

AA District 09 Solano South

CENTRAL OFFICE NEWSLETTER



www.aasolanosouth.org SOSOEDITOR@GMAIL.COM

Central Office: 159 East D St., Benicia, CA 94510—(707) 745-8822



WE HAVE OPEN CENTRAL OFFICE POSITIONS!

There is an open position for Every 4th Saturday and Thursday 12-3pm. Central Office can always use backup support for positions. Contract Trish at 925-238-1425

“When we early AAs got our first glimmer of how spiritually prideful we could be, we coined this expression: ‘Don’t try to get too damned good by Thursday!’”

AA Co-Founder, Bill W., June 1961, “Humility for Today”, *The Best of Bill*



Central Office is Updating its 12 Step Call List

Trish, our Central Office coordinator, is getting the 12 Step list updated. She is trying to hit groups in our District with the list but she really needs everyone’s help. If you want to be added to the list please send her an email with your phone number: hartzell83@gmail.com.

Inside this issue:

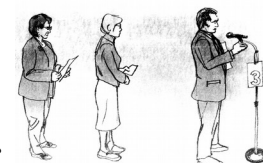
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CALIFORNIA NORTHERN COASTAL AREA 06

PRE-CONFERENCE ASSEMBLY 2022

“ A.A. COMES OF AGE 2.0: UNIFIED IN LOVE AND SERVICE ”



SATURDAY/SUNDAY APRIL 2 & 3, 2022

Petaluma Veterans Memorial Building
1094 Petaluma Blvd S, Petaluma, CA 94952

Saturday

8:15 – 9:15 am Registration
9:15 - 9:30 am Orientation
9:30 am Business Meeting
12:00 – 1:00pm Lunch
1:00pm – 1:30
Remarks from the Delegate
Sharing on the Conference Theme
1:30pm Group Consciences
Agenda Trustees
Literature Grapevine / La Viña
PI Corrections
5:00-5:30pm What’s on your Mind?

Sunday

8:00-9:00am Registration
9:00am Group Consciences
CPC Finance
Policy /Admissions
Report & Charter
Treatment & Accessibilities
Archives International Conventions /
Regional Forums
12:30-1pm What’s on your Mind?
(If extra time is needed to hear group
consciences, we will break for lunch
and return at 2pm to continue)



Step 4

“Made a searching and fearless moral inventory of ourselves.”

MEETING NOTES:

Just a little reminder:

Closed 11th Step Discussion Meeting

10am @ Alano Club Sunday

*10 minute meditation then readings and shares.
Great meeting. Come join Us!!!*



Attitude Adjustment Morning Meetings Are in full Swing!

COME TASTE THE COFFEE!

all of the other morning meetings of Attitude Adjustment need support too! – Tues, Wed, Thur, Fri, Sat 7am-8am



Online Meetings Need Support

Several members can't do in-person meetings for health reasons. These meetings need continued support (all use same Meeting ID: 865 7556 2290):



Tuesday Here and Now Book Study 12noon-1pm
Tuesday Mare Island Rotating Format 7:30pm-8:30pm

Wednesday Spring Hill Step Study 8pm-9pm
Friday Night Lights Daily Reflections 8pm-9pm

If you have a meeting announcement that could be added to the newsletter please send me an email at:

sosoeditor@gmail.com



CNCA 06

California Northern Coastal Area of AA

The Area website, www.cnca06.org is frequently updated and has up-to-date information on all events.

Chair's Preview

What a month,

PRAASA, Agenda Topics Summaries, Incoming hybrid ACM, in person Pre-Conference Assembly Preparations.

At the February ACM the hybrid ad hoc committee met in person at the Petaluma community center with the trial figuring out what could be the best option for our area to function in person and virtual simultaneously, we voted and passed a motion to increase the interpretation rate to area Interpreters, we heard groups consciences and personal opinions on a New Business item requesting eligibility for travel expense reimbursement to our Petaluma meeting location.

