

AA District 09 Solano South

# CENTRAL OFFICE NEWSLETTER



[www.aasolanosouth.org](http://www.aasolanosouth.org) [SOSOEDITOR@GMAIL.COM](mailto:SOSOEDITOR@GMAIL.COM)

Central Office: 159 East D St., Benicia, CA 94510—(707) 745-8822



Central Office is located in the back

**Central office coverage :**

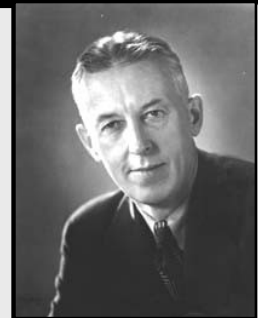
**ALL POSITIONS ARE FILLED!  
THANK YOU!**

We are always in need of Relief Volunteers. A Relief Volunteer will step in and cover a shift if the regular volunteer can't make it. It is on a as needed basis. Need to have a year or more of continuous sobriety.

**Contract Trish at  
925-238-1425**

"I, too, have tried a hand at governing AA. Each time I have strenuously tried it I have been shouted down; so loudly, in fact, that on several occasions it looked as though I was due for swift and certain excommunication!"

AA Co-Founder, Bill W., January 1947, "Will AA Ever Have a Personal Government?", *The Language of the Heart*



Questions and Answers on:  
**Vancouver 2025**



**Q. When and where will the 2025 International Convention take place?**

**A.** The 90th anniversary of Alcoholics Anonymous will be celebrated at the 2025 International Convention in Vancouver, BC, Canada, July 3 – 6, 2025.

**Q. What is the theme of the 2025 International Convention?**

**A.** The theme of the 2025 International Convention is "90 Years — Language of the Heart."

**Q. Have A.A. International Conventions been held in Canada before?**

**A.** Yes. There have been International Conventions in Toronto (1965), Montreal (1985), and Toronto (2005). As you may know, the Responsibility Statement was adopted at the 1965 International Convention in Toronto.

**Q. Are there any restrictions or regulations affecting travel to Canada in 2025?**

**A.** Yes. The U.S. and Canada each have restrictions and regulations that apply to citizens and visitors who travel from one country to the other. Border crossing into Canada has significantly changed, particularly in the last two years. (Access links appear below for more information.)

**Q. Who will have to process forms and applications to gain admission to Canada?**

**A.** It is suggested that those who believe they have some past legal incident, such as a DUI or felony that could inhibit their attendance at

the 2025 International Convention, seek assistance/information by accessing the Government of Canada online.

**Q. When will registration and hotel information be available?**

**A.** General registration and housing information will be available on the International Convention webpage in early 2024. Actual registration site links, forms, and hotel booking links will be communicated to the Fellowship in August/September 2024.

**Q. If travel to Canada is difficult for some U.S. members, why are we holding an International Convention in Vancouver?**

**A.** The Fellowship of the United States and Canada makes up the General Service Structure of Alcoholics Anonymous in North America, and functions as one entity in spirit and in service to the Fellowship. As this event rotates through the regions of A.A., there will be times when it takes place in the U.S., and other times when it's held in Canada. Laws and other circumstances may impede some members from traveling from one country to the other. For instance, some Canadians could not attend the 2000 International Convention in Minneapolis because of the difference in value of the Canadian dollar and U.S. dollar. Rotation of International Conventions provides accessibility for all members. The Vancouver Visitors and Convention Bureau has assured A.A. that Canada will do whatever is possible to welcome and cooperate with members for the 2025 International Convention in Vancouver.

