Volume 21, Issue 4 April 2021

AA District 09 Solano South

# CENTRAL OFFICE NEWSLETTER



www.aasolanosouth.org SOSOEDITOR@GMAIL.COM

Central Office: 159 East D St., Benicia, CA 94510—(707) 745-8822



Central Office is open if you need anything.
Please call before you come to make sure someone is there.
When visiting wear a mask!

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"Excessive guilt or rebellion leads to spiritual poverty."

AA Co-Founder, Bill W., June 1961, From: "Humility for Today", The Language of the Heart



# PRE-CONFERENCE ASSEMBLY 2021

"2021 – A.A. in a

Time of Change"

# SATURDAY/SUNDAY APRIL 3 & 4, 2021

Zoom Meeting ID: 632 553 607- Password 1935

# **Saturday**

8:45 - 9:00AM Orientation 9:00AM Business Meeting 12:00 – 12:30PM Lunch 12:30-1PM

### Remarks from the Delegate Sharing on the Conference Theme

1:00PM Group Consciences Agenda Trustees

Finance

Public Information

Literature

Intl Conventions/Regional Forums

5:00-5:30pm What's on your Mind?

# **Sunday**

9:00AM Group Consciences
Grapevine/La Vina
Policy/Admissions
Report and Charter
Cooperation w/Professional
Community
Corrections
Treatment/Accessibilities
Archives

12:30-1PM What's on your Mind?

(If extra time is needed to hear group consciences, we will break for lunch and return at 2pm to continue)



# Step 4

## "Made a searching and fearless moral inventory of ourselves."

### CNCA 06

### California Northern Coastal Area of AA

**Chair Preview: March 2020** 

So Much of General Service in the air these two months around the annual Conference in New York, so having our Delegate attending the GSC, and attending PRAASA virtually, Agenda Topics Workshops, to prepare us all on one of the most important jobs, inform our groups and collect a group conscience becoming a physical part of the General Service Conference.

PRAASA as always as been an important contribution to my personal sobriety by listening and feeling through my computer's screen the endless and immense love in action from members with the same purpose of helping the alcoholic that still suffers.

At our last Area Committee Meeting, we continued to discuss the motion on incorporating CNCA as a California Non-Profit Public Benefit Corporation and that CNCA retain the services of a certified bookkeeper to assist the Treasurer, remaining several other items of old business like "CNCA requires affirmation of auto liability coverage" and "CNCA increase the reimbursement amount for qualified hotel stays from \$100 to \$150 per night."

We are getting ready for our Virtual Pre-Conference Assembly expecting a lot of people to share group consciences on the Agenda Topics; the Pre-Conference Assembly flyer lists what topics we will discuss each day. We will also hear group conscience on: "CNCA requests that a pamphlet entitled 'Experience, Strength and Hope: AA for the Transgender Alcoholic' be produced"; "AAWS publish a one-page summary of the six warranties"; and "CNCA requests that a pamphlet entitled 'Experience, Strength and Hope: AA for the Spanish-speaking LGBTQ Alcoholic' be produced".

Welcome again to all of you that rotated in this Panel. It may be too much to take in during this busy season. Lets have fun and work together to maintain our mission to those alcoholics who need and seek for help.

### Miguel H. CNCA Chair Panel 71



The Area website, <u>www.cnca06.org</u> is frequently updated and has up-to-date information on all events.

### Delegate's Corner March 2021

As I write this, I have just had my spiritual tank filled by a weekend of love and service at the Pacific Region Alcoholics Anonymous Service Assembly (PRAASA). In 2020, PRAASA was the last big service event many of us attended before the shutdown.

Over the years, as I rotated into different service positions, my relationship to PRAASA has also evolved. The continued experience only deepens my love for the event and Alcoholics Anonymous. From a shy but enthusiastic GSR who observed from the sidelines, to a DCM determined to be of maximum service to the GSRs in my subdistrict, to a DCMC watching the light come on in the eyes of members from my home district that we funded to travel as they discovered a similar love for PRAASA and General Service. As Area Chair and Alternate Delegate, I started attending smaller roundtables, with just 15 or so members doing the same service position, and I developed a greater appreciation for all the different ways our areas communicate. I've made acquaintances and forged friendships with members from all over the western U.S. that I really only see once a year. This year, I bonded so meaningfully with the other Pacific Region delegates, as the Panel 70s passed on their experience, strength and hope to us newbie Panel 71s.

