

AA District 09 Solano South

CENTRAL OFFICE NEWSLETTER



www.aasolanosouth.org SOSOEDITOR@GMAIL.COM

Central Office: 159 East D St., Benicia, CA 94510—(707) 745-8822



WE HAVE OPEN CENTRAL OFFICE POSITIONS!

All positions are filled at Central Office! Way to go Central Office Volunteers!

Central Office can always use backup support for positions.

Contract Trish at 925-238-1425

“Up to now AA seems to have taken the right turning at each new crossroad. This could scarcely have been our doing alone. Our Fellowship has afforded a convincing proof of that wise old adage which declares that ‘man’s extremity is God’s opportunity.”

AA Co-Founder, Bill W., November 1961, “Again at the Crossroads”, *The Language of the Heart*



PRINTED SCHEDULES RETURN!

After two years of uncertainties, changes and challenges we finally feel comfortable enough to reissue the printed and printable meeting schedule!

The printed version that you’ll be seeing at meetings and other locations will only include live meetings. A printable version is available on the website. In addition, the website has a Meeting Guide schedule that includes all meetings in District 09, live and online.

Meeting info is also available in the “folding chair” app from AA.

Thank you Sue D. for gathering live meeting information and formatting to print!



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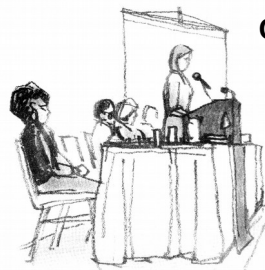


CALIFORNIA NORTHERN COASTAL AREA 06

Post-CONFERENCE ASSEMBLY 2022

“ A.A. COMES OF AGE 2.0: UNIFIED IN LOVE AND SERVICE ”

Saturday May 14, 2022



- Registration 8:00-9:00 a.m.
- Orientation 9:00-9:15 a.m.
- Business Meeting 9:15-12:00 p.m.
- Lunch 12:00-1:00 p.m.
- Panel for Sharing on the Conference Theme 1:00-1:45 p.m.
- Delegate’s Report 2:00-3:30 p.m.
- Questions and Answers 3:45-4:30 p.m.
- What’s on Your Mind? 4:30-5:00 p.m.

Live At:
Newark Pavilion
 6430 Thornton Ave,
 Newark, CA 94560

PLEASE BRING YOUR FM RADIO FOR SIMULTANEOUS INTERPRETATION & ASSISTED LISTENING



Step 5

“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”

MEETING NOTES:

One of Benicia's Favorites Needs Support!

Still going on line! **Go To Any Length Meeting**

Sunday Zoom 594-271-5047
@ 9:30am Password 293125



Online Meetings Need Support

Several members can't do in-person meetings for health reasons. These meetings need continued support (all use same Meeting ID: 865 7556 2290):



Tuesday Here and Now Book Study 12noon-1pm
Tuesday Mare Island Rotating Format 7:30pm-8:30pm
Wednesday Spring Hill Step Study 8pm-9pm
Friday Night Lights Daily Reflections 8pm-9pm

Attitude Adjustment Morning Meetings Are in full Swing!

COME TASTE THE COFFEE!

all of the other morning meetings of Attitude Adjustment need support too! – Tues, Wed, Thur, Fri, Sat 7am-8am



Just a little reminder:

Closed 11th Step Discussion Meeting

10am @ Alano Club Sunday

10 minute meditation then readings and shares. Great meeting. Come join Us!!!



CNCA 06

California Northern Coastal Area of AA

The Area website, www.cnca06.org is frequently updated and has up-to-date information on all events.

Chair's Preview

We did it, the first in Person Assembly of Panel 71, thank you all GSRs for your work collecting your groups conscience and taking the time to come and experience what we been talking and planning for several months.

Special mention to the Hybrid Ad-Hoc Committee for the tremendous work prior and during the Assembly weekend, the Tech Committee and the Interpretation Committee, this is the first time we function together live and for that we are grateful.

I'll like to share that it was great to see and the tremendous increase in participation from our Spanish speaking members from all the five linguistic Districts, participation that was not even close to the limited participation in the last seven virtual only assemblies of these last two years. CNCA is fortunate to be with a bilingual Area and we value the input coming from all CNCA groups equally. Now, there's is a reason why we call the General Service Conference the never-ending process, we are not done yet; save the date for the incoming Post-Conference Assembly in May 14, 2022 to be hosted by our Linguistic District 17. We continue to trust on the recommendations from our Hybrid Ad-Hoc committee finding the best practices and it's very possible to hold this Assembly Hybrid.