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# Step 9

**“Made direct amends to such people wherever possible, except when to do so would injure them or others.”**

## Meeting Notes:

**One of Benicia's Favorites Needs Support!**



Still going on line! **Go To Any Length Meeting**

**Sunday** Zoom: 857-669-5455  
**@ 9:30am** Password: sundays

## Online Meetings Need Support

Several members can't do in-person meetings for health reasons. These meetings need continued support (all use same Meeting ID: 865 7556 2290):



**Tuesday Here and Now Book Study 12noon-1pm**  
**Friday Night Lights Daily Reflections 8pm-9pm**

## Attitude Adjustment Morning Meetings Are in full Swing!

Come Taste the Coffee!

all of the other morning meetings of Attitude Adjustment need support too! – Tues, Wed, Thur, Fri, Sat 7am-8am



Just a little reminder:

## Closed 11th Step Discussion Meeting

10am @ Alano Club Sunday

10 minute meditation then readings and shares. Great meeting. Come join Us!!!



## CNCA 06

California Northern Coastal Area of AA

The Area website, [www.cnca06.org](http://www.cnca06.org) is frequently updated and has up-to-date information on all events.

## Delegate's Corner

Six years of serving as an Area Officer has made for quite the spiritual adventure. I have walked through fear and I have been surrounded by love. My skin has gotten thicker, while my heart has softened (and grown three sizes, like the Grinch). I will miss the intensity of the service work as I rotate on, but part of me is looking forward to joining the other past delegates on the “porch” at the back of the room.

The first duty as a newly elected Officer is to attend the last Officers' meeting of the year, immediately following the Area Committee Meeting (on the third Saturday in December). The outgoing officers will say their goodbyes and the new panel officially gets to work: appointing the standing committee members from the names of those who volunteered, going through the district and committee visit calendar for January, and beginning to build relationships in their new roles.

I knew going in that I would be driving long distances in our beautiful coastal area (and traffic) and taking time off work here and there to accommodate my service schedule. I knew I was giving up all other plans on at least one Saturday a month. I knew that I would be expected to know a little something about Traditions and Concepts. I knew I enjoyed General Service and seeing the lights come on in the eyes of new GSRs as they learned more about A.A.

What I didn't know is how much I would learn to work as a team with my fellow Area Officers, the DCMCs, and the committee chairs—such dedicated and inspiring alcoholics in action! We created bonds that will last a lifetime. Our mutual respect and trust as we fulfilled our responsibilities

prepared me well for serving as a delegate, and also made me a better person out in the “real world.”

This panel in particular has been a time of great change. I have witnessed the Area Chair and Assembly Coordinator positions especially grow in complexity, as they facilitate our hybrid meetings with the help of our Tech and Interpretation committee members. About 60% of the districts are now meeting in person (several of those are hybrid). The rest remain virtual for now, but are discussing their options. The Area standing and sub-committees, who all met on the 4th Saturday pre-pandemic, are mostly still meeting virtually on various days throughout the month. But who knows what Panel 73 will bring? Area Officers (and committee members) need to fit themselves to be of maximum service in a changing landscape, and this means showing up in person most of the time, and also being comfortable on the virtual platform. Being flexible and not taking yourself too seriously helps a lot!

Update on the Election Assembly: Thanks to members who reached out after reading last month's column. We will be able to accommodate the logistics of qualifying for Area Officer both in person and on Zoom. It seems prudent in our Covid-uncertain times to have that option in place to allow for full participation. It is still strongly recommended that eligible members who wish to make themselves available for election plan to attend the assembly in person. Something you may not know, but could be helpful for planning, is that the Panel 71 and 73 officers will take photos for Archives and go out to dinner immediately after the assembly.

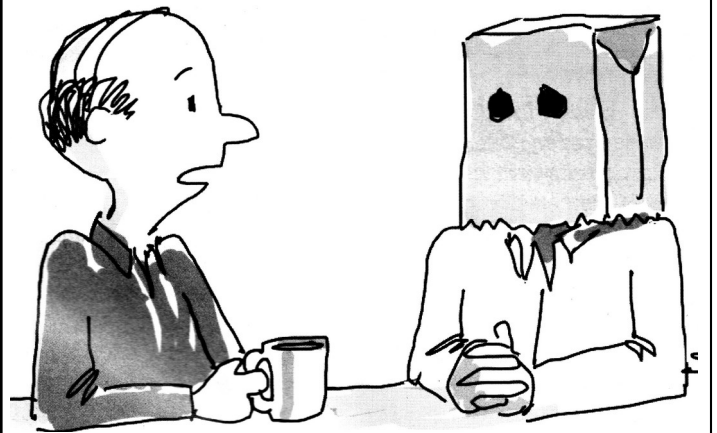
The joy is in the journey,  
**Jennifer B.**, Panel 71 Delegate



"I just wanted you to know that I made it through the liquor aisle without going nuts."