Save the date; our first in person Assembly will take place on April 2-3 hosted by District 12, I'm excited and aware of the complexity this could present. At the same time I trust the work and cooperation of our members from all the Districts, committees and standing committees, we don't have to be perfect and I am grateful for that.

It is time, we will gather together in person and hybrid as an Area Committee Meeting starting in March 26, we will require the use of masks at all times inside the building. Food or coffee won't be served but feel free to bring your own. We will use a colorful way to identify each individual's preference for greeting and gathering with 3 colored stickers to choose from. Green; physical contact, hug friendly, Yellow; Shake hand, and fist bump ok, Red; 6 feet social distance at all times. Note; Only the Area Business section will be held hybrid for now.

Remember to bring your FM Radio.

Miguel H, Panel 71 CNCA Chair

Delegate's Corner

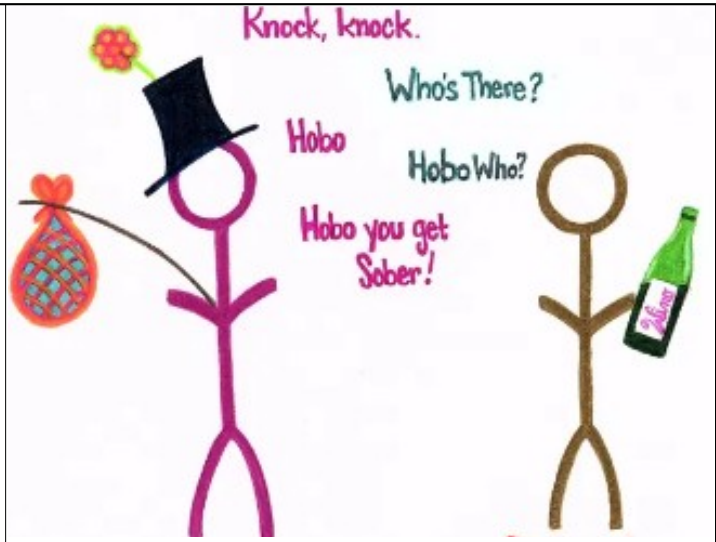
Please choose ONE of the following options for each group conscience you wish to share. (You can do some at the assembly and then email the others, for example. Final deadline is April 10.)

1. At the Pre-Conference Assembly, April 2-3, 2022 - Petaluma Veterans Hall, 1094 Petaluma Blvd. S. Attend in person and share it at the microphone! I am so looking forward to meeting some of you for the first time! Or give to an- other member (such as your Alternate GSR, DCMC, or DCM) to deliver on your behalf. There will also be a box where you can place written group consciences not shared at the mic. (Please note that virtual assembly attendees will only be able to observe the process, and not share.) The flyer with a schedule for both days is on the website: www.cnca06.org
2. Fill out the form at the Area website by April 10, 2022 - www.cnca06.org The form will be available after March 10 and is a handy way to submit multiple items in writing.
3. Send an email by April 10, 2022 - delegate.p71@cnca06.org You can send your group conscience(s) in the body of the email or as an attachment. You can also contact me with any questions.
4. Share at the virtual microphone, April 9, 2022 - Zoom Meeting ID: 869 4711 8532 An informal session is being offered on another day since we are still testing hybrid assembly capability. 90 seconds per topic; first come, first heard. We'll have the room open 10 am to 12 noon-ish. I'll stay on until no one is in line.

The Summaries also mention you can share by phone. Your DCMC has my number.