It was bittersweet to go virtual this year, and not get to connect in the usual way. But I still felt the presence of so many friends. I have some group pictures of members of our Area taken by Miguel over the past several years, and I kept one on the desk in front of me as I participated for the first time as your Panel 71 Delegate. Not how I pictured it, but it was still magic. And so many of you reached out to me before and during the weekend to offer love and encouragement. It touched my heart, maybe more than you know. It's truly an honor and a privilege to serve with all of you.

It was a busy weekend. And now we get even busier! It's been so cool to see so many new GSRs and DCMs in the district meetings and more than the usual number of people in attendance at our monthly area meetings. You are off and running with agenda topic sharing sessions, and I am starting to plug away on what is now almost 1500 pages of background material. I look forward to hearing from you at our Pre-Conference Assembly next month. And you can also submit group consciences to me by email or a form on our website up until April 8. Together, we will help me become as fully informed as I can be before I attend the virtual General Service Conference later in April.

In service and gratitude, Jennifer B., Panel 71 Delegate



# **District News**

# OPEN JERVICE POJITIONS

# **Central Office:**

<u>Central Office Coordinator</u> - maintains the schedule of volunteers who staff the Central Office, recruits and trains volunteers

<u>Alternate Chairperson</u> - fills in for the Chairperson in his absence, takes over the Chair position next year

<u>General Service Liaison</u> - attends district General Service and Central Office meetings and reports on activities for both

<u>Birthday Speaker Meeting-Chair/Co-Chair</u> - coordinates the speaker meeting committee to facilitate and keep the meeting going

<u>Birthday Speaker Meeting Treasurer</u> - reimburses expenses, keeps all receipts and maintains accounts

<u>Birthday Chips</u> - keeps inventory of chips and orders replacement chips monthly

<u>Birthday Speaker Meeting Raffle</u> - coordinates sales of raffle tickets

Central Office meeting is the first Wednesday of every month at 7:30pm on Zoom Zoom Id: 594 146 1966

### District General Service:

<u>District Committee Member (DCM)</u> – each of the three sub-districts has a DCM, regularly attends all District meetings, the monthly area meeting and area assemblies, assist GSRs in becoming acquainted with The AA Service Manual and other service material.

<u>District Cooperation with the Professional</u>
<u>Community/Public Information Chair</u> - attends the monthly District meeting, reach out to the Professional Community in District, attend monthly Area CPC meetings.

<u>District Literature/Grapevine Chair</u> - attend the monthly District meeting, attend groups and talk about AA literature and the Grapevine, attend monthly Area Literature/Grapevine meetings.

Bridging the Gap Chair - attend the monthly District meeting, act as liaison with the Area BTG Committee – attending the monthly Area BTG meeting, create and maintain a list of volunteers who act as the contact people.

District General Service meeting is the second Monday of every month at 7pm on Zoom Zoom Id: 895 6759 4853

# You can make your contributions to Central Office electronically through: **Venmo**

Please visit Venmo.com on your computer or the Venmo app on your phone and search for our Treasurer, @Michael-LaPlante-8. You will be able to make a contribution there.



### Thank you!



Central Office has raised its price on some of the literature. The change in price reflects price changes from GSO, corresponding sales tax, and Central Office operating cost. The complete new price list is attached at the end of the newsletter for reference. If you have any questions or comments please contact your home group's Central Office Representative.

### Member's Story In The Grapevine

Christina A. (of Guy and Christina), who now lives in Auburn but was formally here in our Vallejo/Benicia fellowship, had a story published in this month's Grapevine titled Silver Lining. It's a great story on "as COVID-19 completely alters the way we meet, one member looks for ways to embrace the change." The story notes how virtual meetings have enable reconnecting with members who have moved away over time – some of the names will be recognizable to members who have been here in Solano South for a while. For those who don't recognize the names this is a good point to poke an oldtimer for their story!

