Volume 22, Issue 1 January 2022

AA District 09 Solano South

#### CENTRAL OFFICE NEWSLETTER



www.aasolanosouth.org SOSOEDITOR@GMAIL.COM

Central Office: 159 East D St., Benicia, CA 94510—(707) 745-8822



#### WE HAVE OPEN CENTRAL OFFICE POSITIONS!

There is an open position for Thursday afternoon 1-3pm.. Central Office can always use backup support for positions. Contract Trish at 925-238-1425

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"If humility can expel the obsession to drink alcohol, then surely humility can be our antidote for that subtle wine called success."

AA Co-Founder, Bill W., October 1947, "Traditions Stressed in Memphis Talk", The Language of the Heart



#### **2022 Interdistrict Workshop**

...it's virtual this year

#### THE ANNUAL WORKSHOP ON THE GENERAL SERVICE CONFERENCE THEME

Solano South, Solano North, Napa, and LakeDistricts

January 15, 2022 9:30 a.m.- 12:30 p.m.

## AA Comes of Age 2.0: Unified in Love and Service

#### **Featuring Panel Discussions:**

- How do AAs go to any lengths to recover, unify, and serve?
- Going beyond fear
- How to reach anyone, anywhere

This is a great opportunity to hear speakers from each of these districts on important topics. And you can do it from the comfort of your home!



Zoom ID: 879 9792 9684 Password: IDW2022



#### Step 1

#### "We admitted we were powerless over alcohol - that our lives had become unmanageable."

#### MEETING NOTES:

Just a little reminder:

Closed 11th Step Discussion Meeting

10am @ Alano Club Sunday

10 minute mediation then readings and shares. Great meeting. Come join Us!!!

If you have a meeting announcement that could be added to the newsletter please send me an email at:

sosoeditor@gmail.com





#### Water-bottle Earl needs support for his online meetings



Several members can't do in-person meetings for health reasons. Earl is currently the secretary for three online meetings (all use same Meeting ID: 865 7556 2290):

Monday Literature Study 7.55pm 9:30pm
Wednesday Spring Hill Step Study 8pm-9pm
Friday Night Lights Daily Reflections 8pm-9pm

These meetings could use support, and Earl could use assistance in secretarying the meetings

MONDAY HAS BEEN CANCELED BECAUSE OF LACK OF SUPPORT!

#### CNCA 06

California Northern Coastal Area of AA

#### **Delegate's Corner**

A couple of weeks ago, I had the opportunity to tag along with David to North Carolina. He was invited as a past trustee to be the assembly guest at the Area 51 Fall Assembly. I was especially excited because their awesome delegate Rainer L. is on my Conference committee. Plus, Area 51 has fun with their area number and their assemblies feature giant, inflatable green and blue aliens. This was an experience I did not want to miss! One member came up to me on the last day and said he hoped I enjoyed their Southern hospitality (I did) and that I would have nice things to say about them when I got back home. So here we go.

Fresh off of our Area inventory, I was paying attention to all the similarities and differences. I was especially inspired by a funny and informative skit on "How the Assembly Operates," the way they address excess funds in their treasury, and the multiple PreConference events they hold each year. (I also came away with renewed gratitude for the frequency with which we meet in CNCA, and the simultaneous Spanish/English interpretation we are able to provide to all.)

I attended workshops on Safety and the Upside-Down Triangle. I was moved to tears by a GSR who said she had not participated in the two years of virtual assemblies because of an aversion to Zoom. She was not happy with some of the changes made at the 71st Conference, but she recognized that her right of participation came with a responsibility that she didn't fulfill. It was a powerful share. We also know that there are members who were left out because the technology was a complete barrier to their participation. Who has .

The Area website, <u>www.cnca06.org</u> is frequently updated and has up-to-date information on all events.

been missing and why is an important question, and we won't know all the answers until we hear from them

Another highlight was seeing the surprise in the eyes of a couple of new GSRs at their first-ever assembly as realized they were eating breakfast with a past trustee and a delegate from California ("Are you lost?"). It took me back to my early days of General Service, when it felt as if a whole new world was opening up. One alcoholic talking to another is magic, especially when biscuits and gravy are involved. By the end of the weekend, we had 260 new friends.

