Volume 22, Issue 3

March 2022

1







"Made a decision to turn our will and our lives over to the care of God as we understood Him."

#### MEETING NOTES:

Just a little reminder:

Closed 11th Step Discussion Meeting

10am @ Alano Club Sunday

10 minute mediation then readings and shares. Great meeting. Come join Us!!!

#### **Oldest meeting in Benicia Needs Support!**

St. Paul's Sunday Night Meeting could use support. 8-9pm; 120 East J Street Benicia, CA



Also, all of the other morning meetings of Attitude Adjustment need support too! – Tues, Wed, Thur, Fri, Sat 7am-8am

#### CNCA 06

California Northern Coastal Area of AA

#### **Chair's Preview**

At our last Area Committee Meeting in January, we had a light agenda with good discussions.

We had a presentation for an update of the CNCA Expense Reimbursement guidelines presented by our Finance committee, two Housekeeping Motions were presented; one to send a contribution of full cost per member to the General Conference, and the second; a request for travel expense reimbursement for Area 06 Hybrid Ad-Hoc Committee members, both will be presented as new business in February's ACM. We continued to heard groups and personal opinions on the motion regarding virtual and in-person CNCA Area meetings motion. We got to discuss the item of New Business to increase the hourly rate for professional and professional guality area interpreters from \$60 to \$75. for this it is important to discuss with our groups and ask them to express their thoughts at the monthly Area meetings

In other issues we'll keep you all updated on the county and the Petaluma Community center regarding the inperson Area Committee Meeting currently scheduled to resume in March. We are also looking forward for the upcoming Pre-Conference Assembly as District 12 Sonoma keeps working on the preparations.

We are all anxiously awaiting the arrival the Agenda Topics along with the background material. Our delegate distributed the preliminary Agenda Topics to the DCMCs in January. The officers have their plan in place to start work on the Agenda Topics Summaries on February 15 and have them ready and fully translated for distribution in the first week of March.

#### **Online Meetings Need Support**

Several members can't do in-person meetings for health reasons. These meetings need continued support (all use same Meeting ID: 865 7556 2290):



Tuesday Here and Now Book Study 12noon-1pm Tuesday Mare Island Rotating Format 7:30pm-8:30pm

Wednesday Spring Hill Step Study 8pm-9pm Friday Night Lights Daily Reflections 8pm-9pm

If you have a meeting announcement that could be added to the newsletter please send me an email at:



<u>sosoeditor@gmail.com</u>

The Area website, <u>www.cnca06.org</u> is frequently updated and has up-to-date information on all events.