In other important things, last month we started our traditional Area Officers Job Descriptions at the beginning of the DCMs Sharing session in preparation for our Area Elections for Panel 73, we invite you to join us this month of April as we'll continue with the Recording Secretary position given by Amy Menendez.

Thank for the opportunity to serve you.

Miguel H, Panel 71 CNCA Chair

Delegate's Corner

When I pulled up to the Petaluma Veterans Hall on the first day of the assembly and saw the parking volunteers in the brightlycolored CNCA vests, waving good morning, I was hit with a flood of happy tears. The first person I saw in the parking lot was my sponsor and past delegate, Joann. We walked in together, and it all felt so different and yet so much the same. So many familiar faces, so many new faces, so many faces I'd only ever seen on screen. The beautiful, buzzing activity of a society of alcoholics in action, making sure we could do our part to participate in greater A.A.

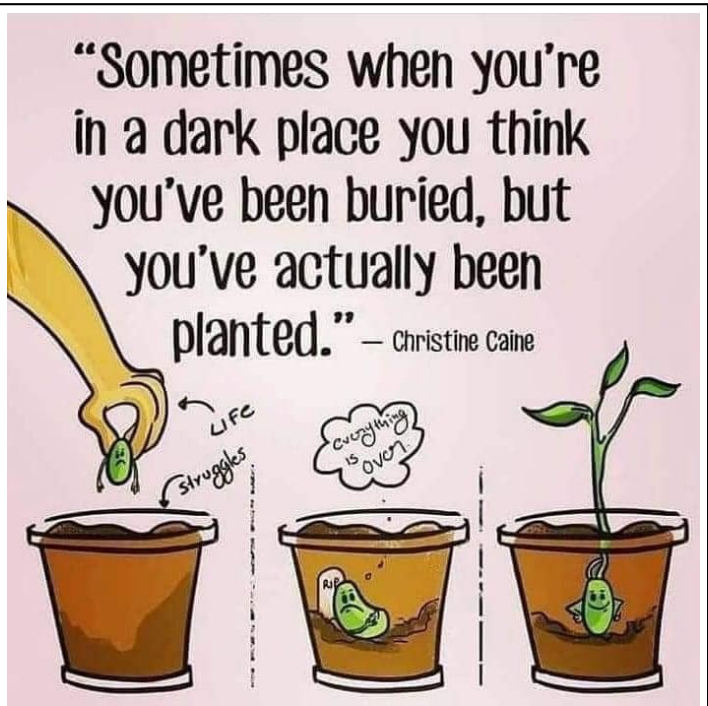
The first year I was a GSR, it was the experience of gathering a group conscience on a controversial topic very close to my own heart, and then hearing our Delegate report back on what happened at the Conference that finally rocketed me into the fourth dimension. I'd been sober for six years, doing the deal but growing complacent, and now I felt part of something bigger. I've been hooked ever since.

I love the information and seeing how all the pieces fit. I love the principles, the process and the procedures. I'm definitely a service geek! But what has been the most wonderful discovery for this alcoholic is how much I love the people. Learning from you, watching you grow, seeing your creativity, hearing your passion and vision, and knowing that together, we can carry out our three legacies and keep the doors open for the next alcoholic looking for a way out.

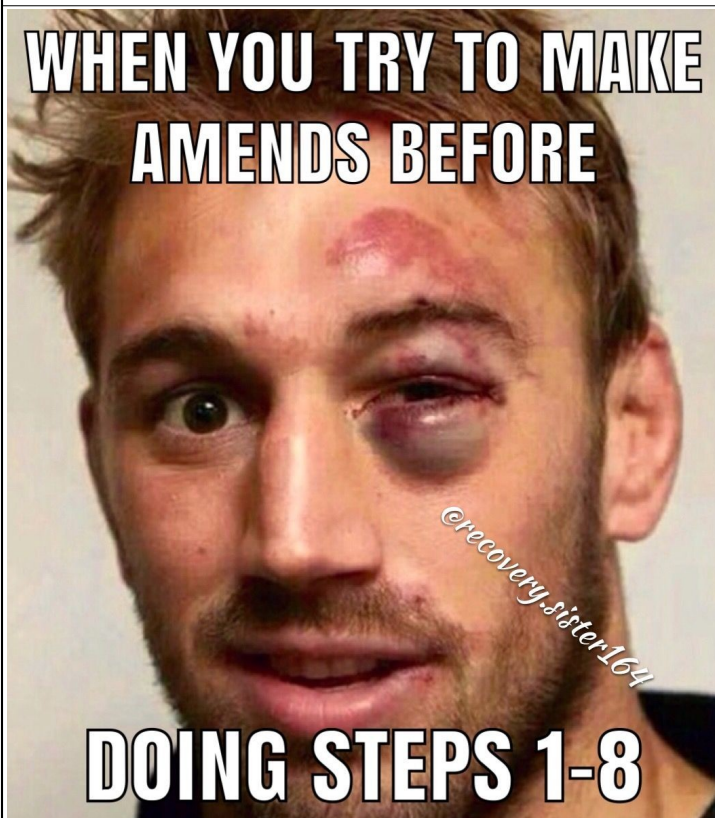
Thank you for your amazing service to your groups and to A.A. as a whole. Thank you for your trust. Thank you for making all of this so much fun.

