

AA District 09 Solano South

CENTRAL OFFICE NEWSLETTER



www.aasolanosouth.org SOSOEDITOR@GMAIL.COM

Central Office: 159 East D St., Benicia, CA 94510—(707) 745-8822



Central Office is located in the back

Central office coverage :

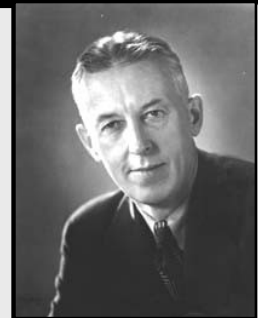
Tuesday and Thursday mornings
10am-1pm

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on a as needed basis.

Contract Trish at
925-238-1425

"If we expend even five percent of the time on Step Eleven that we habitually (and rightly) lavish on Step Twelve, the results can be wonderfully far-reaching."

AA Co-Founder, Bill W., June 1958, "Take Step Eleven," *The Language of the Heart*



The Vallejo Fellowship Needs Support!

One of the oldest fellowships in California, the Vallejo Fellowship is in need of support. As many of you know expenses have increase and this Fellowship could use some help. Many of us found the first hand of welcome in AA at this fellowship. It's time to give back. Here's were to make 7th Step donations:

P.O Box 822, Vallejo CA 94590
Venmo @vallejo-fellowship



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Holiday Party

at the Benicia Clock Tower

Saturday December 3rd

- Doors open at 5pm
- Food Served at 6pm
- Speaker Meeting 8pm
- Dancing 9pm

Special Guest Speakers:
Don A. - AA Speaker
Liz E. - Al Anon Speaker

Pot Luck Dessert: Please bring pre-cut Pies & Cakes, Cookies & Treats on Disposable Dishes Only



Still looking for a new Newsletter Editor

This is the last issue of the Newsletter that I will be making. If you are interested in carrying on this service please contact me at John M. sosoeditor@gmail.com



Step 12

“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.”

Meeting Notes:

The oldest meeting Benicia:



St. Paul's Sunday Night Needs Support!
 8pm every Sunday
Great speakers, great sobriety, and birthday treats every 4th Sunday

Online Meetings Need Support

Several members can't do in-person meetings for health reasons. These meetings need continued support (all use same Meeting ID: 865 7556 2290):



Tuesday Here and Now Book Study 12noon-1pm
Friday-Night Lights-Daily Reflections 8pm-9pm *Closed*

Attitude Adjustment Morning Meetings Are in full Swing!

Come Taste the Coffee!

all of the other morning meetings of Attitude Adjustment need support too! – Tues, Wed, Thur, Fri, Sat 7am-8am

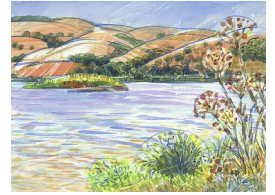


Benicia Straits Meeting

Tuesdays 7:30-9pm (with a short break)

At the Southern Solano Alano Club
 2046 Columbus Pkwy, Benicia

This speaker discussion meeting could use support



CNCA 06

California Northern Coastal Area of AA

Area Chair Report:

...what a month;

I'd like to start thanking District 90 for hosting the first Hybrid Elections Assembly and members from our sister Area CNIA for helping with the tech part and counting votes along with Reilly our current Pacific Regional Trustee after hearing her Experience Strength and Hope prior to the Assembly with an incredible turn out. This is the order on the Elected Panel 73 Area Officers

- Delegate: Eric L.
- Alternate Delegate: Miguel H.
- Chair: Chitra S.
- Treasurer: Claudia N.
- Registrar: Drew B.
- Recording Secretary: Sarah B.
- Assembly Coordinator: Jackie B.
- Literature, Grapevine & La Viña Chair: PENDING

Congratulations to all of you!! Even though we are still figuring out the best way and practice to elect our missing Area Officer for the Literature Grapevine La Viña Chair , more will be revealed soon. Thank you to all of you that made themselves available at the Assembly my full admiration and love for all the work you've done during this outgoing Panel.

Today we in A.A. are together, and we know we are going to stay together. We are at peace with each other and with the world around us. The Area has resolved so many of our conflicts that our destiny seems secure. The problems of yesterday have produced the blessings of today.