With much love and gratitude,
Jennifer B. Panel 71 Delegate

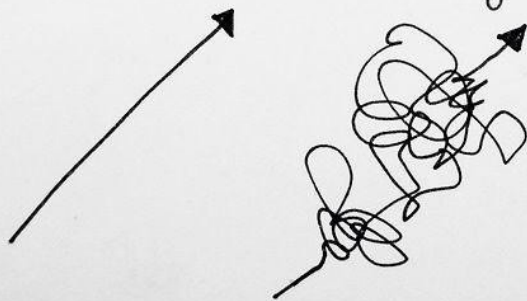
TRYING TO GET MY 9TH STEP OVER



RECOVERY

Expectations

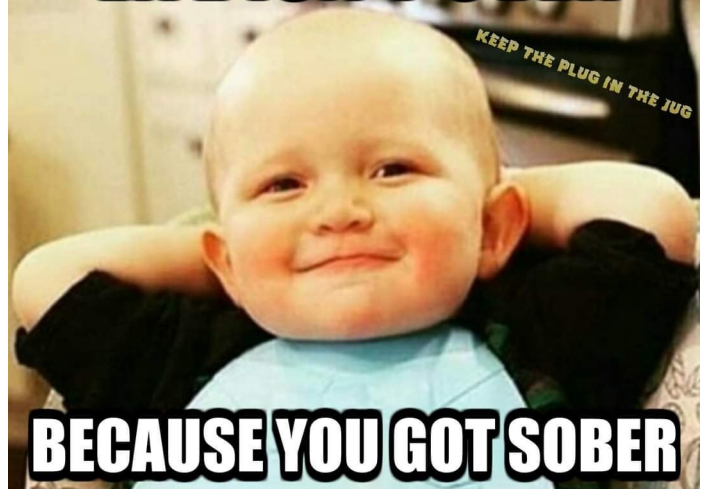
Reality



Morgue 5th Step



WHEN YOU REALIZE LIFE ISN'T OVER



SEND YOUR SUBMISSIONS TO
SOSOEDITOR@GMAIL.COM

VALLEJO FELLOWSHIP'S In-person Speaker Meeting!

First Saturday of the Month
Event starts at 6:45pm

April 2nd – Joe E.

May 7th – Richard B.

June 4th – Leah M.



At: Vallejo Fellowship Hall, 942 Tennessee St., Vallejo, CA

OPEN SERVICE POSITIONS

Central Office:

Alternate Chairperson - fills in for the Chairperson in his absence, takes over the Chair position next year

General Service Liaison - attends district General Service and Central Office meetings and reports on activities for both

Central Office meeting is the first Wednesday of every month at 7:30pm on Zoom
Zoom Id: New Zoom Number is Coming Check Website

District General Service:

CURRENT TREASURER IS DONE AFTER THIS MONTH!!! WE REALLY NEED SOMEONE TO STEP UP!!!

District Treasurer - attend the monthly District meeting, process group contributions, and issue checks for operating expenses, any other reimbursements.

District Committee Member (DCM) – DCMs are needed in two of the three sub-districts, regularly attends all District meetings, the monthly area meeting and area assemblies, assist GSRs in becoming acquainted with The AA Service Manual and other service material.

District Cooperation with the Professional Community/Public Information Chair - attends the monthly District meeting, reach out to the Professional Community in District, attend monthly Area CPC meetings.

District Literature/Grapevine Chair - attend the monthly District meeting, attend groups and talk about AA literature and the Grapevine, attend monthly Area Literature/Grapevine meetings.

Bridging the Gap Chair - attend the monthly District meeting, act as liaison with the Area BTG Committee – attending the monthly Area BTG meeting, create and maintain a list of volunteers who act as the contact people.

Make Sure your home group has a General Service Representative (GSR) so your group's voice can be heard. (Maybe the "Most Important Position in AA")

District General Service meeting is the second Monday of every month at 7pm on Zoom
Zoom Id: 895 6759 4853

The Central Office Corner

Sobriety Birthdays In the month of *April*



Matt C. 4/8/19 (3 Years!!)

Taylor M. 4/2/2007 (15 Years!!)

Mila M. 4/16/2012 (10 Years!!)

Michele H. 4/12/2002 (20 Years!!)