No sleep 'til Brooklyn!

Jennifer B., Panel 71 Delegate



If it's progress,
not perfection,
shouldn't half
measures avail us
50%?



SEND YOUR SUBMISSIONS TO SOSOEDITOR@GMAIL.COM

VALLEJO FELLOWSHIP'S In-person Speaker Meeting!

First Saturday of the Month
Event starts at 6:45pm

May 7th – Richard B.

June 4th – Leah M.

At: Vallejo Fellowship Hall, 942 Tennessee St., Vallejo, CA



OPEN SERVICE POSITIONS

Central Office:

Alternate Chairperson - fills in for the Chairperson in his absence, takes over the Chair position next year

General Service Liaison - attends district General Service and Central Office meetings and reports on activities for both

Central Office meeting is the first Wednesday of every month at 7:30pm on Zoom
Zoom Id: 889 2369 2100

District General Service:

CURRENT TREASURER IS DONE AFTER THIS MONTH!!! WE REALLY NEED SOMEONE TO STEP UP!!!

District Treasurer - attend the monthly District meeting, process group contributions, and issue checks for operating expenses, any other reimbursements.

District Registrar - Attend the monthly District meeting, maintain and update Group information, advising the Area Registrar of all changes

District Committee Member (DCM) – DCMs are needed in two of the three sub-districts, regularly attends all District meetings, the monthly area meeting and area assemblies, assist GSRs in becoming acquainted with The AA Service Manual and other service material.

District Cooperation with the Professional Community/Public Information Chair - attends the monthly District meeting, reach out to the Professional Community in District, attend monthly Area CPC meetings.

District Literature/Grapevine Chair - attend the monthly District meeting, attend groups and talk about AA literature and the Grapevine, attend monthly Area Literature/Grapevine meetings.

Bridging the Gap Chair - attend the monthly District meeting, act as liaison with the Area BTG Committee – attending the monthly Area BTG meeting, create and maintain a list of volunteers who act as the contact people.

Make Sure your home group has a General Service Representative (GSR) so your group's voice can be heard. (Maybe the "Most Important Position in AA")

District General Service meeting is the second Monday of every month at 7pm on Zoom
Zoom Id: 895 6759 4853

The Central Office Corner

Sobriety Birthdays In the month of May



Molly A. 5/18/2014 (8 Years!!)
Barbi R. 5/20/14 (8 Years!!)
Jason H. 5/5/1986 (36 Years!!)
Michael L. 5/17/1995 (27 Years!!)
Michael H. 5/1/2011 (11 Years!!)
Cathy L. 5/12/2007 (15 Years!!)
Greg H. 5/06/2010 (12 Years!!)
Tom T. 5/18/2013 (9 Years!!)
Lloyd L. 5/04/1992 (30 Years!!)
Nina G. 5/20/2013 (9 Years!!)
Sylvie H. 5/4/2017 (5 Years!!)

District 09 Solano South

MONTHLY BIRTHDAY SPEAKER MEETING!