#### **Delegate's Corner**

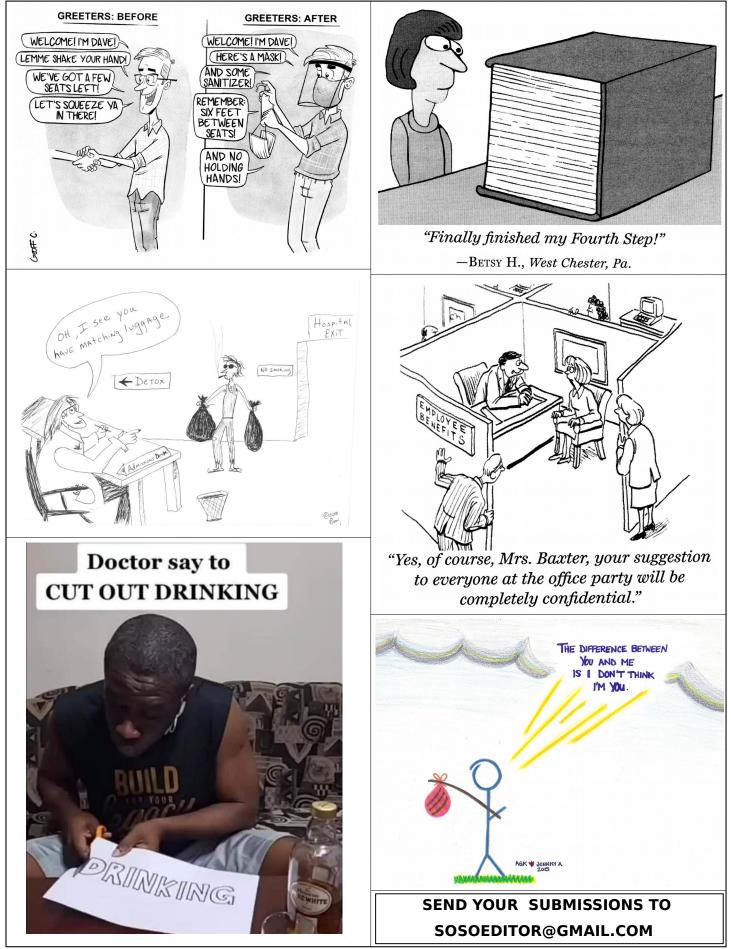
I'm writing this at the Marriott Hotel in Brooklyn, NY, where I have had the once-in-a-lifetime opportunity to attend the January General Service Board (GSB) weekend as a Conference committee chair. My head is swirling with information and ideas, and my heart is bursting with gratitude and joy. I will share some of what I saw, heard, and felt here, and more when I see you in the days to come... either in person or in the virtual squares. You will also get to hear a detailed report from our Pacific Regional Trustee, Kathi F., at PRAASA. Don't miss that! It will be her last one.

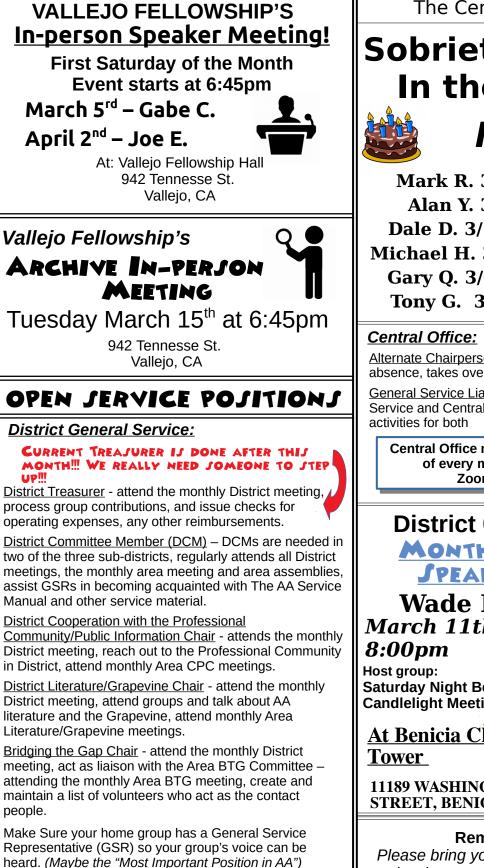
I surprised myself a bit when I spoke up in the General Sharing Session and made myself vulnerable. One of the gifts I have found in A.A. is letting others get to know me. Several people spoke to how there can be a separation of "us" and "them" when we are serving at different levels in the structure. These past two years have been tough. How we communicate is so important. People often ask for more transparency, when I think what they really want is to feel part of the decisions. When we don't feel heard, or don't feel trusted, we might start to question other people's motives or build resentments. I feel that our Area has a long history of trust in the Board and the Conference process. But I think we can do better to foster that trust and unity within our own Area structure. Recognizing that we all have passion and love for our fellowship and concern for the future, what am I not understanding in someone else's experience? What part of self is standing in the way of my usefulness? I intend to keep taking my own inventory in this regard.