Charley D. 4/04/2013 (9 Years!!)

Andy M. 4/11/2013 (9 Years!!)

Painter Jim 4/29/1996 (26 Years!!)

Kris A. 4/03/2013 (9 Years!!)

Lorri Marie 4/15/1989 (33 Years!!)

Pat O. 4/19/2009 (13 Years!!)

Pete R. 4/09/2014 (8 Years!!)

Vicki B. 4/08/2011 (11 Years!!)

Brian H. 4/04/2003 (19 Years!!)

Sierra J. 4/05/2010 (12 Years!!)

Kathleen S. 4/03/1985 (37 Years!!)

Kim K. 4/16/1990 (32 Years!!)

District 09 Solano South

MONTHLY BIRTHDAY SPEAKER MEETING!

Jay B. From Oakland

April 8th 8:00pm

Host group:

Thursday Night 8pm

Hilltop (Popcorn) Meeting

At Benicia Senior
Center

1201 East 2nd Street, Benicia



Reminder:

Please bring your old AA chips to turn in when getting your new chip at the Solano South Monthly Birthday Speaker Meeting

You can turn them in to Mike at the front table



A.A. District 09 April 2022 Southern Solano County

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27 This isn't the complete list of meetings in District and meetings are changing weekly regarding COVID. Check the website for the latest.	28 Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday	1 American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 AM Every Tuesday	2 CENTRAL OFFICE Business Meeting the first Wednesday of every month at 7:30pm on Zoom Zoom Id: New Zoom Number Coming	3 Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Chr. 8:00-9:00pm No Smoking Every Thursday	1 Vallejo Fellowship 12:00 Noon to 1:00pm 942 Tennessee St, Vallejo Every Friday	2 Vallejo Fellowship Speaker Night starts at 6:45pm In Person 942 Tennessee St, Vallejo Pre-conference Assembly
3 Go to Any Lengths Online 9:30am-10:30am Zoom: 834 3950 6139 Every Sunday Pre-conference Assembly	4 American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 PM Every Monday	5 Mare Island Grp Online Rotating Format 730pm—830pm Zoom:865 7556 2290 Every Tuesday	6 Vallejo Fellowship <i>Early Birds</i> 7-8:00am 942 Tennessee St, Vallejo Every Wednesday	7 Benicia First Street Group 6:30-7:30pm Heritage Pres. Ch 1400 E 2nd St, Benicia Every Thursday	8 District 09 Monthly Birthday Speaker Meeting 8:00pm Benicia Senior Center	9 2 or More Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday
10 * denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend	11 DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm on Zoom Zoom Id: 895 6759 4853	12 Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday	13 Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Tu-Sat	14 11 th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday	15 First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2 nd Street Benicia	16 Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am Every Saturday
17 Benicia Sunday Night Discussion St. Paul's Episc. 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4 th Sunday	18 Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun	19 Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday	20 Spring Hill Study Group '12 by 12' Online Zoom: 865 7556 2290 8-9 pm Every Wednesday	21 Vallejo Fellowship <i>Early Birds</i> 7:00-8:00AM 942 Tennessee St, Vallejo Every Thursday	22 Friday Night Lights Daily Reflections Online Zoom: 865 7556 2290 8-9 pm Every Friday	23 Came to Believe Overlook Park Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday
24 Vallejo Fellowship Early Birds 942 Tennessee St, Vallejo 7:00 AM 7 days/WK	25 Vallejo Women's Group* The First Christian Church 1035 Indiana St. Vallejo, Ca. 94590	26 Benicia First St. Group Heritage Pres. Ch. 1400 E 2 nd St Benicia 6:30-7:30pm Every Tuesday	27 Men' 12by12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday	28 Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St 6:30-7:30pm Every Thursday	29 TGIF Living Sober Book Study Southern Solano Alano Club 2046 Columbus Pkwy, Benicia noon-1:00pm.	30 A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday
1 First Street Group 12 and 12 Meeting Heritage Presbyterian Church 1400 East 2nd St Benicia 5-6:00 PM Every Sun	2 Vallejo Fellowship Early Birds 7am 942 Tennessee St. Vallejo	A.A. On the Web... Alcoholics Anonymous Official Site: http://www.aa.org/ District 09 Southern Solano AA http://www.aasolanosouth.org/ NorCalAA http://norcalaa.org/index.html				

