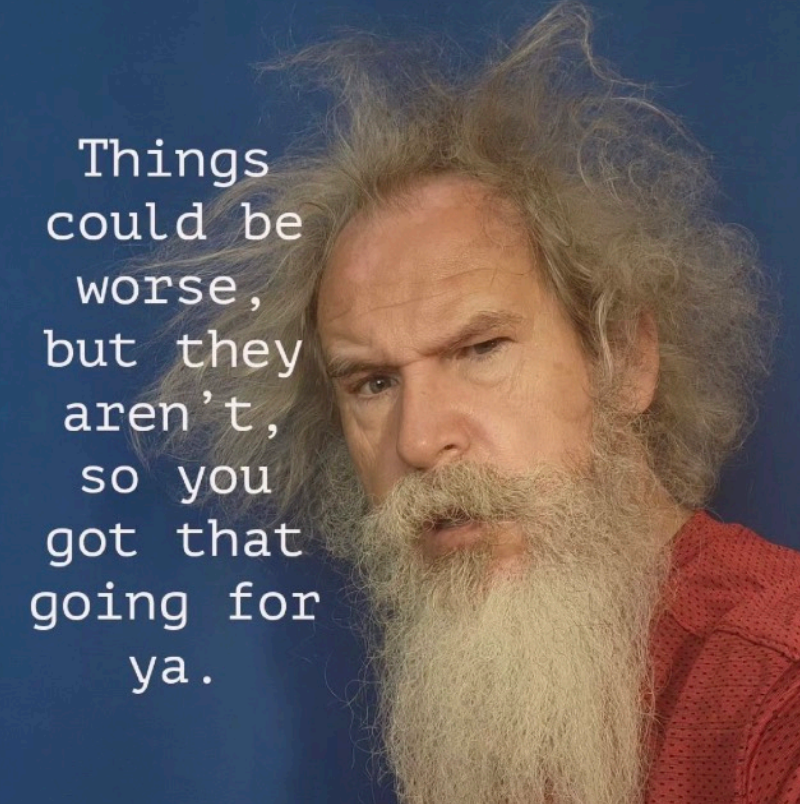
When you finally figure out who is responsible for all your life's suffering.



Me: I'm only going out for one drink
5 years later...



Things could be worse, but they aren't, so you got that going for ya.



MR. E'S ACRONYMS

How
Our
Program
Exists



Continue
Having
A
New
Growth
Experience



The Central Office Business meeting is the first Wednesday of every month at 6:30pm at the Southern Solano Alano Club. 2046 Columbus Pkwy around back

August Sobriety Birthdays



- Terri S. 08/02/2012 (11 Years!!)
- Philippa H. 08/08/2009 (14 Years!!)
- Robert R. 08/10/2013 (10 Years!!)
- Debbie C. 08/11/1995 (28 Years!!)
- Miss Reiko 08/11/2015 (8 Years!!)
- Victor R. 08/13/2000 (23 Years!!)
- Jim W. 08/17/2015 (8 Years!!)
- Robert F. 08/17/1991 (32 Years!!)
- Janeen T. 08/22/1992 (31 Years!!)
- Michael L. 08/22/2008 (15 Years!!)
- Willie J. 08/22/1988 (35 Years!!)
- Adina B. 08/30/2003 (30 Years!!)
- Will M. 08/31/1999 (24 Years!!)

District 09 Southern Solano Monthly Birthday Speaker Meeting

At the Clock Tower
1189 Washington Street Benicia
August 11th at 8:00pm

Ralph M.

From Walnut Creek, CA

HOST GROUPS:
**BENICIA STRAITS &
MONDAY NIGHT BB STUDY**



August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
<p>This isn't the complete list of meetings in District. Check the website aasolanosouth.org for the latest.</p>	<p>Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday</p>	<p>American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 AM Every Tuesday</p>	<p>CENTRAL OFFICE Business Meeting is the first Wednesday of every month at 6:30pm So. Solano Alano Club. 2046 Columbus Pkwy around back</p>	<p>Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday</p>	<p>Vallejo Fellowship 12:00 Noon to 1:00pm 942 Tennessee St, Vallejo Every Friday</p>	<p>Vallejo Fellowship Speaker Night starts at 6:45pm In Person 942 Tennessee St, Vallejo First Saturday of the Month</p>
6	7	8	9	10	11	12
<p>Go to Any Lengths Online 9:30am-10:30am Zoom: 857-669-5455 Every Sunday</p>	<p>American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 PM Every Monday</p>	<p>Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday</p>	<p>Vallejo Fellowship Early Birds 7-8:00am 942 Tennessee St, Vallejo Every Wednesday</p>	<p>Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday</p>	<p>District 09 Monthly BirthDay Speaker Meeting 8:00pm Senior Center Benicia</p>	<p>2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday</p>
13	14	15	16	17	18	19
<p>Vallejo Fellowship Early Birds 942 Tennessee St, Vallejo 7:00 AM</p>	<p>DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm Zoom Id: 841 6742 5294 PW: yaysober!</p>	<p>Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday</p>	<p>Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Tu-Sat</p>	<p>11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday</p>	<p>First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia</p>	<p>Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday</p>
20	21	22	23	24	25	26
<p>Benicia Sunday Night Discussion St. Paul's Church 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday</p>	<p>Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun</p>	<p>Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday</p>	<p>Spring Hill Study Group '12 by 12' Online Zoom: 865 7556 2290 8-9 pm Every Wednesday</p>	<p>Vallejo Fellowship Early Birds 7:00-8:00AM 942 Tennessee St, Vallejo Every Thursday</p>	<p>Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am</p>	<p>Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday</p>
27	28	29	30	31		
<p>*denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.</p>	<p>The Doyle Drivers Women's Group* Southern Solano Alano Club 2046 Columbus Pkwy 7:30-8:30pm Every Monday</p>	<p>Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday</p>	<p>Men' 12by12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday</p>	<p>Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St 6:30-7:30pm Every Thursday</p>	<p>TGIF Living Sober Book Study Southern Solano Alano Club 2046 Columbus Pkwy, Benicia Noon-1:00pm</p>	<p>A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday</p>