Jennifer B., Panel 71 Delegate

Miguel H, Panel 71 CNCA Chair

#### We Are Not A Glum Lot





District General Service meeting is the second Monday of every month at 7pm on Zoom Zoom Id: 895 6759 4853

#### The Central Office Corner

## Sobriety Birthdays In the month of

March

Mark R. 3/15/99 (23 Years!!) Alan Y. 3/27/14 (8 Years!!) Dale D. 3/17/2009 (13 Years!!) Michael H. 3/18/2008 (14 Years!!) Gary Q. 3/04/2001 (21 Years!!) Tony G. 3/11/2013 (9 Years!!)

<u>Alternate Chairperson</u> - fills in for the Chairperson in his absence, takes over the Chair position next year

<u>General Service Liaison</u> - attends district General Service and Central Office meetings and reports on activities for both

Central Office meeting is the first Wednesday of every month at 7:30pm on Zoom Zoom Id: 889 2369 2100



Please bring your old AA chips to turn in when getting your new chip at the Solano South Monthly Birthday Speaker Meeting You can turn them in to Mike at the front table



#### A.A. District 09 March 2022 Southern Solano County

| Sun  | Mon   | Tue   | Wed   | Thu  |  | Fri   | Sat   |
|--|---|---|---|--|--|---|---|
| 27<br>This isn't the<br>complete list of<br>meetings in District<br>and meetings are<br>changing weekly<br>regarding COVID.<br>Check the website for<br>the latest.  | 28<br>Attitude Adjustment<br>Get to the Point<br>Discussion<br>St. Paul's Episc.<br>1st & J St., Benicia<br>8:00-9:00 PM<br>Every Monday    | 1<br>American Canyon<br>Fellowship<br>11 Poco Way<br>American Canyon<br>7-8:00 AM<br>Every Tuesday  | 2<br>CENTRAL OFFICE<br>Business Meeting<br>the first Wednesday<br>of every month at<br>7:30pm on Zoom<br>Zoom Id: 594 146<br>1966 | 3<br>Benicia Hill Top<br>Discussion<br>1305 West 2nd St.<br>Benicia<br>Congressional Chr.<br>8:00-9:00pm<br>No Smoking<br>Every Thursday |  | 4<br>Vallejo Fellowship<br>12:00 Noon to<br>1:00pm<br>942 Tennessee St,<br>Vallejo<br>Every Friday                                  | 5<br>Vallejo Fellowship<br>Speaker Night<br>starts at 6:45pm<br>In Person<br>942 Tennessee St,<br>Vallejo<br>First Saturday of the<br>Month |
| 6  | 7   | 8   | 9   | 10   |  | 11  | 12  |
| Go to Any Lengths<br>Online<br>9:30am-10:30am<br>Zoom: 834 3950 6139<br>Every Sunday   | American Canyon<br>Fellowship<br>11 Poco Way<br>American Canyon<br>7-8:00 PM<br>Every Monday  | Mare Island Grp<br>Online<br>Rotating Format<br>730pm—830pm<br>Zoom:865 7556 2290<br>Every Tuesday  | Vallejo Fellowship<br>Early Birds<br>7-8:00am<br>942 Tennessee St,<br>Vallejo<br>Every Wednesday6                                 | Benicia First Street<br>Group<br>6:30-7:30pm<br>Heritage Pres. Ch<br>1400 E 2nd St,<br>Benicia<br>Every Thursday                         |  | District 09 Monthly<br>Birthday Speaker<br>Meeting<br>8:00pm<br>Benicia Clock Tower   | 2 or More Book<br>Study<br>9-10:00 am<br>Reception Hall<br>101 Temple Way<br>Vallejo<br>Every Saturday                                      |