"My sponsor HAS been a good influence on me, of course...but I like to think I've been an influence on him,too!"



"Sure, I'd be happy to explain some of the basic concepts of this program – let's start with anonymity."

**Never Enough:**

An alcoholic is in his psychologist's office, asking for some insight.

**Psychologist:** "Do you see yourself as a man whose glass is half empty or half full?"

**Alcoholic:** "Well doc, I see myself as a man who likes to order another."



**SPONSOR**



*Work & school is what we do **BETWEEN Meetings.***

**Cutting Back:** "I'm on a gin and tonic diet. So far I've lost two days."

SEND YOUR SUBMISSIONS TO  
SOSOEDITOR@GMAIL.COM



## Updating the Central Office 12 Step Call List

Volunteers are still needed for 12 Steps calls at Central Office. We need the groups' help in collecting the phone numbers. Please have your Central Office Representative pick up a sign-up sheet to circulate around your home group. If you don't have a Central Office Representative for your home group, become one!

If you have questions or want to get a sign-up sheet sent to you via email contact our wonderful Central Office Coordinator, Trish T at:

via phone, text or email (925) 238-1425  
Thartzell83@gmail.com

Please give a big thank you to all of our Central Office volunteers for there ongoing efforts to carry the message

## OPEN SERVICE POSITIONS

### **Central Office:**

Alternate Chairperson - fills in for the Chairperson in his absence, takes over the Chair position next year

General Service Liaison - attends district General Service and Central Office meetings and reports on activities for both

Central Office meeting is the first Wednesday of every month at 7:30pm on Zoom  
Zoom Id: 889 2369 2100

### **District General Service:**

District Committee Member (DCM) – DCMs are needed in two of the three sub-districts, regularly attends all District meetings, the monthly area meeting and area assemblies, assist GSRs in becoming acquainted with The AA Service Manual and other service material.

District Cooperation with the Professional Community/Public Information Chair - attends the monthly District meeting, reach out to the Professional Community in District, attend monthly Area CPC meetings.

District Literature/Grapevine Chair - attend the monthly District meeting, attend groups and talk about AA literature and the Grapevine, attend monthly Area Literature/Grapevine meetings.

Bridging the Gap Chair - attend the monthly District meeting, act as liaison with the Area BTG Committee – attending the monthly Area BTG meeting, create and maintain a list of volunteers who act as the contact people.

Make Sure your home group has a General Service Representative (GSR) so your group's voice can be heard. (Maybe the "Most Important Position in AA")

District General Service meeting is the second Monday of every month at 7pm on Zoom  
Zoom Id: 895 6759 4853

The Central Office Corner

# Sobriety Birthdays In the month of *September*



**Honore M. 9/13/1987 (35 Years!!)**  
**Stutter Dan 9/23/2006 (16 Years!!)**  
**Jeff J. 9/11/2014 (8 Years!!)**  
**Trina R. 9/08/2011 (11 Years!!)**  
**Robyn C. 9/27/2002 (20 Years!!)**  
**Diane C. 9/13/1995 (27 Years!!)**  
**John K. 9/10/1998 (24 Years!!)**  
**Eddie B. 9/28/2005 (17 Years!!)**  
**Maureen T. 9/06/2009 (13 Years!!)**  
**Tim W. 9/07/2014 (8 Years!!)**  
**Rick W. 9/23/2016 (6 Years!!)**  
**Maureen B. 9/22/12 (10 Years!!)**