**The Vallejo Fellowship is located at:
942 Tennessee St, Vallejo, CA
Vallejo Fellowship Telephone number is
707-557-6318**

**You can make
your contributions
to Central Office
electronically
through:**



venmo

Please visit Venmo.com on your computer or the Venmo app on your phone and search for our Treasurer, @Michael-LaPlante-8. You will be able to make a contribution there. **Thank you!**

South Solano County

Central Office

All Prices include 8.625% Sales Tax

CODE	Book Description	Price
B-0	Anniversary 75 Edition of Alocholics Anonymous	\$13.50
B1	Alcoholics Anonymous 4th Edition(Hard Cover)	\$11.00
B30	Alcoholics Anonymous 4th Edition (Soft cover)	\$10.00
B16	Alcoholics Anonymous 4th Edition (Large Print))	\$12.00
B35	Alcoholics Anonymous 4th Edition (Abr. Pocket Version)	\$5.75
B2	12 Steps and 12 Traditions	\$11.00
B15	12 Steps and 12 Traditions (Soft Cover)	\$9.50
B14	12 Steps and 12 Traditions (Large Print)	\$10.00
B17	12 Steps and 12 Traditions (Pocket Soft Cover)	\$7.50
B12	Daily Reflections	\$12.00
B19	Daily Reflections (Large Print)	\$13.00
B7	Living Sober	\$6.50
B25	Living Sober (Large Print)	\$7.00
B5	As Bill Sees It (Hard and Pocket Version)	\$10.00
B27	As Bill Sees It (Large Print)	\$10.50
B6	Came To Believe	\$6.50
B26	Came To Believe (Large Print)	\$7.00
B3	AA Comes of Age	\$12.00
B8	Dr. Bob and the Good Old Timers	\$12.00
B9	Pass It On	\$12.00
B13	AA In Prisons: Inmate to Inmate	\$4.00
B20	Experience, Strength, and Hope	\$7.00
GV-06	The Language of the Heart	\$15.75
GV-11	The Language of the Heart (Soft Cover)	\$14.50
GV-15	The Home Group- Heart Beat of AA	\$15.00
GV-17	Emotional Sobriety/ GV- 26 Emotional Sobriety II	\$15.00
GV-13	Thank You for Sharing /GV- 34 Forming True Partnerships	\$15.00
GV-31	No Matter What / GV- 29 Happy, Joyous & Free	\$15.00
BM31	The AA Service Manual and 12 Concepts For World Service	\$5.00
BM32	12 Concepts For World Service	\$4.75
BB-06	The Best of Bill (Soft Cover)	\$6.25
BB-07	The Best of Bill (Large Print)	\$7.25
NP-01	Newcomer Packets	\$1.00
All	Pamphlets and folding Wallet Cards	\$0.25

ALL SPANISH BOOKS ARE THE SAME PRICE AS THE ENGLISH VERSION

Updated as of 3/8/21

Southern Solano Central Office Monthly
Birthday Speaker Meeting

Speaker:

Jay B. *from Oakland*



Friday, April 8th, 2022

8 pm at the Senior Center in Benicia

Host Group: Thursday Night 8pm Hilltop (Popcorn) Meeting

**DIRECTIONS TO THE BENICIA SENIOR CENTER @ 1201 East 2nd Street,
BENICIA :**

Concord: Take HWY 780 to Second Street Exit.

Vallejo: Take HWY 780 to Fifth Second Street Exit.