Aunna R. *From Sacramento*

May 13th 8:00pm

Host group:
**Monday Night
Women's Meeting**
**At Benicia
Clock Tower**

11189 WASHINGTON
STREET, BENICIA



Reminder:

Please bring your old AA chips to turn in when getting your new chip at the Solano South Monthly Birthday Speaker Meeting
You can turn them in to Mike at the front table



A.A. District 09 May 2022 Southern Solano County

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 This isn't the complete list of meetings in District and meetings are changing weekly regarding COVID. Check the website for the latest.	2 Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday	3 American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 AM Every Tuesday	4 CENTRAL OFFICE Business Meeting the first Wednesday of every month at 7:30pm on Zoom Zoom Id: New Zoom Number Coming	5 Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Chr. 8:00-9:00pm No Smoking Every Thursday	6 Vallejo Fellowship 12:00 Noon to 1:00pm 942 Tennessee St, Vallejo Every Friday	7 Vallejo Fellowship Speaker Night starts at 6:45pm In Person 942 Tennessee St, Vallejo First Saturday of the Month
8 Go to Any Lengths Online 9:30am-10:30am Zoom: 834 3950 6139 Every Sunday	9 DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm on Zoom Zoom Id: 895 6759 4853	10 Mare Island Grp Online Rotating Format 730pm—830pm Zoom:865 7556 2290 Every Tuesday	11 Vallejo Fellowship <i>Early Birds</i> 7-8:00am 942 Tennessee St, Vallejo Every Wednesday	12 Benicia First Street Group 6:30-7:30pm Heritage Pres. Ch 1400 E 2nd St, Benicia Every Thursday	13 District 09 Monthly Birthday Speaker Meeting 8:00pm Benicia Senior Center	14 2 or More Book Study 9-10:00 am Reception Hall 101 Temple Way Post-conference Assembly
15 * denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend	16 American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 PM Every Monday	17 Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday	18 Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Tu-Sat	19 11 th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday	20 First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2 nd Street Benicia	21 Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday
22 Benicia Sunday Night Discussion St. Paul's Episc. 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4 th Sunday	23 Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun	24 Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday	25 Spring Hill Study Group '12 by 12' Online Zoom: 865 7556 2290 8-9 pm Every Wednesday	26 Vallejo Fellowship <i>Early Birds</i> 7:00-8:00AM 942 Tennessee St, Vallejo Every Thursday	27 Friday Night Lights Daily Reflections Online Zoom: 865 7556 2290 8-9 pm Every Friday	28 Came to Believe Overlook Park Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday
29 Vallejo Fellowship Early Birds 942 Tennessee St, Vallejo 7:00 AM 7 days/WK	30 Vallejo Women's Group* The First Christian Church 1035 Indiana St. Vallejo, Ca. 94590	31 Benicia First St. Group Heritage Pres. Ch. 1400 E 2 nd St Benicia 6:30-7:30pm Every Tuesday	1 Men' 12by12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday	2 Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St 6:30-7:30pm Every Thursday	3 TGIF Living Sober Book Study Southern Solano Alano Club 2046 Columbus Pkwy, Benicia noon-1:00pm.	4 A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday
5 First Street Group 12 and 12 Meeting Heritage Presbyterian Church 1400 East 2nd St Benicia 5-6:00 PM Every Sun	6 Vallejo Fellowship Early Birds 7am 942 Tennessee St. Vallejo	A.A. On the Web... Alcoholics Anonymous Official Site: http://www.aa.org/ District 09 Southern Solano AA http://www.aasolanosouth.org/ NorCalAA http://norcalaa.org/index.html				

You can make your contributions to Central Office electronically through:



venmo

Please visit Venmo.com on your computer or the Venmo app on your phone and search for our Treasurer, @Michael-LaPlante-8. You will be able to make a contribution there. **Thank you!**

**The Vallejo Fellowship is located at:
942 Tennessee St, Vallejo, CA
Vallejo Fellowship Telephone number is
707-557-6318**