| 13<br>* denotes "closed"<br>meetings. Only<br>humans with a desire<br>to stop drinking are<br>encouraged to attend   | 14<br>DISTRICT 09<br>GENERAL SERVICE<br>Business Meeting<br>the second Monday of<br>every month at 7pm on<br>Zoom<br>Zoom Id: 895 6759 4853 | 15<br>Benicia Straits<br>Speaker Discussion<br>Southern Solano<br>Alano Club<br>2046 Columbus<br>Pkwy, Benicia<br>7:30-8:45<br>Every Tuesday  | 16<br>Attitude Adjust<br>St. Paul's Episc.<br>1st & J St.<br>Benicia<br>7-8:00 AM<br>Tu-Sat                                       | 17<br>11 <sup>th</sup> Step Meditation<br>Meeting<br>So. Solano Alano<br>2046 Columbus<br>Pkwy, Benicia<br>6:30-7:30pm<br>Every Thursday |  | 18<br>First Street Group<br>Big Book Study<br>Heritage Presbyterian<br>Church<br>6:30pm<br>1400 E 2 <sup>nd</sup> Street<br>Benicia | 19<br>Serenity on Saturday<br>Speaker/Discussion,<br>Online<br>Zoom 881 3928 1979<br>10:00-11:00am<br>Every Saturday                        |
| 20   | 21  | 22  | 23  | 24<br>Vallejo Fellowship<br><i>Early Birds</i><br>7:00-8:00AM<br>942 Tennessee St,<br>Vallejo<br>Every Thursday                          |  | 25  | 26  |
| Benicia Sunday<br>Night<br>Discussion<br>St. Paul's Episc.<br>1st & J St., Benicia<br>8-9:00 PM<br>Every Sunday<br>Bday meeting 4 <sup>rd</sup> Sunday   | Attitude Adjust<br>Online<br>Zoom: 401 588 9043<br>PW: Attitude<br>7-8:00 AM Mon<br>6:30-7:30 AM Sun  | Here & Now<br>Big Book Study<br>Online<br>Zoom: 865 7556 2290<br>Noon-1:00<br>Every Tuesday   | Spring Hill Study<br>Group<br>'12 by 12'<br>Online<br>Zoom: 865 7556 2290<br>8-9 pm<br>Every Wednesday                            |  |  | Friday Night Lights<br>Daily Reflections<br>Online<br>Zoom: 865 7556 2290<br>8-9 pm<br>Every Friday                                 | Came to Believe<br>Overlook Park<br>Light House Church<br>1175 Church Street,<br>Benicia<br>7:00-8:00pm<br>Every Saturday                   |
| 27   | 28  | 29  | 30  | 31   |  | 1   | 2   |
| Vallejo Fellowship<br>Early Birds<br>942 Tennessee St,<br>Vallejo<br>7:00 AM<br>7 days/WK  | Vallejo Women's<br>Group*<br>The First Christian<br>Church<br>1035 Indiana St.<br>Vallejo, Ca. 94590  | Benicia First St.<br>Group<br>Heritage Pres. Ch.<br>1400 E 2 <sup>nd</sup> St Benicia<br>6:30-7:30pm<br>Every Tuesday   | Men' 12by12 Study *<br>Southern Solano<br>Alano Club<br>2046 Columbus<br>Pkwy, Benicia<br>7:30-8:30pm<br>Every Wednesday          | Topic d<br>Me<br>Heritage<br>1400 Ea<br>6:30-7   | 1st St Grp<br>iscussion<br>eting<br>Pres Ch.<br>ist 2nd St<br>7:30pm<br>Fhursday | TGIF Living Sober<br>Book Study<br>Southern Solano<br>Alano Club<br>2046 Columbus<br>Pkwy, Benicia<br>noon-1:00pm.                  | A Vision for You<br>Online<br>Zoom: 719 577 3029<br>Noon to 1:00pm<br>Every Saturday  |
| 3<br>First Street Group<br>12 and 12 Meeting<br>Heritage Presbyterian<br>Church<br>1400 East 2nd St<br>Benicia 5-6:00 PM<br>Every Sun  | 4<br>Vallejo Fellowship<br>Early Birds<br>7am<br>942 Tennessee St.<br>Vallejo   | A.A. On the Web<br>Alcoholics Anonymous Official Site:<br><u>http://www.aa.org/</u><br>District 09 Southern Solano AA<br><u>http://www.aasolanosouth.org/</u><br>NorCalAA <u>http://norcalaa.org/index.html</u> |   |  | your<br>to Ce  | can make<br>contributio<br>entral Office<br>cronically<br>ugh:  |   |
| The Vallejo Fellowship is located at:<br>942 Tennessee St, Vallejo, CA<br>Please visit Venmo.com on your<br>computer or the Venmo app on<br>your phone and search for our<br>Treasurer, @Michael-LaPlante-8. |   |   |   |  |  |   |   |