## District 09 Solano South Monthly Birthday Speaker Meeting!

**Oliver G. From Martinez**  
**September 9<sup>th</sup> 8:00pm**

Host group:

**Came To Believe  
Candlelight  
Group  
At Benicia  
Clock Tower**

**11189 WASHINGTON  
STREET, BENICIA**



### **Reminder:**

Please bring your old AA chips to turn in when getting your new chip at the Solano South Monthly Birthday Speaker Meeting

You can turn them in to Tony at the front table



## A.A. District 09 September 2022 Southern Solano County

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 This isn't the complete list of meetings in District and meetings are changing weekly regarding COVID. Check the website for the latest.	29 Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday	30 American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 AM Every Tuesday	31 Vallejo Fellowship <i>Early Birds</i> 7-8:00am 942 Tennessee St, Vallejo Every Wednesday	1 Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Chr. 8:00-9:00pm No Smoking Every Thursday	2 Vallejo Fellowship 12:00 Noon to 1:00pm 942 Tennessee St, Vallejo Every Friday	3 <b>Vallejo Fellowship Speaker Night</b> starts at 6:45pm In Person 942 Tennessee St, Vallejo First Saturday of the Month
4 Go to Any Lengths Online 9:30am-10:30am Zoom: 857-669-5455 Every Sunday	5 American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 PM Every Monday	6 Zoom Sober Online 7:00 am to 8:00 am Zoom ID# 208-975-0077 Passcode# 480-984 Every Tuesday	7 <b>CENTRAL OFFICE</b> Business Meeting the first Wednesday of every month at 7:30pm on Zoom Zoom Id: New Zoom Number Coming	8 Benicia First Street Group 6:30-7:30pm Heritage Pres. Ch 1400 E 2nd St, Benicia Every Thursday	9 <b>District 09 Monthly Birthday Speaker</b> Meeting 8:00pm Benicia Senior Center	10 2 or More Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday
11 * denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend	12 <b>DISTRICT 09 GENERAL SERVICE</b> Business Meeting the second Monday of every month at 7pm Zoom Id: 895 6759 4853	13 Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday	14 Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Tu-Sat	15 11 <sup>th</sup> Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday	16 First Street Group Big Book Study Heritage Presbyterian Church 6:30pm <b>Pacific Regional Forum</b>	17 Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am <b>Pacific Regional Forum</b>
18 Benicia Sunday Night Discussion St. Paul's Episc. 1st & J St., Benicia 8-9:00 PM <b>Pacific Regional Forum</b>	19 Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun	20 Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday	21 Spring Hill Study Group '12 by 12' Online Zoom: 865 7556 2290 8-9 pm Every Wednesday	22 Vallejo Fellowship <i>Early Birds</i> 7:00-8:00AM 942 Tennessee St, Vallejo Every Thursday	23 Woman's Solution Group Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 10:30am to 11:30am	24 Came to Believe Overlook Park Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday
25 Vallejo Fellowship Early Birds 942 Tennessee St, Vallejo 7:00 AM 7 days/WK	26 Vallejo Women's Group* The First Christian Church 1035 Indiana St. Vallejo, Ca. 94590	27 Benicia First St. Group Heritage Pres. Ch. 1400 E 2 <sup>nd</sup> St Benicia 6:30-7:30pm Every Tuesday	28 Men' 12by12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday	29 Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St 6:30-7:30pm Every Thursday	30 TGIF Living Sober Book Study Southern Solano Alano Club 2046 Columbus Pkwy, Benicia noon-1:00pm.	1 A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday
2 First Street Group 12 and 12 Meeting Heritage Presbyterian Church 1400 East 2nd St Benicia 5-6:00 PM Every Sun	3 Vallejo Fellowship Early Birds 7am 942 Tennessee St. Vallejo	<b>A.A. On the Web...</b> Alcoholics Anonymous Official Site: <a href="http://www.aa.org/">http://www.aa.org/</a> District 09 Southern Solano AA <a href="http://www.aasolanosouth.org/">http://www.aasolanosouth.org/</a> NorCalAA <a href="http://norcalaa.org/index.html">http://norcalaa.org/index.html</a>				