South Solano County

Central Office

All Prices include 8.625% Sales Tax

CODE	Book Description	Price
B-0	Anniversary 75 Edition of Alocholics Anonymous	\$13.50
B1	Alcoholics Anonymous 4th Edition(Hard Cover)	\$11.00
B30	Alcoholics Anonymous 4th Edition (Soft cover)	\$10.00
B16	Alcoholics Anonymous 4th Edition (Large Print))	\$12.00
B35	Alcoholics Anonymous 4th Edition (Abr. Pocket Version)	\$5.75
B2	12 Steps and 12 Traditions	\$11.00
B15	12 Steps and 12 Traditions (Soft Cover)	\$9.50
B14	12 Steps and 12 Traditions (Large Print)	\$10.00
B17	12 Steps and 12 Traditions (Pocket Soft Cover)	\$7.50
B12	Daily Reflections	\$12.00
B19	Daily Reflections (Large Print)	\$13.00
B7	Living Sober	\$6.50
B25	Living Sober (Large Print)	\$7.00
B5	As Bill Sees It (Hard and Pocket Version)	\$10.00
B27	As Bill Sees It (Large Print)	\$10.50
B6	Came To Believe	\$6.50
B26	Came To Believe (Large Print)	\$7.00
B3	AA Comes of Age	\$12.00
B8	Dr. Bob and the Good Old Timers	\$12.00
B9	Pass It On	\$12.00
B13	AA In Prisons: Inmate to Inmate	\$4.00
B20	Experience, Strength, and Hope	\$7.00
GV-06	The Language of the Heart	\$15.75
GV-11	The Language of the Heart (Soft Cover)	\$14.50
GV-15	The Home Group- Heart Beat of AA	\$15.00
GV-17	Emotional Sobriety/ GV- 26 Emotional Sobriety II	\$15.00
GV-13	Thank You for Sharing /GV- 34 Forming True Partnerships	\$15.00
GV-31	No Matter What / GV- 29 Happy, Joyous & Free	\$15.00
BM31	The AA Service Manual and 12 Concepts For World Service	\$5.00
BM32	12 Concepts For World Service	\$4.75
BB-06	The Best of Bill (Soft Cover)	\$6.25
BB-07	The Best of Bill (Large Print)	\$7.25
NP-01	Newcomer Packets	\$1.00
All	Pamphlets and folding Wallet Cards	\$0.25

ALL SPANISH BOOKS ARE THE SAME PRICE AS THE ENGLISH VERSION

Updated as of 3/8/21

Southern Solano Central Office Monthly
Birthday Speaker Meeting

Speaker:

Aunna R. *from Sacramento*



Friday, May 13th, 2022

8 pm at the Clock Tower in Benicia
Host Group: Monday Night Women's Meeting

DIRECTIONS TO THE CLOCK TOWER @ 1189 WASHINGTON STREET, BENICIA:

Concord: Take HWY 780 to Fifth Street Exit. Turn left onto Fifth Street at bottom of ramp.

Vallejo: Take HWY 780 to Fifth Street Exit. Turn right onto Fifth Street at bottom of ramp

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.

CALIFORNIA NORTHERN COASTAL AREA OF ALCOHOLICS ANONYMOUS

POST-CONFERENCE ASSEMBLY

“A.A. Comes of Age 2.0: Unified in Love and Service”

Saturday May 14, 2022

Newark Pavilion

6430 Thornton Ave, Newark, CA 94560

Registration	8:00-9:00 a.m.
Orientation	9:00-9:15 a.m.
Business Meeting	9:15-12:00 p.m.
Lunch	12:00-1:00 p.m.

Panel for Sharing on the Conference Theme

1:00-1:45 p.m.

Delegate's Report	2:00-3:30 p.m.
Questions and Answers	3:45-4:30 p.m.
What's on Your Mind?	4:30-5:00 p.m.

PLEASE BRING YOUR FM RADIO FOR SIMULTANEOUS INTERPRETATION &
ASSISTED LISTENING

Lodging in the Newark/Fremont Area:

Chase Suite Hotel - Newark/Silicon Valley

39150 Cedar Blvd, Newark, CA 94560707-448-8453

510.795.1200

Chasehotelnewark.com

E-Z 8 Motel Newark/Fremont

5555 Cedar Ct, Newark, CA 94560

510.794.7775

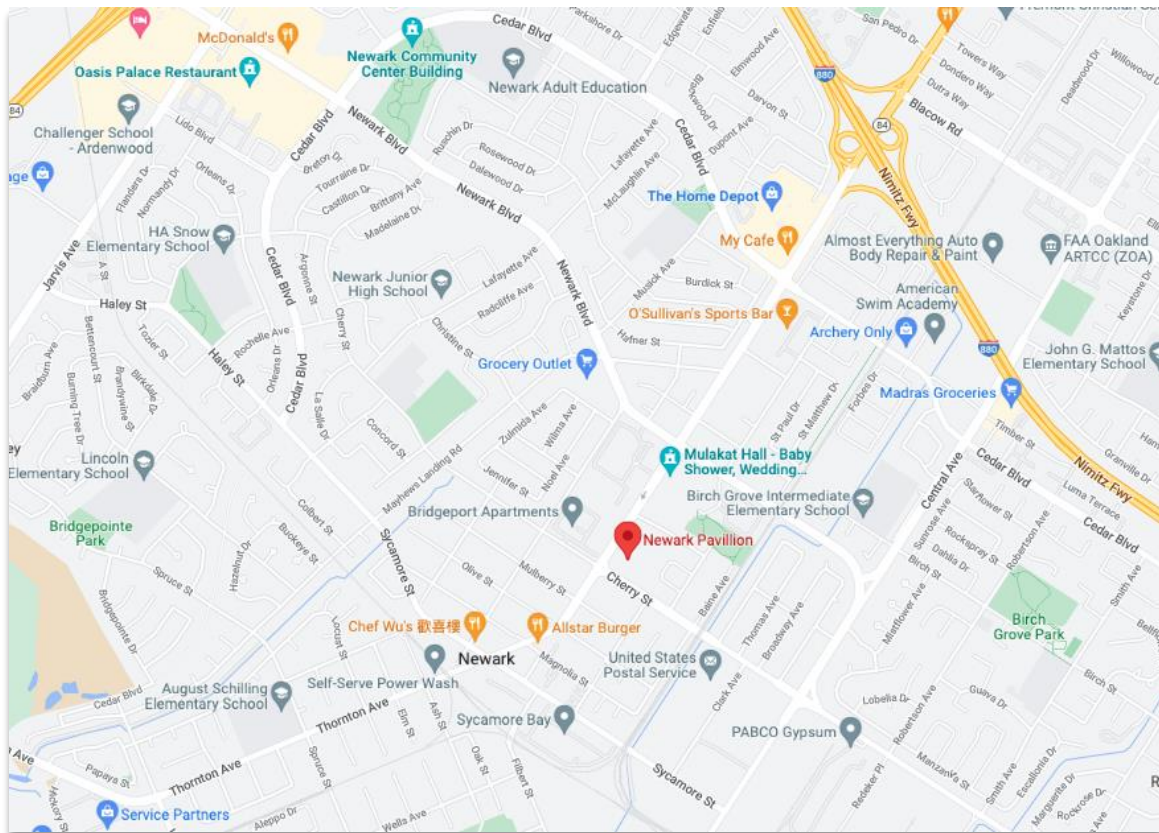
ez8motelnewark.com

Homewood Suites by Hilton Newark-Fremont

39270 Cedar Blvd, Newark, CA 94560

510.791.7700

hilton.com



PLEASE BRING YOUR FM RADIO FOR SIMULTANEOUS INTERPRETATION &
ASSISTED LISTENING

AA Women Pioneers

(with Potluck dishes provided by today's AA Men 🍷)

Saturday May 7, 2022 5:00 – 7:00 pm

Bring dishes by 5:00 Dinner 5:15 Program at 5:45

Hillside Church (2000 Las Gallinas at Lucas Valley) S.R.

and on Zoom: 201 848 7355 PW: 2468



Lois W. Marty M. & Sybil C.

These three incredible women leaders from early AA
will rematerialize and share their experience
through the voices of Laura R, Jo R and Maryliz R

LAUGH, CRY AND BE AMAZED!

\$10.00 suggested donation

(No one turned away for lack of funds)

An AA event with Al Anon Participation
Sponsored by Marin Fellowship Intergroup (MFI)

SANTA CRUZ INTERGROUP PRESENTS
DETAILS TO BE ANNOUNCED SOON

SAVE THE DATE
SUNDAY JUNE 12TH

SPRING FLING

2022

HARVEY WEST - EVERGREEN AREA

BBQ, SPEAKER MEETING,
LIVE MUSIC -
BRING THE KIDS!

Just A Few of
the Prizes!
Traeger Grill!
Jar of Money,
Garden
Basket,
Gift
Certificates
and so much
more!

El Sobrante Fellowship

Of Alcoholics Anonymous

Presents our



**Chilli
Cook Off!**

35th Anniversary Picnic! Saturday, July 16th

Fernandez Mansion 100 Tennent Ave, Pinole 10:30 – 5:00

Join Us for Food, Fun & Fellowship!



Speaker, Fernando S. From Concord

BBQ by Mike Z, Chili Cook Off!

Live Band, Raffle & More!

Rhonda S. at 510-860-6917 for more info

Text Debbie O. at 510-388-9284

to Donate Raffle Prizes or Cash!



hosted by:
Area 69



IN PERSON !

WWW.2022AAPACIFICREGFORUM.COM



Sept. 16 - 18, 2022

**PACIFIC
REGIONAL
FORUM**

Mariott Downtown @ City Creek
75 W Temple St., Salt Lake City, Utah

RECOVERY ELEVATED