On the last day, a new motion was made to have future assemblies be hybrid. The chair was reminded by a past delegate that she could appoint an ad hoc committee to explore it. It seems we are all in the same boat as we navigate these challenges and opportunities going into 2022.

One thing Rainer talked about in his delegate report that continues to resonate with me is the importance of discussion rather than debate. He noted that debate can be fractious, while discussion is unifying. "I need to share experience, strength and hope, rather than advocating for an agenda or outcome. I need to listen like I have no opinion, like I want my mind to change. And I need the exposure to perspectives I don't share... we cannot afford to allow the polarization of our cultural climate to bleed over into A.A. activity."

It is my belief that we are all on the same side here in CNCA: our common welfare comes first. Let's try not to divide into camps, and trust that we can work together on ways to allow for more access and participation. Let's practice patience, flexibility, love and tolerance... there is always a solution.

-Jennifer B., Panel 71 Delegate

## BAGGAGE YOU DON'T NEED TO CARRY





Step Thirteen





"Yes, you should include your father on your Ninth Step list. His Slippers are a wreck!"

## RECOVERY IS ALL IN OR ALL OUT.

There is no in between



SEND YOUR SUBMISSIONS TO SOSOEDITOR@GMAIL.COM

## VALLEJO FELLOWSHIP'S <a href="In-person Speaker Meeting!">In-person Speaker Meeting!</a>

First Saturday of the Month Event starts at 6:45pm



#### January 1th - Joanne R. from Vallejo

At: Vallejo Fellowship Hall 942 Tennesse St. Vallejo, CA



#### OPEN SERVICE POSITIONS

#### District General Service:

<u>District Committee Member (DCM)</u> – DCMs are needed in two of the three sub-districts, regularly attends all District meetings, the monthly area meeting and area assemblies, assist GSRs in becoming acquainted with The AA Service Manual and other service material.

<u>District Cooperation with the Professional</u>
<u>Community/Public Information Chair</u> - attends the monthly
District meeting, reach out to the Professional Community
in District, attend monthly Area CPC meetings.

<u>District Literature/Grapevine Chair</u> - attend the monthly District meeting, attend groups and talk about AA literature and the Grapevine, attend monthly Area Literature/Grapevine meetings.

Bridging the Gap Chair - attend the monthly District meeting, act as liaison with the Area BTG Committee – attending the monthly Area BTG meeting, create and maintain a list of volunteers who act as the contact people.

Make Sure your home group has a General Service Representative (GSR) so your group's voice can be heard. (Maybe the "Most Important Position in AA")

District General Service meeting is the second Monday of every month at 7pm on Zoom Zoom Id: 895 6759 4853

#### **Central Office:**

<u>Alternate Chairperson</u> - fills in for the Chairperson in his absence, takes over the Chair position next year

<u>General Service Liaison</u> - attends district General Service and Central Office meetings and reports on activities for both

Central Office meeting is the first Wednesday of every month at 7:30pm on Zoom Zoom Id: 594 146 1966 The Central Office Corner

## Sobriety Birthdays In the month of



January

Danny M. 1/21/2007 (15 Years!!)

Gene M. 1/16/2012 (10 Years!!)

Margaret B. 1/1/1994 (28 Years!!)

Robin B. 1/06/1996 (26 Years!!)

Stefan K. 1/17/2014 (8 Years!!)

John M. 1/25/1992 (30 Years!!)

Bree N. 1/20/2011 (11 Years!!)

Claudia K. 1/24/2001 (21 Years!!)

John N. 1/15/1979 (43 Years!!)

Mike B. 1/23/2000 (22 Years!!)

Earl H. 1/1/1985 (37 Years!!)

Pat R. 1/16/2015 (7 Years!!)

Robert A. 1/14/2012 (10 Years!!)

Lee B 1/23/1989 (33 Years!!)

Ralph W. 1/17/2016 (6 Years!!)

#### **District 09 Solano South**

MONTHLY BIRTHDAY

SPEAKER MEETING!