**The Vallejo Fellowship is located at:  
942 Tennessee St, Vallejo, CA  
Vallejo Fellowship Telephone number is  
707-557-6318**

**You can make your contributions to Central Office electronically through:**



**venmo**

Please visit Venmo.com on your computer or the Venmo app on your phone and search for our Treasurer, @Michael-LaPlante-8. You will be able to make a contribution there. **Thank you!**

# South Solano County

## Central Office

All Prices include 8.625% Sales Tax

CODE	Book Description	Price
B-0	Anniversary 75 Edition of Alocholics Anonymous	\$13.50
B1	Alcoholics Anonymous 4th Edition(Hard Cover)	\$11.00
B30	Alcoholics Anonymous 4th Edition (Soft cover)	\$10.00
B16	Alcoholics Anonymous 4th Edition (Large Print))	\$12.00
B35	Alcoholics Anonymous 4th Edition (Abr. Pocket Version)	\$5.75
B2	12 Steps and 12 Traditions	\$11.00
B15	12 Steps and 12 Traditions (Soft Cover)	\$9.50
B14	12 Steps and 12 Traditions (Large Print)	\$10.00
B17	12 Steps and 12 Traditions (Pocket Soft Cover)	\$7.50
B12	Daily Reflections	\$12.00
B19	Daily Reflections (Large Print)	\$13.00
B7	Living Sober	\$6.50
B25	Living Sober (Large Print)	\$7.00
B5	As Bill Sees It (Hard and Pocket Version)	\$10.00
B27	As Bill Sees It (Large Print)	\$10.50
B6	Came To Believe	\$6.50
B26	Came To Believe (Large Print)	\$7.00
B3	AA Comes of Age	\$12.00
B8	Dr. Bob and the Good Old Timers	\$12.00
B9	Pass It On	\$12.00
B13	AA In Prisons: Inmate to Inmate	\$4.00
B20	Experience, Strength, and Hope	\$7.00
GV-06	The Language of the Heart	\$15.75
GV-11	The Language of the Heart (Soft Cover)	\$14.50
GV-15	The Home Group- Heart Beat of AA	\$15.00
GV-17	Emotional Sobriety/ GV- 26 Emotional Sobriety II	\$15.00
GV-13	Thank You for Sharing /GV- 34 Forming True Partnerships	\$15.00
GV-31	No Matter What / GV- 29 Happy, Joyous & Free	\$15.00
BM31	The AA Service Manual and 12 Concepts For World Service	\$5.00
BM32	12 Concepts For World Service	\$4.75
BB-06	The Best of Bill (Soft Cover)	\$6.25
BB-07	The Best of Bill ( Large Print )	\$7.25
NP-01	Newcomer Packets	\$1.00
All	Pamphlets and folding Wallet Cards	\$0.25

ALL SPANISH BOOKS ARE THE SAME PRICE AS THE ENGLISH VERSION

Updated as of 3/8/21

Southern Solano Central Office Monthly  
**Birthday Speaker Meeting**

*Speaker:*

**Oliver G.** *from* **Martinez**



**Friday, September 9<sup>th</sup>, 2022**

**8 pm at the Clock Tower in Benicia**  
**Host Group: Came To Believe Candlelight Group**

**DIRECTIONS TO THE CLOCK TOWER @ 1189 WASHINGTON STREET, BENICIA:**

**Concord: Take HWY 780 to Fifth Street Exit. Turn left onto Fifth Street at bottom of ramp.**

**Vallejo: Take HWY 780 to Fifth Street Exit. Turn right onto Fifth Street at bottom of ramp**

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.

hosted by:  
Area 69



**IN PERSON !**

**WWW.2022AAPACIFICREGFORUM.COM**



**Sept. 16 - 18, 2022**

**PACIFIC  
REGIONAL  
FORUM**

Mariott Downtown @ City Creek  
75 W Temple St., Salt Lake City, Utah

**RECOVERY ELEVATED**