CALIFORNIA NORTHERN COASTAL AREA 06 OF ALCOHOLICS ANONYMOUS PRE-CONFERENCE ASSEMBLY 2022

"A.A. Comes of Age 2.0: Unified in Love and Service"

SATURDAY/SUNDAY APRIL 2 & 3, 2022

Online Meeting Link TBD

**Petaluma Veterans Memorial Building
1094 Petaluma Blvd S, Petaluma, CA 94952**

Saturday

8:15 – 9:15 am Registration

9:15 - 9:30 am Orientation

9:30 am Business Meeting

12:00 – 1:00pm Lunch

1:00pm – 1:30

**Remarks from the Delegate
Sharing on the Conference Theme**

1:30pm Group Consciences

Agenda

Trustees

Literature

Grapevine / La Viña

PI

Corrections

5:00-5:30pm What's on your Mind?

Please clean up all your belongings

Sunday

8:00-9:00am Registration

9:00am Group Consciences

CPC

Finance

Policy / Admissions

Report & Charter

Treatment & Accessibilities

Archives

International Conventions /

Regional Forums

12:30-1pm What's on your Mind?

(If extra time is needed to hear group
consciences, we will break for lunch
and return at 2pm to continue)

**BRING YOUR FM RADIO FOR
SIMULTANEOUS
Spanish/English
INTERPRETATION**

Lodging in Petaluma:

Sheraton Sonoma Wine Country Petaluma

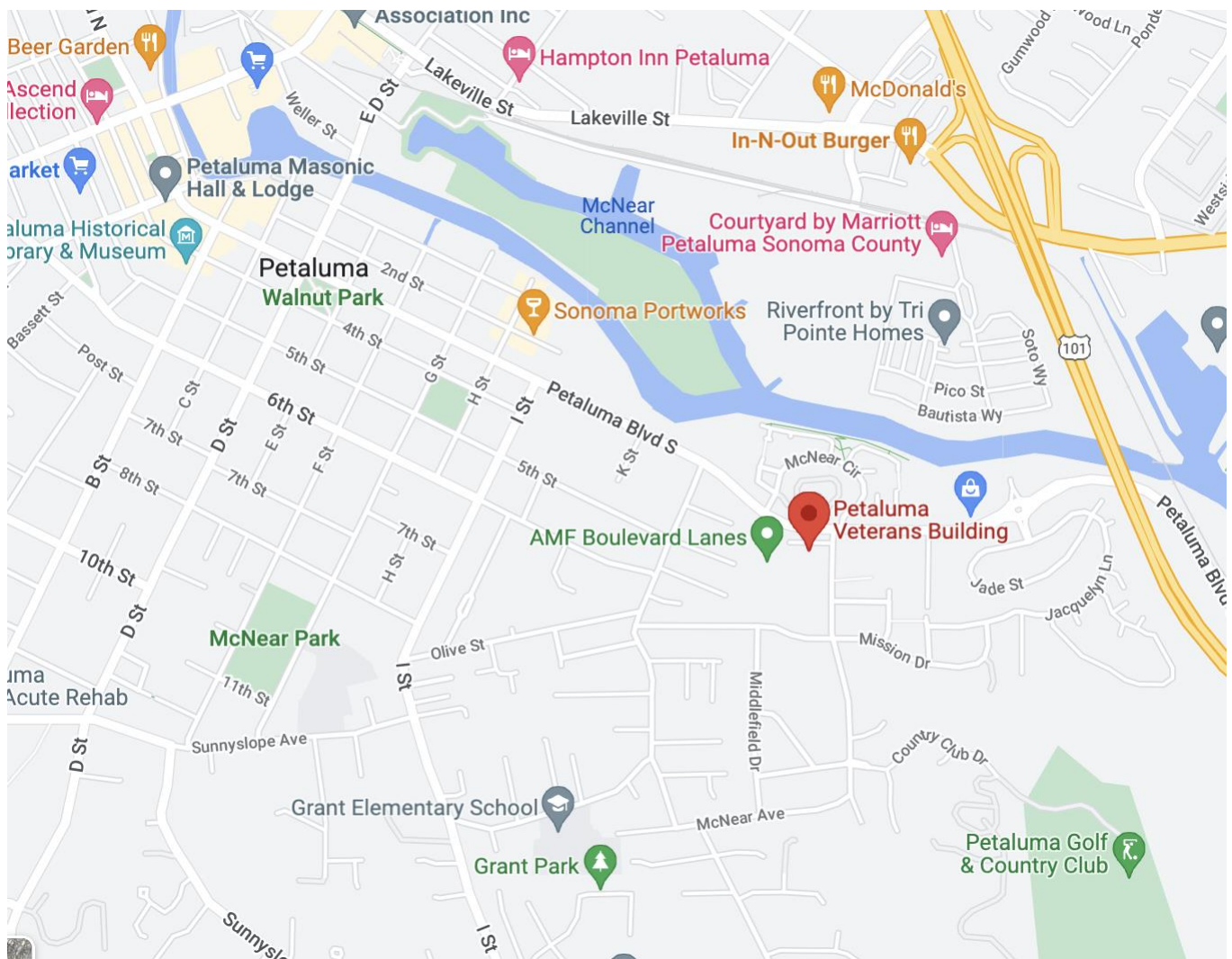
745 Baywood Drive
Petaluma CA 94954
707-283-2888
www.marriot.com