#### Corinne J. From Suisun

January 14th 8:00pm

Host group:

Vallejo Fellowship

At Benicia

<u>Clock Tower</u>

11189 WASHINGTON STREET, BENICIA



#### Reminder:

Please bring your old AA chips to turn in when getting your new chip at the Solano South Monthly Birthday Speaker Meeting



You can turn them in to Mike at the front table

#### A.A. District 09 January 2022 Southern Solano County

Sun	Mon	Tue	Wed	Thu	Fri	Sat
This isn't the complete list of meetings in District and meetings are changing weekly regarding COVID. Check the website for the latest.	27  Attitude Adjustment Get to the Point Discussion St. Paul's Episc. 1st & J St., Benicia 8:00-9:00 PM Every Monday	American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 AM Every Tuesday	29  Vallejo Fellowship  Early Birds 7-8:00am 942 Tennessee St, Vallejo Every Wednesday	30 Benicia Hill Top Discussion 1305 West 2nd St. Benicia Congressional Chr. 8:00-9:00pm No Smoking Every Thursday	31  Vallejo Fellowship 12:00 Noon to 1:00pm 942 Tennessee St, Vallejo Every Friday	1 Vallejo Fellowship Speaker Night 9:00pm Zoom. 238-929-5018 Pass Code: 926465 First Saturday of the Month
2	3	4	5	6	7	8
Go to Any Lengths Online 9:30am-10:30am Zoom: 834 3950 6139 Every Sunday	American Canyon Fellowship 11 Poco Way American Canyon 7-8:00 PM Every Monday	Mare Island Grp Online Rotating Format 730pm—830pm Zoom:865 7556 2290 Every Tuesday	CENTRAL OFFICE Business Meeting the first Wednesday of every month at 7:30pm on Zoom Zoom Id: 594 146 1966	Benicia First Street Group 6:30-7:30pm Heritage Pres. Ch 1400 E 2nd St, Benicia Every Thursday	First Street Group Big Book Study Heritage Presbyterian Church 6:30pm 1400 E 2 <sup>nd</sup> Street Benicia	2 or More Book Study 9-10:00 am Reception Hall 101 Temple Way Vallejo Every Saturday
9	10	11	12	13	14	15
* denotes "closed" meetings. Only humans with a desire to stop drinking are encouraged to attend	DISTRICT 09 GENERAL SERVICE Business Meeting the second Monday of every month at 7pm on Zoom Zoom Id: 895 6759 4853 Speake South Ala 2046 Pkw 7:3	Benicia Straits Speaker Discussion Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:45 Every Tuesday	Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7-8:00 AM Tu-Sat	11th Step Meditation Meeting So. Solano Alano 2046 Columbus Pkwy, Benicia 6:30-7:30pm Every Thursday	District 09 Monthly Birthday Speaker Meeting 8:00pm Benicia Clock Towe	Serenity on Saturday Speaker/Discussion, Online Zoom 881 3928 1979 10:00-11:00am
J						Interdistrict Workshop
Benicia Sunday Night Discussion St. Paul's Episc. 1st & J St., Benicia 8-9:00 PM Every Sunday Bday meeting 4 <sup>rd</sup> Sunday	Attitude Adjust Online Zoom: 401 588 9043 PW: Attitude 7-8:00 AM Mon 6:30-7:30 AM Sun	Here & Now Big Book Study Online Zoom: 865 7556 2290 Noon-1:00 Every Tuesday	Spring Hill Study Group '12 by 12' Online Zoom: 865 7556 2290 8-9 pm Every Wednesday	Vallejo Fellowship Early Birds 7:00-8:00AM 942 Tennessee St, Vallejo Every Thursday	Friday Night Lights Daily Reflections Online Zoom: 865 7556 2290 8-9 pm Every Friday	Came to Believe Overlook Park Light House Church 1175 Church Street, Benicia 7:00-8:00pm Every Saturday
23	24	25	26	27	28	29
Vallejo Fellowship Early Birds 942 Tennessee St, Vallejo 7:00 AM 7 days/WK	Vallejo Women's Group* The First Christian Church 1035 Indiana St. Vallejo, Ca. 94590	Benicia First St. Group Heritage Pres. Ch. 1400 E 2 <sup>nd</sup> St Benicia 6:30-7:30pm Every Tuesday	Men' 12by12 Study * Southern Solano Alano Club 2046 Columbus Pkwy, Benicia 7:30-8:30pm Every Wednesday	Benicia 1st St Grp Topic discussion Meeting Heritage Pres Ch. 1400 East 2nd St 6:30-7:30pm Every Thursday	TGIF Living Sober Book Study Southern Solano Alano Club 2046 Columbus Pkwy, Benicia noon-1:00pm.	A Vision for You Online Zoom: 719 577 3029 Noon to 1:00pm Every Saturday
30	31	A.A. O	n the Web	Vou	can make	

