

AA DISTRICT 09 SOLANO SOUTH

# CENTRAL OFFICE NEWSLETTER

[AASOLANOSOUTH.ORG](http://AASOLANOSOUTH.ORG) [SOSOEDITOR@GMAIL.COM](mailto:SOSOEDITOR@GMAIL.COM)

Central Office: 159 East D. St. Suite G, Benicia, CA 94510 (707) 745-8822



**Central Office needs coverage these times:**

**Tuesday and Thursday mornings, 9am-Noon**

**Monday and Tuesday afternoons, Noon-3pm**

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on an as needed basis.

**Contract Trish at 925-238-1425**

*“Helping others is the foundation stone of your recovery.”*  
*(Alcoholics Anonymous, page 97)*



**PRAASA’S PURPOSE**

The purpose of PRASSA is to develop greater unity among the members, groups, and Areas of the Pacific Region, to encourage the exchange of ideas and experiences, and provide an opportunity for members to discuss pertinent aspects of A.A.

The Pacific Region Alcoholics Anonymous Service Assembly is a mix of panel presentations, roundtable discussions, open mic sharing, and speakers.

Topics for the presentations and sharing are focused on general service. Come join over 1000 excited A.A. members from all over the Pacific Region. Anyone can attend! This year, the conference is being held in Los Angeles and hosted by Southern California Area 05.

**EVENT ADDRESS:**  
Los Angeles Airport Marriott  
5855 West Century Blvd  
Los Angeles, CA 90045  
(310) 641-5700

For more info, visit [praasa.org](http://praasa.org)

56th Pacific Region Alcoholics Anonymous Service Assembly  
**PRAASA 2023 LOS ANGELES**  
March 3 - 5  
LAX Marriott  
**Live And In Person!**

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## Meeting Notes

### Online Meetings Need Support

Some people are still unable to get out to live meetings because of health reasons. Your presence could be of service to them.

**TUESDAY HERE AND NOW BOOK STUDY**

**12noon-1pm**

**Zoom Meeting ID: 865 7556 2290**

**SUNDAY MORNING ATTITUDE ADJUSTMENT**

**6:30-7:30am**

**Zoom ID: 401 588 9045**

**Password: Attitude**

### Monday Night Women's Meeting

#### NEW LOCATION

**Now at the Southern Solano Alano Club**

2046 Columbus Parkway, Benicia

around back

7:30-8:30pm

### VANCOUVER 2025

Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding. The International Convention will take place from July 3rd-July 6th, 2025, at the Vancouver Convention Centre and BC Place Stadium.

As the Convention approaches, we will update our website with registration information. Let's celebrate sobriety together in Vancouver in 2025!

### One of Benicia's favorites needs support! (Still going online)

GO TO ANY LENGTHS MEETING

SUNDAYS AT 9:30AM ON ZOOM

ZOOM ID: 857-669-5455

PASSWORD: sundays

### ATTITUDE ADJUSTMENT MORNING MEETINGS are in full swing!



**COME DRINK SOME COFFEE! Located at St. Pauls Church (corner of 1st and J street in Benicia)**

**All of the morning meetings of Attitude Adjustment need support- Tuesday, Wednesday, Thursday, Friday and Saturday from 7-8am**

### Benicia Straits Meeting

Tuesday Nights, 7:30-8:45pm

#### NEEDS SUPPORT

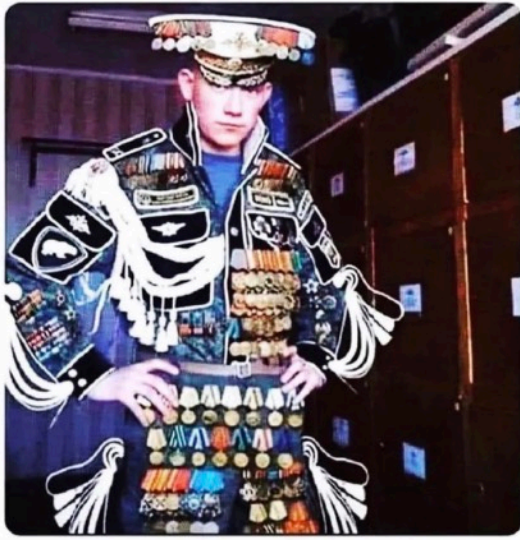
Located at the Southern Solano Alano Club  
2046 Columbus Parkway, around back.

AA Chips every week; speaker meeting

# WE ARE NOT A LUM GLOT!



Me if I had a badge for every drunk adventure I've survived.



Google

Am I an alcoholic?

People who don't have a problem with alcohol don't wonder if they do.

Don't Stop Being



A GOOD PERSON

It's fun pretending we know each other from somewhere besides AA.



## UPDATING THE CENTRAL OFFICE 12 STEP CALL LIST

Volunteers are still needed for 12 step calls at Central Office. We need the groups' help in collecting the phone numbers of the members. Please have your Central Office Representative pick up a sign-up sheet to circulate around your home group. If you don't have a Central Office Representative for your home group, BECOME ONE! NOMINATE SOMEONE!