Hampton Inn Petaluma

450 Jefferson Street
Petaluma, CA 94952
707-397-0000
www.hilton.com

Hotel Petaluma, Ascend Hotel Collection

205 Kentucky Street
Petaluma, CA 94952
707-241-9136
www.choicehotels.com



JOIN US FOR A CELEBRATION!

CHILI COOK-OFF

ON THE ROCKS IS TURNING 17!

**Thursday,
April 21st**

From 5-6:30pm

United Methodist Church

1875 Fairfield Ave.
Fairfield

**Please bring your favorite chili to enter the
contest!**

TURLOCK UNITY DAY

**SATURDAY
APRIL 23, 2022**



**STAN COUNTY
FAIRGROUNDS- E1
TURLOCK**

CELEBRATING 30 YEARS OF UNITY

THE FUN BEGINS AT 11!



**CATERED MEXICAN
DINNER FOR \$12!
DJ, DANCING,
RAFFLES & PRIZES!**

\$3 SUGGESTED REGISTRATION

OPENS AT 11AM; REGISTRATION & SNACK BAR ARE OPEN ALL DAY!

12:15PM OPENING UNITY DAY SPEAKER: STEVE V., 11 YRS, TURLOCK, CA

1:30PM AL-ANON SPEAKER: KATHY S., 34 YEARS, MAPLE SQ AFG, LODI, CA

2:45PM YOUNG PEOPLE'S PANEL

4PM YOUNG PEOPLE'S SPEAKER: KATHY W., 35 YEARS, LONG BEACH, CA

5PM AL-ANON PRIZE DRAWING

5:30PM DINNER- CATERED MEXICAN DINNER FOR \$12!

6:30PM SOBRIETY COUNTDOWN

7PM MAIN SPEAKER: CAMI L., 16 YEARS, CARMICHAEL, CA

8:15PM-CLOSE DJ AND DANCING! RAFFLES AND PRIZES!

**30 YEARS OF
UNITY**

**QUESTIONS? CONTACT BRUCE:
BRUCE.DOWSR@YAHOO.COM**

hosted by:
Area 69



IN PERSON !

WWW.2022AAPACIFICREGFORUM.COM

Sept. 16 - 18, 2022

**PACIFIC
REGIONAL
FORUM**

Mariott Downtown @ City Creek
75 W Temple St., Salt Lake City, Utah

RECOVERY ELEVATED