First Street Group
12 and 12 Meeting
Heritage Presbyterian
Church
1400 East 2nd St
Benicia 5-6:00 PM
Every Sun

Vallejo Fellowship
Early Birds
7am
942 Tennessee St.
Vallejo

A.A. On the Web...

Alcoholics Anonymous Official Site: http://www.aa.org/ District 09 Southern Solano AA http://www.aasolanosouth.org/

NorCalAA <a href="http://norcalaa.org/index.html">http://norcalaa.org/index.html</a>

The Vallejo Fellowship is located at: 942 Tennessee St, Vallejo, CA Vallejo Fellowship Telephone number is 707-557-6318

You can make your contributions to Central Office electronically through:

Please visit Venmo.com on your computer or the Venmo app on your phone and search for our Treasurer, @Michael-LaPlante-8. You will be able to make a contribution there. **Thank you!** 

#### South Solano County Central Office

#### All Prices include 8.625% Sales Tax

CODE	Book Description	Price		
B-0	Applyorsary 75 Edition of Alashaliss Aparymous	¢12 F0		
	Anniversary 75 Edition of Alocholics Anonymous	\$13.50		
B1	Alcoholics Anonymous 4th Edition(Hard Cover)	\$11.00		
B30	Alcoholics Anonymous 4th Edition (Soft cover)	\$10.00		
B16	Alcoholics Anonymous 4th Edition (Large Print))	\$12.00		
B35	Alcoholics Anonymous 4th Edition (Abr. Pocket Version)	\$5.75		
B2	12 Steps and 12 Traditions	\$11.00		
B15	12 Steps and 12 Traditions (Soft Cover)	\$9.50		
B14	12 Steps and 12 Traditions (Large Print)	\$10.00		
B17	12 Steps and 12 Traditions (Pocket Soft Cover)	\$7.50		
B12	Daily Reflections	\$12.00		
B19	Daily Reflections (Large Print)	\$13.00		
B7	Living Sober	\$6.50		
B25	Living Sober (Large Print)	\$7.00		
B5	As Bill Sees It (Hard and Pocket Version)	\$10.00		
B27	As Bill Sees It (Large Print)	\$10.50		
В6	Came To Believe	\$6.50		
B26	Came To Believe (Large Print)	\$7.00		
В3	AA Comes of Age	\$12.00		
B8	Dr. Bob and the Good Old Timers	\$12.00		
В9	Pass It On	\$12.00		
B13	AA In Prisons: Inmate to Inmate	\$4.00		
B20	Experience, Strength, and Hope	\$7.00		
GV-06	The Language of the Heart	\$15.75		
GV-11	The Language of the Heart (Soft Cover)	\$14.50		
GV-15	The Home Group- Heart Beat of AA	\$15.00		
GV-17	Emotional Sobriety/ GV- 26 Emotional Sobriety II	\$15.00		
GV-13	Thank You for Sharing /GV- 34 Forming True Partnerships	\$15.00		
GV-31	No Matter What / GV- 29 Happy, Joyous & Free	\$15.00		
BM31	The AA Service Manual and 12 Concepts For World Service	\$5.00		
BM32	12 Concepts For World Service	\$4.75		
BB-06	The Best of Bill (Soft Cover)	\$6.25		
BB-07	The Best of Bill ( Large Print )	\$7.25		
NP-01	Newcomer Packets			
All	Pamphlets and folding Wallet Cards	\$1.00 \$0.25		

ALL SPANISH BOOKS ARE THE SAME PRICE AS THE ENGLISH VERSION

#### **Southern Solano Central Office Monthly**

## **Birthday Speaker Meeting**

Speaker:

## Corinne J. from Suisun



## Friday, January 14th, 2022

#### 8 pm at the Clock Tower in Benicia

Host Group: Saturday Morning - Vallejo Fellowship

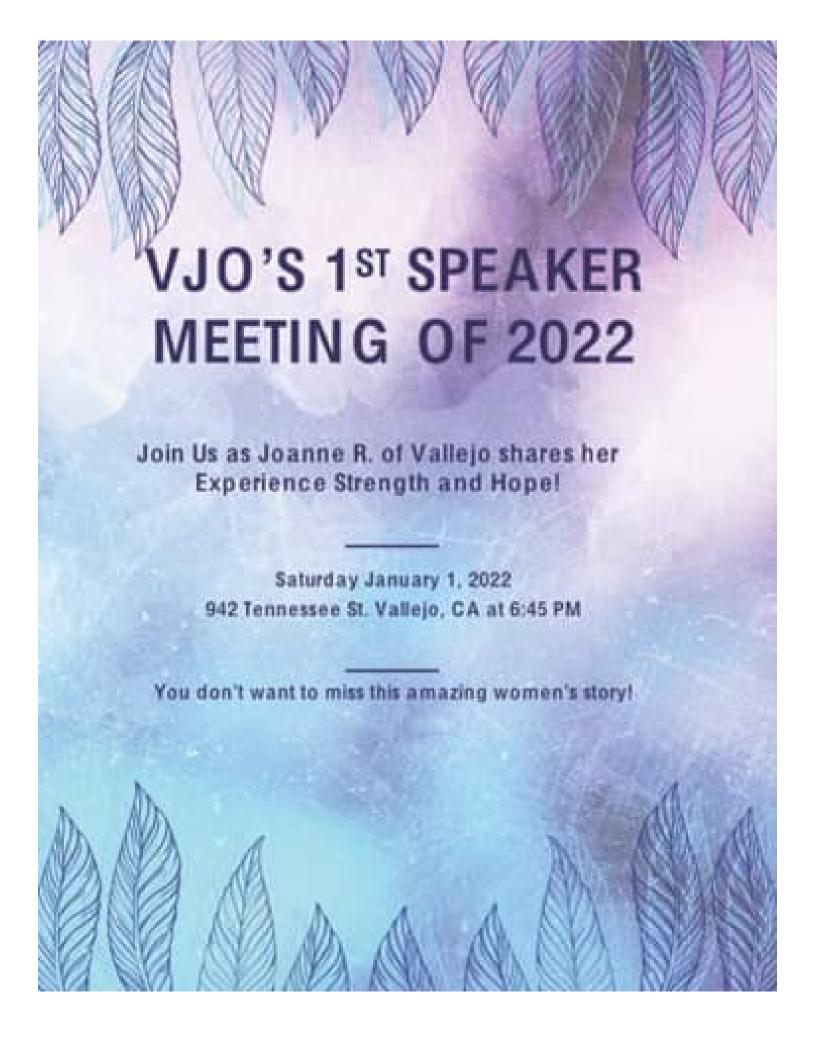
DIRECTIONS TO THE CLOCK TOWER @ 1189 WASHINGTON STREET, BENICIA:

Concord: Take HWY 780 to Fifth Street Exit. Turn left onto Fifth Street at bottom of ramp.

Vallejo: Take HWY 780 to Fifth Street Exit. Turn right onto Fifth Street at bottom of ramp

Proceed to the light and turn left onto Military East. Proceed about half of a mile, bear left at the fork when the street splits. As you near the end of the street, look for an uphill driveway on the left side with a gate that says "Johansen Square/Commandant's Lane". This is the Clock Tower entrance.







# New Year's Alcathon 2022

## Cross Walk Church 2590 FIRST ST. NAPA

12 pm Friday, Dec 31 2021 to

12 pm Saturday, Jan 1 2022

Meetings EVERY HOUR for 24 HOURS!