If you have questions or want to get a sign-up sheet sent to you via email, contact our wonderful Central Office Coordinator, Trish T at... (925) 238-1425 or [thartzell83@gmail.com](mailto:thartzell83@gmail.com)

*Please give a big thank you to all of our Central Office volunteers for their ongoing efforts to carry the message of sobriety*



## February Sobriety Birthdays



- Greg C. 02/02/2015 (8 Years!!)
- Kathleen D. 02/04/1985 (38 Years!!)
- Al G. 02/05/2008 (15 Years!!)
- Steve R. 02/07/2015 (8 Years!!)
- Bruce A. 02/08/2014 (9 Years!!)
- Francisco 02/08/2014 (9 Years!!)
- Cathi T. 02/12/2007 (16 Years!!)
- Steve C. 02/12/2012 (11 Years!!)
- Billie Jo 02/16/1992 (31 Years!!)
- Erica R. 02/18/2015 (8 Years!!)
- Dave 02/20/2003 (20 Years!!)
- Anna J. 02/21/21 (2 Years!!)
- Bailey Ann 02/26/20 (3 Years!!)
- Dan E. 02/26/2001 (22 Years!!)

The Central Office Business meeting is the first Wednesday of every month at 7:30pm on Zoom

Zoom ID: 935 8983 2790  
Password: 841785

### REMINDER:

Please bring your old AA chips to turn in when getting your new chip at the Monthly Bday Speaker Meeting

You can turn them in to Tony at the front table

## District 09 Southern Solano

### Monthly Birthday Speaker Meeting

At the Clock Tower  
1189 Washington Street Benicia

**FEBRUARY 10th at 8:00pm**

**Fernando S.**  
FROM CONCORD, CA

**HOST GROUP:  
AMERICAN CANYON  
FELLOWSHIP**



**TALK  
DOES NOT COOK THE RICE**

# FEBRUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
This isn't the complete list of meetings in District and meetings are changing weekly regarding COVID. Check the website for the latest.	Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday	American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 AM Every Tuesday	<b>CENTRAL OFFICE</b> Business Meeting is the first Wednesday of every month at 7:30pm on Zoom Zoom. ID: 935 8983 2790 PW: 841785	Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Church 8:00-9:00pm No Smoking Every Thursday	Vallejo Fellowship 12:00 Noon to 1:00pm 942 Tennessee St, Vallejo Every Friday	Vallejo Fellowship Speaker Night starts at 6:45pm In Person 942 Tennessee St, Vallejo First Saturday of the Month
5	6	7	8	9	10	11
Go to Any Lengths Online 9:30am-10:30am Zoom: 857-669-5455 Every Sunday	American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 PM Every Monday	Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday	Vallejo Fellowship Early Birds 7-8:00am 942 Tennessee St, Vallejo Every Wednesday	Daily Reflections Southern Solano Alano Club 2046 Columbus Pkwy Noon-1pm Every Thursday	<b>District 09 Monthly Birthday Speaker</b> Meeting 8:00pm Clock Tower	2 or More Big Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday
12	13	14	15	16	17	18
Vallejo Fellowship Early Birds 942 Tennessee St, Vallejo 7:00 AM	DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm Zoom Id: 895 6759 4853	Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday	Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Tu-Sat	11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday	First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2nd Street Benicia	Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday
19	20	21	22	23	24	25
Benicia Sunday Night Discussion St. Paul's Church 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4th Sunday	Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun	Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday	Spring Hill Study Group '12 by 12' Online Zoom: 865 7556 2290 8-9 pm Every Wednesday	Vallejo Fellowship Early Birds 7:00-8:00AM 942 Tennessee St, Vallejo Every Thursday	Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am	Came to Believe Candlelight Meeting Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday
26	27	28	29	30	31	1
*denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend.	Vallejo Women's Group* Southern Solano Alano Club 2046 Columbus Pkwy 7:30-8:30pm Every Monday	Benicia First St. Group Heritage Pres. Ch. 1400 E 2nd St Benicia 6:30-7:30pm Every Tuesday	Men' 12by12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday	Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St 6:30-7:30pm Every Thursday	TGIF Living Sober Book Study Southern Solano Alano Club 2046 Columbus Pkwy, Benicia Noon-1:00pm	A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday

**The Vallejo Fellowship is located at:  
942 Tennessee St, Vallejo, CA  
Telephone number is 707-557-6318**

## A.A. ON THE WEB

**Alcoholics Anonymous:** [aa.org](http://aa.org)

**District 09 Southern Solano AA:**  
[aasolanosouth.org](http://aasolanosouth.org)

**NorCalAA:** [norcalaa.org](http://norcalaa.org)

# Birthday Speaker Meeting

**Fernando S. from Concord, CA**



**Friday, February 10th, 2023**

**8 pm at the Clock Tower in Benicia**

*Hosted by the American Canyon Fellowship*

**DIRECTIONS TO THE CLOCK TOWER  
1189 WASHINGTON STREET, BENICIA:**

**Concord:** Take HWY 780 to 5th Street Exit.  
Turn left onto 5th Street at the bottom of ramp.

**Vallejo:** Take HWY 780 to 5th Street Exit.  
Turn right onto 5th Street at the bottom of ramp.

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left-hand side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.



A CELEBRATION OF LIFE

*Michael  
Hughbanks*

Sunday, February 5th, 1:30pm  
Vallejo Fellowship  
942 Tennessee St

**PLEASE BRING A DISH TO SHARE  
&  
A STORY OF MICHAEL TO TELL**



# **GIRLS GONE MILD**

**Women's  
Interactive Big Book Study  
on Zoom**

## **You're Invited**

**Zoom in & join us as we learn more  
about sobriety as outlined in the Big  
Book of Alcoholics Anonymous at  
879-7735-3604.**

**Password is Serenity**

**Monday Nights at 7:00 PM**

**Text Tina O at 510-685-0601 for more info**