Ours is not the usual success story: rather it is the story of how, under God's grace, an unsuspected strength has arisen out of great weakness: of how, under threats of disunity and collapse, world-wide unity and brotherhood have been forged. In the course of this experience we have evolved a set of traditional principles by which we live and work together and relate ourselves as fellowship to the world around us. "A.A. Comes to age"
 Thank you for allow me to serve

Miguel H
 CNCA Chair P71

www.cnca06.org

One of Benicia's Favorites Needs Support!



Still going on line! **Go To Any Length Meeting**

Sunday @ 9:30am Zoom: 857-669-5455
 Password: sundays

Just a little reminder:

Closed 11th Step Discussion Meeting

10am @ Alano Club Sunday

10 minute meditation then readings and shares. Great meeting. Come join Us!!!



We Are Not A Glum Lot



The "Glum Lot" section of the newsletter has been going on for years. Alex H. was one who started it and I've continued it for last 5 years. If you are interested in receiving the complete collection of all of the "Glum Lot" sections from each newsletter over the last 5 years please shoot me an email I will send you the PDF. John M. SOSOEDITOR@GMAIL.COM

Before I go, a joke:

Definition of an alcoholic bottom: When things get worse faster than you can lower your standards.

Vancouver 2025



Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding. The International Convention will take place from July 3 - 6, 2025, at the Vancouver Convention Centre and BC Place Stadium.

As the Convention approaches, we will update our website with registration information. Let's celebrate sobriety together in Vancouver in 2025!



ONLY DRINK ON WEEKENDS?
"You might be an alcoholic if"



"Rudy, with your nose so bright, won't you join our meeting tonight?"



First, make sure your MASK is secure.
Then, help those you sponsor.



"I still resented her until I did my Fifth Step. My sponsor said, 'All that anger over a little porridge?'"

SEND YOUR SUBMISSIONS TO
SOSOEDITOR@GMAIL.COM



"Which promise was this again?"
-Doug R., Grand Island, Neb.



**YOU'RE AN ALCOHOLIC
ADDICT?**

**DOES THAT MEAN YOU'RE
ADDICTED TO ALCOHOLICS?!**



Updating the Central Office 12 Step Call List

Volunteers are still needed for 12 Steps calls at Central Office. We need the groups' help in collecting the phone numbers. Please have your Central Office Representative pick up a sign-up sheet to circulate around your home group. If you don't have a Central Office Representative for your home group, become one!

If you have questions or want to get a sign-up sheet sent to you via email contact our wonderful Central Office Coordinator, Trish T at:

via phone, text or email (925) 238-1425
Thartzell83@gmail.com

Please give a big thank you to all of our Central Office volunteers for there ongoing efforts to carry the message

OPEN SERVICE POSITIONS

Central Office:

All Service Positions will rotate in January (exception is chair position). If you'd like to get into service at Central Office please plan to attend the December meeting this month. For more information on the positions contact your Central Office representative.

**Central Office meeting is the first Wednesday of every month at 7:30pm on Zoom
Zoom Id: 935 8983 2790 pw: 841785**

General Service Announcement District 09

Do you LOVE AA? Was it there for you when you needed it?

Just like getting sober, we can't do it alone. AA World Service relies on volunteers to step up and fill the necessary roles for General Service to function. Not everyone is cut out to be a sponsor. Maybe you've done every commitment at your meeting, twice. Maybe you've been the Meeting Secretary 18 times and want to try something new. Have you been denying the Call to General Service?

- DCMs, to help the GSRs and attend Assemblies to vote on Area business
- DCMC, to run the monthly District Business meeting and attend Assemblies
- DCMC-Alt
- Recording Secretary
- Archives
- BTG Chair
- PICPC Chair
- C.O. Liasion

**District General Service meeting is the second Monday of every month at 7pm on Zoom
Zoom Id: 895 6759 4853**

Reminder:

Please bring your old AA chips to turn in when getting your new chip at the Solano South Monthly Birthday Speaker Meeting