**The Vallejo Fellowship is located at:
942 Tennessee St, Vallejo, CA
Telephone number is 707-557-6318**

A.A. ON THE WEB

Alcoholics Anonymous: aa.org

District 09 Southern Solano AA:
aasolanosouth.org

NorCalAA: norcalaa.org

Birthday Speaker Meeting

Ralph M. from Walnut Creek, CA



Friday, August 11th, 2023

8 pm at the Clock Tower in Benicia

Hosted by Benicia Straits and Monday Night Big Book Study

**DIRECTIONS TO THE CLOCK TOWER
1189 WASHINGTON STREET, BENICIA:**

Concord: Take HWY 780 to 5th Street Exit.
Turn left onto 5th Street at the bottom of ramp.

Vallejo: Take HWY 780 to 5th Street Exit.
Turn right onto 5th Street at the bottom of ramp.

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left-hand side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.

AA SOLANO SOUTH

CENTRAL OFFICE NEEDS SUPPORT!

Central Office is as important to Alcoholics Anonymous as meetings are to Individual AA Members. Without it, AA cannot survive. Over the years volunteer participation has dwindled significantly and we really need people to step up.

**THANK YOU TO ALL WHO HAVE VOLUNTEERED SO FAR,
THERE ARE STILL POSITIONS AVAILABLE:**

Central Office Treasurer *(Vacant in July)*

Alternate Chair Person

General Service Liaison

H&I Liaison

**Also many groups are not being represented at the monthly
Central Office meetings. If your group does not have a
Central Office Rep, volunteer yourself or nominate someone.**

Starting July 5th

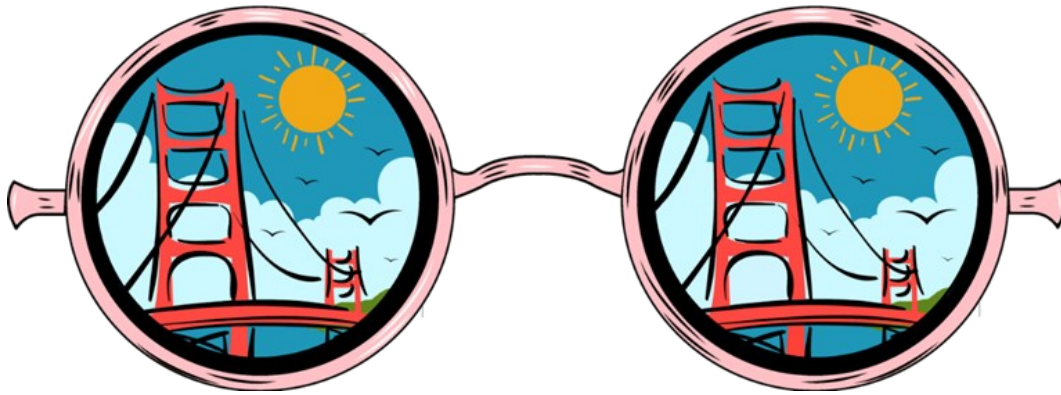
Meetings will be held in person.

First Wednesday of the month.

6:30 at the Alano Club,

2046 Columbus Parkway, around back.

Watch Loneliness Vanish



The 63rd ICYPAA

International Conference of Young People
in Alcoholics Anonymous

Labor Day Weekend

Friday - Monday

September 1 - 4, 2023

San Francisco Marriott Marquis
780 Mission Street
San Francisco

www.ICYPAA.org

Pre-reg and book your room now!



Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

Vancouver, British Columbia, Canada

July 3-6, 2025

Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding.

Please check the convention webpage at www.aa.org/international-convention for more information, the latest news, and FAQs. As the Convention approaches, the page will be updated with registration information.

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.

**Let's celebrate sobriety together in
Vancouver in 2025!**