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June 2021

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AA District 09 Solano South CENTRAL OFFICE NEWSLETTER CONTRAL OFFICE N



#### WE NEED A CENTRAL OFFICE COORDINATOR

If you are interested please come to the Central Office meeting the first Wednesday of every month at 7:30pm Zoom Id: 594 146 1966

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"Truly transforming spiritual experiences are nearly always founded on calamity and collapse."

AA Co-Founder, Bill W., August 1957, "The Physicians", The Language of the Heart







Grapevine and La Viña Celebrate Founders' Day with Free Access from May 26 through June 10, 2021.

On June 10, 1935, Dr. Bob had his last drink and that day marks the founding of Alcoholics Anonymous. Since so many meetings are still closed, and groups have limited ability to celebrate our founding, Grapevine and La Viña will help mark this important date by giving everyone free access to our websites for two weeks. You will be able to read and listen to stories from current and past issues, access our sobriety calculator, read the daily quote, learn how you can contribute your story, and find ways to serve others using Grapevine and La Viña magazines.

#### June 10<sup>th</sup> AA's Birthday

AAs from around the world know Akron, Ohio, as the the "birthplace of AA." In a cottage at the edge of a great estate, a conversation took place between two men, Akron surgeon Dr. Bob S. and New York stockbroker Bill W., that gave hope to despairing alcoholics and their families.

The historic meeting of these two men, both troubled by alcoholism, took place on May 12, 1935, and set the stage for what would one day be known as Alcoholics Anonymous. AAs mark June 10, the day of Dr. Bob's last drink, as the Fellowship's birthday.

Ed B. (Grapevine 2006)







## "Were entirely ready to have God remove all these defects of character."

#### **CNCA 06**

#### California Northern Coastal Area of AA

#### **Delegates Corner**

One alcoholic with a few months sober shares his story with a man who wants to quit drinking but doesn't know if he can. Eventually, the two of them find a third man to talk to, then a fourth. They share their stories with each other, and then they share with others. Sobriety becomes possible. Days turn into weeks, weeks turn into months, and months turn into years. New groups spring up, first in cities, then in suburbs and small towns. Meetings start popping up in hospitals and prisons. New groups flourish abroad. Eventually, groups cross the digital barrier and start meeting virtually. A disease that once devastated families now has a solution. An isolating disease becomes the catalyst for a global fellowship. This story saves my life.

I am connected to the rest of AA. My life today is directly linked to Bill's conversation with Bob in 1935, and to the many conversations that followed.

The Conference process, likewise, is the continuing discussions from our earliest members. Should we publish a book? What are we called? Can women join AA? What about Catholics? Atheists? How do we

The Area website, <u>www.cnca06.org</u> is frequently updated and has up-to-date information on all events.

sustain ourselves financially? These questions evolved, but the focus remains the same: how do we make sure every alcoholic stumbling in the darkness can access the life-saving message of Alcoholics Anonymous?

The Conference this year took bold actions to ensure that our message remains relevant and accessible to all who seek it out. Representatives from every corner of the United States and Canada gathered together to share solutions to problems our Fellowship faces. Those solutions came from you, from your home group members, and from the long (and sometimes difficult) conversations we have had over the course of many years. Jennifer will share with us what happened, how it happened, and what happens next. I encourage you to invite your home group members, sponsees, and sponsors to hear the Delegate's Report and listen to the story of the work that was done and the love behind it.

And now we continue. Our primary purpose is to help the alcoholic still suffering, and there are many – too many – still suffering. We have a lot of work to do.

Eric L., Alternate Delegate, Panel 71

### Want to try something different? Virtual Northeast Regional AA Forum!

## If you have never been to a regional forum, this is a great opportunity!

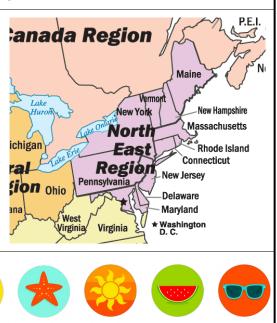
Hosted by the General Service Office of AA, each day will include workshops, presentations, Q&As, general sharing, information about GSO, Gapvine & La Vina, our Class A trustees and much, much more! These regional formums provide AA members a chance to share with representatives of the General Service Boatd and GSO and to lean more about AA.

Register today at aa.org Click on "Regional Forums." All members are invited, so get on the virtual bus! Bring a newcomer!

SUMMER ASSEMBLY 2021

THE FUN ASSEMBLY!