Vallejo Fellowship Telephone number is 707-557-6318

Treasurer, @Michael-LaPlante-8. You will be able to make a contribution there. Thank you!

#### South Solano County Central Office All Prices include 8.625% Sales Tax

| CODE  | Book Description   | Price   |
|-------|--|---------|
|       |  |         |
| B-0   | Anniversary 75 Edition of Alocholics Anonymous           | \$13.50 |
| B1    | Alcoholics Anonymous 4th Edition(Hard Cover)             | \$11.00 |
| B30   | Alcoholics Anonymous 4th Edition (Soft cover)            | \$10.00 |
| B16   | Alcoholics Anonymous 4th Edition (Large Print))          | \$12.00 |
| B35   | Alcoholics Anonymous 4th Edition (Abr. Pocket Version)   | \$5.75  |
| B2    | 12 Steps and 12 Traditions                               | \$11.00 |
| B15   | 12 Steps and 12 Traditions (Soft Cover)                  | \$9.50  |
| B14   | 12 Steps and 12 Traditions (Large Print)                 | \$10.00 |
| B17   | 12 Steps and 12 Traditions (Pocket Soft Cover)           | \$7.50  |
| B12   | Daily Reflections  | \$12.00 |
| B19   | Daily Reflections (Large Print)                          | \$13.00 |
| B7    | Living Sober   | \$6.50  |
| B25   | Living Sober (Large Print)                               | \$7.00  |
| B5    | As Bill Sees It (Hard and Pocket Version)                | \$10.00 |
| B27   | As Bill Sees It (Large Print)                            | \$10.50 |
| B6    | Came To Believe  | \$6.50  |
| B26   | Came To Believe (Large Print)                            | \$7.00  |
| B3    | AA Comes of Age  | \$12.00 |
| B8    | Dr. Bob and the Good Old Timers                          | \$12.00 |
| B9    | Pass It On   | \$12.00 |
| B13   | AA In Prisons: Inmate to Inmate                          | \$4.00  |
| B20   | Experience, Strength, and Hope                           | \$7.00  |
| GV-06 | The Language of the Heart                                | \$15.75 |
| GV-11 | The Language of the Heart (Soft Cover)                   | \$14.50 |
| GV-15 | The Home Group- Heart Beat of AA                         | \$15.00 |
| GV-17 | Emotional Sobriety/ GV- 26 Emotional Sobriety II         | \$15.00 |
| GV-13 | Thank You for Sharing /GV- 34 Forming True Partnerships  | \$15.00 |
| GV-31 | No Matter What / GV- 29 Happy, Joyous & Free             | \$15.00 |
| BM31  | The AA Service Manual and 12 Concepts For World Service  | \$5.00  |
| BM32  | 12 Concepts For World Service                            | \$4.75  |
| BB-06 | The Best of Bill (Soft Cover)                            | \$6.25  |
| BB-07 | The Best of Bill ( Large Print )                         | \$7.25  |
| NP-01 | Newcomer Packets   | \$1.00  |
| All   | Pamphlets and folding Wallet Cards                       | \$0.25  |
|       | L SPANISH BOOKS ARE THE SAME PRICE AS THE ENGLISH VERSIO |         |

ALL SPANISH BOOKS ARE THE SAME PRICE AS THE ENGLISH VERSION

# Southern Solano Central Office Monthly Birthday Speaker Meeting

Speaker:

# Wade F. from Santa Fe, NM



# Friday, March 11<sup>th</sup>, 2022

#### 8 pm at the Clock Tower in Benicia Host Group: Saturday Night Benicia Candlelight Meeting

#### DIRECTIONS TO THE CLOCK TOWER @ 1189 WASHINGTON STREET, BENICIA: Concord: Take HWY 780 to Fifth Street Exit. Turn left onto Fifth Street at bottom of ramp. Vallejo: Take HWY 780 to Fifth Street Exit. Turn right onto Fifth Street at bottom of ramp

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.