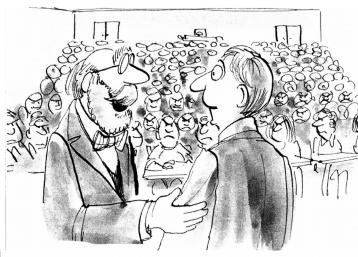
### Sign of the times

New service positions at our home group: General Disinfectant Representative and Digital Thermometer Committee.

Jeff M. Freedom, Pa

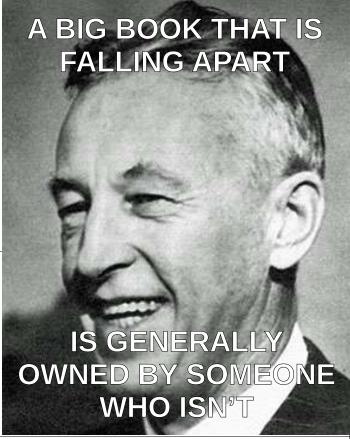






"I hope you have a great story because...
we are out of coffee."

-Adam F., Beaverton, Ore.





SEND YOUR SUBMISSIONS TO SOSOEDITOR@GMAIL.COM

# **District 09 Solano South**

# ONLINE MONTHLY BIRTHDAY SPEAKER MEETING!

Tony R. from Rocklin

April 9th 8:00pm

# Zoom ID:

594-146-1966

Password: 1935



We need **STILL** someone to take over this meeting! It would be horrible to have it end!

# **List of In Person Meetings**

All Covid Protocols Required (Masks & Social Distancing)

Sunday 10:30A.M.-11:30 Women's Solution Group Alano Club 960 Grant Street, Benicia, CA Parking Lot

Sun.-Sat 12 Noon- 1PM

Alano Club 960 Grant Street, Benicia, CA Parking Lot Daily Reflections Every day but Friday (Living Sober)

Wednesday 10:30A.M.-11:30 Women's Solution Group Alano Club 960 Grant Street, Benicia, CA Parking Lot

Wednesday Vallejo Waterfront Dress Warm 5:30 P.M On the green next to Zio Fraedo, 23 Harbor Way, Vallejo, CA

Bring your own Chair

Friday 10:30 AM-11:30 Women's Solution Group Alano Club 960 Grant Street, Benicia, CA Parking Lot

Saturday 9:00 AM, 2 or More Big Book Study (Closed Meeting),

Please bring your own Big Book. Reception Hall, 101 Temple Way, Vallejo, CA.

**Saturday 10:A.M. Daily Reflections On the green across** from Sailor Jack's, 1st Street, Benicia, CA. Bring your own Chair

Saturday 7:00 P.M. Came to Believe Dress Warm Alano Club 960 Grant Street, Benicia, CA Parking Lot

southernsolanoalanoclub.org

The Central Office Corner

# Sobriety Birthdays In the month of



April

Matt C. 4/8/19 (2 Years!!)

Taylor M. 4/2/2007 (14 Years!!)

Dale V. 4/23/93 (28 Years!!)

Mila M. 4/16/2012 (9 Years!!)

Michele H. 4/12/2002 (19 Years!!)

Charley D. 4/04/2013 (8 Years!!)

Andy M. 4/11/2013 (8 Years!!)

Painter Jim 4/29/1996 (25 Years!!)

Kris A. 4/03/2013 (8 Years!!)

LorriMarie 4/15/1989 (32 Years!!)

Pat O. 4/19/2009 (12 Years!!)

Pete R. 4/09/2014 (7 Years!!)

Vicki B. 4/08/2011 (10 Years!!)

Brian H. 4/04/2003 (18 Years!!)

Sierra J. 4/05/2010 (11 Years!!)

Kathleen S. 4/03/1985 (36 Years!!)

Kim K. 4/16/1990 (31 Years!!)