When: June 4-6 2021 Where: On your computer Cost: It's Free!



The Summer Assembly will have several interesting talks and discussion session. Mark your calendars!

SATURDAY August 7<sup>th</sup> @ 8:30 am - 5:00 pm

Zoom Meeting ID: 632 553 607- Password 1935

Topics for discussion are still being collected. They will be decided at the June Area meeting. If you have any suggestions give them to your GSR.



# **Report on Post-Conference**

### HISTORIC

I had the good fortune of attending the May 15th Postconference assembly and to hear our Delegate, Jennifer B., report out on what the recommendations were regarding the agenda topics. Jennifer's presentation was very informative and the news she brought back is historic.

Before I aet into some of the highlights let me remind you of how decisions are made in AA. First: Concept 1 states: "Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship." All decisions are made by the fellowship. The General Service structure is the way in which this "upside down triangle" collects the fellowship's group consciences. There is nobody in some back office suggesting changes or making decisions. This is the fellowship's group conscience. Second: nothing in AA is done in a hurry. In fact, it takes a very long time to make any big decisions, years! Topics are discussed at group, District, Area, and Conference level and - this is important - all decisions are done by substantial unanimity - no simple majorities are used in AA. Finally: Minority opinion is ALWAYS listen to. So here we go:

The Preamble - there were were several recommendations on this, all are related to the gender neutral wording. It was recommended that it be changed to:

In Alcoholics Anonymous we share our experience, strength and hope with each other that we may solve our common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

There was another recommendation that the wording "men and women" be changed to "people". The General Service board will take this recommendations, formulate something and bring it back to the fellowship.

The ones that attract most interest are related to literature, specifically the <u>Big Book</u> and the <u>Twelve Steps and Twelve</u> <u>Traditions</u>. Here's ones for the <u>Big Book</u>:

It was recommended that:

1. A Fifth Edition of the Big Book, Alcoholics Anonymous, be developed, including an update of stories to better reflect current membership, keeping in mind the 1995 Advisory Action that: "The first 164 pages of the Big Book, Doctor's Opinion,' 'Dr. Bob's Nightmare,' and the Appendices remain as is," and that a progress report be brought back to the 2022 Conference Committee on Literature. 2. Pending its development, the draft Fifth Edition of the Big Book would include a new foreword, an updated preface and updates to expand on existing ideas in Appendices III and V.

3. A Fourth Edition of the book, Alcohólicos Anónimos, be developed, including an update of stories to better reflect current membership, and that a progress report be brought back to the 2022 Conference Committee on Literature.

4. A draft version of the book, Alcoholics Anonymous (Fourth Edition), be translated into plain and simple language and be developed in a way that is accessible and relatable to as wide of an audience as possible and that a progress report or draft be brought back to the 2022 Conference Committee on Literature.

The recommendations for the <u>*Twelve Steps and Twelve</u></u> <u><i>Traditions*:</u></u>

1. A revision be made to page 117 in the book, Twelve Steps and Twelve Traditions, replacing the phrase "opposite sex" with the word "partner" as follows, and that a footnote be added to provide context to the change as it relates to inclusivity:

"Nearly every sound human being, experiences at some time in life, a compelling desire to find a partner with whom the fullest possible union can be made – spiritual, mental, emotional, and physical. This mighty urge is the root of great human accomplishments, a creative energy that deeply influences our lives. God fashioned us that way. ..."

2. The sentence which includes the phrase "lustful enough to rape" in paragraph one on page 66 in the chapter "Step Six" of the book, Twelve Steps and Twelve Traditions, be revised to refer to the Seven Deadly Sins without specific mention of examples that are severe in nature as follows, and that a footnote be added to provide context as to the basis for the change:

"No one wants to commit the deadly sins of anger, lust or gluttony."

3. The Long Form of each Tradition be included at the end of each essay for that Tradition in the book, Twelve Steps and Twelve Traditions, and that the complete set of Traditions at the back of the book be retained as is.