You can turn them in to Tony at the front table



The Central Office Corner

Sobriety Birthdays In the month of



December



- Tom P. 12/2/2014 (8 Years!!)**
- Bill H. 12/19/1985 (37 Years!!)**
- Elmer C. 12/12/2009 (13 Years!!)**
- Charlie B. 12/10/2004 (18 Years!!)**
- Marty L. 12/28/2009 (13 Years!!)**
- Chuck E. 12/04/2014 (8 Years!!)**
- Darren Woody 12/03/92 (30 Years!!)**
- Sue D. 12/24/1998 (24 Years!!)**
- Anrae W. 12/07/1984 (38 Years!!)**
- Bruce M. 12/29/1984 (38 Years!!)**
- Ed C. 12/29/1987 (35 Years!!)**
- Karen F. 12/17/1988 (34 Years!!)**
- Suzanne C. 12/28/1987 (35 Years!!)**
- Josh G. 12/03/2002 (20 Years!!)**
- Stephanie G. 12/16/2003 (19Years!!)**
- Maggie K. 12/24/1975 (47 Years!!)**

District 09 Solano South

Monthly Birthday Speaker Meeting!

Mary M. From San Ramon
December 9th 8:00pm

Host group:

**Benicia Straits and
2 or More Book Study**

**At Benicia
Clock Tower**

**1189 WASHINGTON
STREET, BENICIA**



A.A. District 09 December 2022 Southern Solano County

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27 This isn't the complete list of meetings in District and meetings are changing weekly regarding COVID. Check the website for the latest.	28 Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday	29 American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 AM Every Tuesday	30 Vallejo Fellowship <i>Early Birds</i> 7-8:00am 942 Tennessee St, Vallejo Every Wednesday	1 Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Chr. 8:00-9:00pm No Smoking Every Thursday	2 Vallejo Fellowship 12:00 Noon to 1:00pm 942 Tennessee St, Vallejo Every Friday	3 Vallejo Fellowship Speaker Night starts at 6:45pm In Person 942 Tennessee St, Vallejo Holiday Party!
4 Go to Any Lengths Online 9:30am-10:30am Zoom: 857-669-5455 Every Sunday	5 American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 PM Every Monday	6 Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday	7 CENTRAL OFFICE Business Meeting the first Wednesday of every month at 7:30pm on Zoom Zoom Id: 935 8983 2790 pw: 841785	8 Benicia First Street Group 6:30-7:30pm Heritage Pres. Ch 1400 E 2nd St, Benicia Every Thursday	9 District 09 Monthly Birthday Speaker Meeting 8:00pm Clock Tower	10 2 or More Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday
11 * denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend	12 DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm Zoom Id: 895 6759 4853	13 Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday	14 Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Tu-Sat	15 11 th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday	16 First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2 nd Street Benicia	17 Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday
18 Benicia Sunday Night Discussion St. Paul's Episc. 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4 th Sunday	19 Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun	20 Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday	21 Spring Hill Study Group '12 by 12' Online Zoom: 865 7556 2290 8-9 pm Every Wednesday	22 Vallejo Fellowship <i>Early Birds</i> 7:00-8:00AM 942 Tennessee St, Vallejo Every Thursday	23 Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am	24 Came to Believe Overlook Park Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday
25 Vallejo Fellowship Early Birds 942 Tennessee St, Vallejo 7:00 AM Christmas	26 Vallejo Women's Group* The First Christian Church 1035 Indiana St. Vallejo, Ca. 94590	27 Benicia First St. Group Heritage Pres. Ch. 1400 E 2 nd St Benicia 6:30-7:30pm Every Tuesday	28 Men' 12by12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday	29 Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St 6:30-7:30pm Every Thursday	30 TGIF Living Sober Book Study Southern Solano Alano Club 2046 Columbus Pkwy, Benicia noon-1:00pm.	31 A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday
1 First Street Group 12 and 12 Meeting Heritage Presbyterian Church 1400 East 2nd St New Years	2 Vallejo Fellowship Early Birds 7am 942 Tennessee St. Vallejo	<p style="text-align: center;">A.A. On the Web... Alcoholics Anonymous Official Site: http://www.aa.org/ District 09 Southern Solano AA http://www.aasolanosouth.org/ NorCalAA http://norcalaa.org/index.html</p>				

**The Vallejo Fellowship is located at:
 942 Tennessee St, Vallejo, CA
 Vallejo Fellowship Telephone number is
 707-557-6318**