WHAT IS PRAASA? It is 3 day program which includes panel presentations on the General Service Conference theme and agenda items, roundtable discussions for members to network with others who share their service position, open mic sharing, questions and Al-Anon participation.

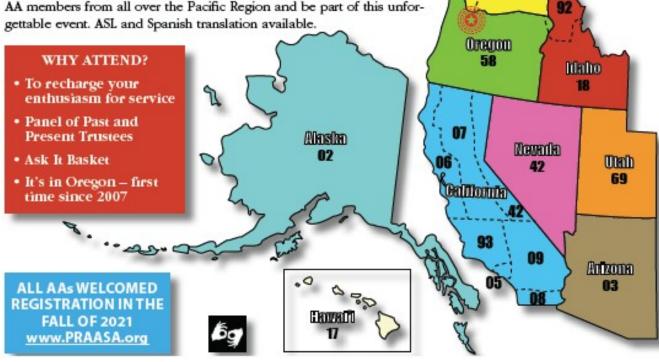
WHAT IS PRAASA'S PURPOSE? The purpose of PRAASA is to develop greater unity among the members, groups, and Areas of the Pacific Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of AA. The

> Washington 72 / 92

> > 53 OFFERION 42 NEWLIA 17 HAVAUN 13 IDAN

Assembly and the PRAASA committee should always foster the Recovery, Unity and Service legacies of AA.

AN EXPERIENCE YOU MUST NOT MISS! Come join over 1,500 excited AA members from all over the Pacific Region and be part of this unfor-



# DISTRICT 12 PRAASA ZOOM ROOM

MARCH 4-6 VIRTUAL ROOM OPEN ALL WEEKEND -DROP IN BETWEEN PANELS -SHARE EXPERIENCES -FELLOWSHIP

> ID: 845 4386 1622 Passcode: 1935



#### <u>Northern California Council of</u> <u>A</u>lcoholics <u>A</u>nonymous

Oldest AA Conference Since 1947!

# San Jose, CA

#### Holiday Inn San Jose-Silicon Valley

1350 North 1st St San Jose, CA 95112

#### March 11, 12, 13, 2022

Saturday March 12, 2022

Friday March 11, 2022

2:00 PM Registration Opens 5:00 PM Long Timer's Panel 8:00 PM Open Speaker Meeting 11:00 AM – NCCAA Delegates Meeting – Officer Elections 8:00 PM Open Speaker Meeting

Dave B. Torrance, CA David D. Los Gatos, CA Sunday March 15, 2022

8:00 AM Morning Meditation 10:00 AM Open Speaker Meeting

Nicole C. Morgan Hill, CA

Additional program information on back of flyer

#### Al-Anon and Spanish Speakers & Participation

Area 06 & 07 Updates – Marathon Meeting



Saturday Night Dance – Free Drawing Sunday Morning Meditation Meeting

Officer Elections will be held at this Conference

Visit NCCAA website for more information on how to be of Service to NCCAA.

NCCAA Website

norcalaa.org

#### PRE-REGISTRATION CUT OFF DATE IS MARCH 1<sup>st</sup>, 2022 CONFERENCE RATE FOR HOTEL CUT OFF DATE IS FEBRUARY 22<sup>nd</sup>, 2022

#### PRE-REGISTRATION - \$20.00 (per person) - AT THE CONFERENCE - \$25.00

If you already registered for the canceled 2020 San Jose Conference your Registration will be honored. Please check NCCAA website to check if your name is on the list.