# VALLEJO FELLOWSHIP'S Virtual Speaker Meeting!

First Saturday of the Month at 7pm



April 3<sup>th</sup> – Gurmeet G. *from South Asian Group NJ*May 1<sup>st</sup> – Liz H.

from Keys to The Kingdom Group NC

zoom

MEETING I.D. 238-929-5018

Pass Code: 926465

# South Solano County Central Office

# All Prices include 8.625% Sales Tax

CODE	Book Description	Price
B-0	Applyorsary 75 Edition of Alashaliss Appropria	¢12 F0
	Anniversary 75 Edition of Alocholics Anonymous	\$13.50
B1	Alcoholics Anonymous 4th Edition(Hard Cover)	\$11.00
B30	Alcoholics Anonymous 4th Edition (Soft cover)	\$10.00
B16	Alcoholics Anonymous 4th Edition (Large Print))	\$12.00
B35	Alcoholics Anonymous 4th Edition (Abr. Pocket Version)	\$5.75
B2	12 Steps and 12 Traditions	\$11.00
B15	12 Steps and 12 Traditions (Soft Cover)	\$9.50
B14	12 Steps and 12 Traditions (Large Print)	\$10.00
B17	12 Steps and 12 Traditions (Pocket Soft Cover)	\$7.50
B12	Daily Reflections	\$12.00
B19	Daily Reflections (Large Print)	\$13.00
В7	Living Sober	\$6.50
B25	Living Sober (Large Print)	\$7.00
B5	As Bill Sees It (Hard and Pocket Version)	\$10.00
B27	As Bill Sees It (Large Print)	\$10.50
В6	Came To Believe	\$6.50
B26	Came To Believe (Large Print)	\$7.00
В3	AA Comes of Age	\$12.00
B8	Dr. Bob and the Good Old Timers	\$12.00
В9	Pass It On	\$12.00
B13	AA In Prisons: Inmate to Inmate	\$4.00
B20	Experience, Strength, and Hope	\$7.00
GV-06	The Language of the Heart	\$15.75
GV-11	The Language of the Heart (Soft Cover)	\$14.50
GV-15	The Home Group- Heart Beat of AA	\$15.00
GV-17	Emotional Sobriety/ GV- 26 Emotional Sobriety II	\$15.00
GV-13	Thank You for Sharing /GV- 34 Forming True Partnerships	\$15.00
GV-31	No Matter What / GV- 29 Happy, Joyous & Free	\$15.00
BM31	The AA Service Manual and 12 Concepts For World Service	\$5.00
BM32	12 Concepts For World Service	\$4.75
BB-06	The Best of Bill (Soft Cover)	\$6.25
BB-07	The Best of Bill ( Large Print )	\$7.25
NP-01	Newcomer Packets	\$1.00
All	Pamphlets and folding Wallet Cards	\$0.25

ALL SPANISH BOOKS ARE THE SAME PRICE AS THE ENGLISH VERSION

# **Southern Solano Central Office Monthly**

# **Birthday Speaker Meeting**

Speaker:

# Tony R. from Rocklin



# Friday, April 9th, 2021

8 pm on ZOOM Meeting ID: 594-146-1966

Password: 1935

Raffle ticket winners will be announced at the end of the meeting. Chips will be mailed to those who would like to receive a chip. 7<sup>th</sup> traditions donations and how to donate will be posted in the chat at the start of the meeting.

# SANTA CRUZ-INTERGROUP

**PRESENTS** 

# BIRTHDAY SPEAKER MEETING

HOSTED BY: SOQUEL ACCEPTANCE GROUP

# MARGIE K. – 42 YEARS COLUMBIA, MO

APRIL 3, 2021 7-8:15 PM PST

ZOOM ID: 891 4678 6139

PASSCODE: 8675309

DIAL IN (669) 900-9128

7TH TRADITION
PAYPAL.ME/INTERGROUP923
ADD A NOTE—"BSM-4/3/21"

# CALIFORNIA NORTHERN COASTAL AREA 06 OF ALCOHOLICS ANONYMOUS

# PRE-CONFERENCE ASSEMBLY 2021

"2021 - A.A. in a Time of Change"

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Agenda Trustees Finance Public Information Literature

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