FOOD | FELLOWSHIP | FUN

5 p.m. - 8 p.m. Dinner

7 p.m. - 8:30 p.m. Birthday Day Meeting \*

Karaoke & Music

Food Donation Sign Up: bit.ly/food4alcathon



## NEW YEAR'S EVE OBLEBRATION



For More Info, Contact Sam at 510.776.1939



### Share In The Season Of Service

The in-Between Fellowship Oakland, California

#### HOLIDAY MARATHON MEETING

Virtual Platform

We invite you to join us in carrying the message of hope that we have found in Alcoholics Anonymous

(FELLOWSHIPS, GROUPS & MEETINGS)

**HOW:** HOSTING A 50 MINUTE MEETING

WHEN: CHRISTMAS EVE- FRIDAY 12/24/21 7:00PM - 11:50PM CHRISTMAS DAY-SATURDAY 12/25/21 8:00AM - 11:50PM

NEW YEAR'S EVE-FRIDAY 12/31/21 7:00PM - 11:50PM NEW YEAR'S DAY SATURDAY 1/1/22 8:00AM - 11:50PM

MEETING ID#: 571 464 6490 PASSCODE: 664714

PLEASE CONTACT ERIC C. (415) 432-0816

\*\*\*INDIVIDUALS MAY ALSO HOST MEETINGS
STAY SAFE DURING THE HOLIDAY SEASON BY ATTENDING MARATHON MEETINGS TO STAY CONNECTED IN
THE SOLUTION
WE DO NOT DO THIS ALONE

## NEW YEAR'S EVE ALKATHON

DECEMBER 31ST				
6pm – 8pm	6pm – 8pm Occidental Tonight Group			
8pm – 10pm	New Sobriety			
10pm – 12am	Monday Night Alcoholics Only			
JANUARY 1 <sup>ST</sup>				
12am – 2am	Sunday Night Big Book Review			
2am – 4am	Knuckleheads			
4am – 6am	Friday Night Vets			
6am – 8am	Any Lengths Group Forestville			
8am – 10am	Healdsburg Villa			
10am – 12pm	Sunday Night Closed Discussion			
12pm – 2pm	Harmony Group			
2pm – 4pm	Sober Sisters			
4pm – 6pm	Russian River Women's Meeting			
6pm – 8pm	LGBTQ Open to All Group			
8pm – 10pm	Wednesday Westsiders			

Zoom Meeting ID: 361 887 3715

Password: Alkathon



#### **SAVE THE DATE!!**

The Birthday Speaker
Meeting is going live
Saturday, January 1, 2022
Mid County Senior Center
829 Bay Ave Capitola CA 95010
7-8:15pm

BSM SPEAKER MEETING
COMMITTEE NEEDS VOLUNTEERS
Contact Kathy C for more info
bsmcommittee@gmail.com
Masks and proof of vaccine mandatory
MORE WILL BE REVEALED!!



## Sobriety by the Bay



Friday, January 7th - Sunday, January 9th 2022

#### Grace Cathedral; 1100 California St San Francisco, California



#### REGISTER: SobrietyByTheBay.org

#### \$30 before January 1st/\$35 after January 1st

#### Friday 1/7

5:00 pm Set-up

7:00 pm Speaker Greg H. Brentwood , CA (Gresham Hall)

#### Saturday 1/8

8:00 am Too Early Big Book (Gresham Hall)

10:30 am Speaker Samantha B. Santa Barbra, CA (Gresham Hall)

2:00 pm 4th Step Workshop (Gresham Hall)

> 7:00 pm Speaker Chris R. Ingram, TX (Nave)

#### Sunday 1/9

11:00 am Speaker Terri M. Sunnyvale, CA (Gresham Hall)

Our mission statement is in accordance with the Fifth Tradition, which states, "Each group has but one primary purpose – to carry its message to the alcoholic who still suffers."

Sobriety by the Bay will be compliant with all CDC guidelines, including protocols specific to San Francisco.

\*masks and vaccination cards will be required\*

Districts 9, 90, 11 and 13 Solano South, Solano North, Napa and Lake present an

Interdistrict Workshop on General Service Conference Theme

## AA Comes of Age 2.0: Unified in Love and Service



#### Featuring Panel Discussions:

- How do AAs go to any lengths to recover, unify, and serve?
- Going beyond fear
- How to reach anyone, anywhere

January 15, 2022 9:30 a.m. - 12:30 p.m.

Zoom ID: 879 9792 9684

Password: IDW2022