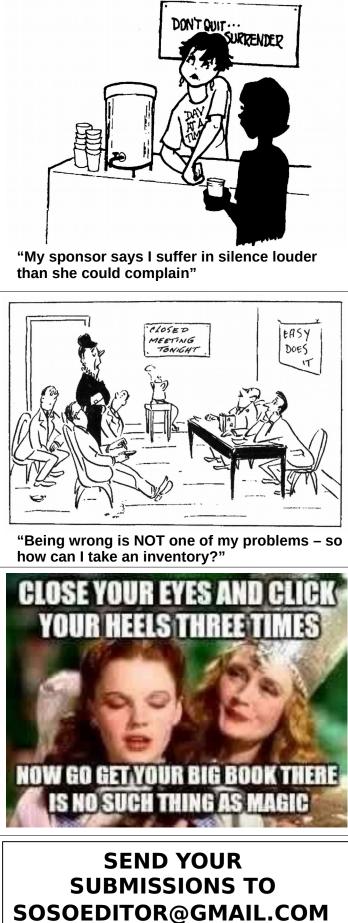
There is much more in the recommendations including an update to the pamphlet on sponsorship; and inclusion of online groups into the General Service structure. Unfortunately, space and time does not permit me going into those details. Talk with you home group's GSR to get more information on these. District 09 usually sponsors a report from the Delegate for members, so keep an eye out for an announcement. Also, I suspect there will be much discussion at the Summer Assembly on some of this so plan to attend.



In Service, John M. Newsletter Editor

### We Are Not A Glum Lot





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<u>District Cooperation with the Professional</u> <u>Community/Public Information Chair</u> - attends the monthly District meeting, reach out to the Professional Community in District, attend monthly Area CPC meetings.

<u>District Literature/Grapevine Chair</u> - attend the monthly District meeting, attend groups and talk about AA literature and the Grapevine, attend monthly Area Literature/Grapevine meetings.

<u>Bridging the Gap Chair</u> - attend the monthly District meeting, act as liaison with the Area BTG Committee – attending the monthly Area BTG meeting, create and maintain a list of volunteers who act as the contact people.

District General Service meeting is the second Monday of every month at 7pm on Zoom Zoom Id: 895 6759 4853 ONLINE MONTHLY BIRTHDAY SPEAKER MEETING!

Jamie H. From Contra Costa

June 11th 8:00pm





# Southern Solano Central Office Monthly Birthday Speaker Meeting

Speaker:

# Jamie H. from Contra Costa



# Friday, June 11<sup>th</sup>, 2021

## 8 pm on ZOOM Meeting ID: 594-146-1966 Password: 1935

Raffle ticket winners will be announced at the end of the meeting. Chips will be mailed to those who would like to receive a chip. 7<sup>th</sup> traditions donations and how to donate will be posted in the chat at the start of the meeting. 18th Annual Language of the Heart Women's Brunch Sunday, June 13, 2021 ZOOM MEETING 11:30am - 2:00 pm Speakers:

Surprise! Surprise 2!!

"Doors" will open at 11:15 AM. Meeting starts at 11:30

Registration is \*\*FREE\*\*

Registration will begin in early May

In keeping with the Spirit of Anonymity, please do not share this invitation on Social Media sites. We hope you will take this opportunity to embrace change and celebrate sobriety!

# Danville – Diablo Speaker Meeting

# **Alcoholics Anonymous**

1<sup>st</sup> Saturday of the Month 8:00 PM – Zoom Opens at 7:30pm PST



ddsm.org



Birthday Chip Drive Through ~ 5-5:45 pm PDT ~ Church parking lot ~ Names & length of sobriety will be collected & posted at the meeting ~ Literature available ~

Community Presbyterian Church, 222 W. El Pintado, Danville, CA 94526

### ZOOM ONLINE FORMAT Zoom ID 948 2720 6866 Password 146975 Or Dial by your location +1 669 900 9128 US (San Jose)

7th Tradition online contributions at Zelle\* and Venmo.

Zelle account for electronic deposit: Diablo Danville Alcoholics Anon ddsmtreas@gmail.com

\*Zelle is affiliated with many banks. We recommend accessing through your online account.

Venmo account for electronic deposit:

Mark-Falgout-72 or QR Code



## 2021

June 5 – James L, Tallahassee, FL

July 3 – Wally P, Tucson, AZ

Aug 7 – Raymond M, Livonia, MI

Sept 4 – Baseball Dave, Concord, CA

Oct 9 – Jane L, Tallahassee, FL NOTE: Oct Meeting is on the SECOND SATURDAY

Nov 6 - Kent C, Akron, OH

For Zoom link, more call in numbers, and 7th Tradition details visit web site: ddsm.org

General meeting inquiries or questions - danvillediablosm@gmail.com Business Mtg – 1\* Sunday at 4pm, Zoom 992 492 311, 121212. All are welcome to attend.