**You can make
 your contributions
 to Central Office
 electronically
 through:**



venmo

Please visit Venmo.com on your computer or the Venmo app on your phone and search for our Treasurer, @Michael-LaPlante-8. You will be able to make a contribution there. **Thank you!**

South Solano County

Central Office

All Prices include 8.625% Sales Tax

CODE	Book Description	Price
B-0	Anniversary 75 Edition of Alocholics Anonymous	\$13.50
B1	Alcoholics Anonymous 4th Edition(Hard Cover)	\$11.00
B30	Alcoholics Anonymous 4th Edition (Soft cover)	\$10.00
B16	Alcoholics Anonymous 4th Edition (Large Print))	\$12.00
B35	Alcoholics Anonymous 4th Edition (Abr. Pocket Version)	\$5.75
B2	12 Steps and 12 Traditions	\$11.00
B15	12 Steps and 12 Traditions (Soft Cover)	\$9.50
B14	12 Steps and 12 Traditions (Large Print)	\$10.00
B17	12 Steps and 12 Traditions (Pocket Soft Cover)	\$7.50
B12	Daily Reflections	\$12.00
B19	Daily Reflections (Large Print)	\$13.00
B7	Living Sober	\$6.50
B25	Living Sober (Large Print)	\$7.00
B5	As Bill Sees It (Hard and Pocket Version)	\$10.00
B27	As Bill Sees It (Large Print)	\$10.50
B6	Came To Believe	\$6.50
B26	Came To Believe (Large Print)	\$7.00
B3	AA Comes of Age	\$12.00
B8	Dr. Bob and the Good Old Timers	\$12.00
B9	Pass It On	\$12.00
B13	AA In Prisons: Inmate to Inmate	\$4.00
B20	Experience, Strength, and Hope	\$7.00
GV-06	The Language of the Heart	\$15.75
GV-11	The Language of the Heart (Soft Cover)	\$14.50
GV-15	The Home Group- Heart Beat of AA	\$15.00
GV-17	Emotional Sobriety/ GV- 26 Emotional Sobriety II	\$15.00
GV-13	Thank You for Sharing /GV- 34 Forming True Partnerships	\$15.00
GV-31	No Matter What / GV- 29 Happy, Joyous & Free	\$15.00
BM31	The AA Service Manual and 12 Concepts For World Service	\$5.00
BM32	12 Concepts For World Service	\$4.75
BB-06	The Best of Bill (Soft Cover)	\$6.25
BB-07	The Best of Bill (Large Print)	\$7.25
NP-01	Newcomer Packets	\$1.00
All	Pamphlets and folding Wallet Cards	\$0.25

ALL SPANISH BOOKS ARE THE SAME PRICE AS THE ENGLISH VERSION

Updated as of 3/8/21

SOUTHERN SOLANO AA

Holiday Party
2022

at the Benicia Clock Tower

Appetizers, Desserts & Dancing
Saturday December 3rd

Doors Open 5pm • Food Served 6pm

Speaker Meeting 8pm • Dancing 9pm

FEATURING:

Appetizer Buffet, Pot Luck Dessert, Gift Basket Raffle, Cash Prizes, 50/50 Raffle, Santa Clause, Children's Face Painting, Guest Speaker, Live DJ & Dancing

SPECIAL GUEST SPEAKERS

Don A. - AA Speaker

Liz E - Al Anon Speaker

Tickets are \$7 each, children 10 and under are free. Ticket sales will be announced at meetings. A limited number of tickets will be available at the door. The Speaker meeting is free.

Pot Luck Dessert: Please bring pre-cut Pies & Cakes, Cookies & Treats on Disposable Dishes Only.

For more information, contact Becky C. at 707.246.1569

Southern Solano Central Office Monthly
Birthday Speaker Meeting

Speaker:

Mary M. *from San Ramon*



Friday, December 9th, 2022

8 pm at the Clock Tower in Benicia

Host Groups: Benicia Straits and Two or More Book Study

DIRECTIONS TO THE CLOCK TOWER @ 1189 WASHINGTON STREET, BENICIA:

Concord: Take HWY 780 to Fifth Street Exit. Turn left onto Fifth Street at bottom of ramp.

Vallejo: Take HWY 780 to Fifth Street Exit. Turn right onto Fifth Street at bottom of ramp

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.