VISIT OUR WEBSITE AT --http://www.norcalaa.org



Alcoholics Anonymous

Solano North General Service District 90



# Agenda Topics Workshop 2022

Saturday March 12, 2022



General Service Conference Theme: AA Comes of Age 2.0

**Concept I:** Final responsibility and ultimate authority for A.A. World Services should always reside in the collective group conscience of our whole Fellowship



SATURDAY, MARCH 12, 2022 12:00 noon – 3:30 PM PST

AGENDA TOPICS WORKSHOP District 04 & 40 Santa Clara County Area 06

| 12:10 PMPanel Presentation: The Conference Process<br>Speaker from Area 06 present on the 2022 agenda topics and the<br>assembly process.1:30 PMBreak1:50 PMPanel Presentation: The Group Conscience |
|--|
| assembly process.   1:30 PM   Break  |
| 1:30 PM Break  |
|  |
| 1.50 DM Panel Presentation: The Group Conscience   |
| T.JU FIT Fanci Freschiedon. The Group conscience   |
| Speaker from Area 06 present on the 2022 agenda topics and   |
| gathering Group Conscience.  |
| 2:10 PM Break-out Mock Sessions  |
| Practice sharing sessions-learn how to conduct a sharing   |
| session.   |
| How to deliver your Group Conscience at the Pre-Conference   |
| Assembly   |
| 2:45 PM Wrap-up: Questions & Answers with speakers   |

#### **Responsibility Statement**

I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.

#### ZOOM ID: 323 808 9901 PW: Service

Conference Theme:

AA Comes of Age 2.0: Unified in Love & Service



Alcoholics Anonymous District 7 & 70 Alameda County North & South General Service present:

Agenda Topics Workshop 2022 On March 12, 2022, 10 AM - 2 PM

- Learn how to help your meeting make an informed group conscience on the Agenda Topics that will be presented at the 72nd General Service Conference in New York.
- Meet and share with past Delegates and Trustees.
- Learn more about this year's Agenda Topics from experienced GSR's, District & Area Officers.

#### Meeting ID: 774 061 7133 Password: CNCA

#### <u>Agenda</u>

| 10:00 - 10:10 am | Opening  |
|------------------|--|
| 10:10 - 11:00 am | Nancy H., Past Delegate Panel 49, Past Trustee |
| 11:00 - 11:55 am | Break Out 1                                    |
| 11:55 - 12:05 pm | Bio Break                                      |
| 12:05 - 1:00 pm  | Raymundo L., Past Delegate Panel 65            |
| 12:05 - 1:00 pm  | Raymundo L., Past Delegate Panel 65            |
| 1:00 - 2:00 pm   | Break Out 2                                    |



2022 Conference Theme: "A.A. Comes of Age 2.0: Unified in Love and Service"

#### For more information and to RSVP, contact:

Manish G. (617) 388-4659 <u>manishguptah@gmail.com</u> Roy H. 916-600-9301, <u>roytherman@gmail.com</u> The Novato Alcathon Committee presents

# St. Patrick's Day an Alcathon

Save paper, snap a photo and share

# Thursday March 17th, 2022 3pm to 9pm

# All Saints Lutheran Church

### 2 San Marin Drive, Novato

accross the street from San Marin High School

45 minute meetings start at the top o' the hour



3pm, 4pm, 5pm, 7pm, last meeting @ 8pm

## Dinner served from 6pm - 7pm

Menu: Corned beef, cabbage, carrots & potatoes

Speaker meeting at 7pm with special guest: *Gusty M. past District Chair for Marin General Service, panel 69* 

Please bring festive treats to share at the earlier meetings



Suggested donation \$15 for dinner

children under 10 free

You won't be turned away for lack of funds, simply donate what you can.

The Novato Alcathons are open meeting events. Newcomers, families & friends are all encouraged to attend.

For even more luck, please stay awhile and help us clean up

For questions - Please call: Tommas 415-505-6469