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AA District 09 Solano South

CENTRAL OFFICE NEWSLETTER



www.aasolanosouth.org SOSOEDITOR@GMAIL.COM

Central Office: 159 East D St., Benicia, CA 94510—(707) 745-8822



Central Office is open if you need anything.
Please call before you come to make sure someone is there.
When visiting wear a mask!

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"As we better use the 'language of the heart,' our communications grow apace: already we find ourselves in safe passage through all those barriers of distance and language, of social distinction, nationality and creed, that so divide the world of our time."

AA Co-Founder, Bill W., July 1960, From: "AA Tomorrow" The Language of the Heart



Pacific Regional Alcoholics Anonymous Service Assembly (PRAASA) 2021



March 5th - 7th , 2021 9:00 AM to 3:30 PM Daily Via ZOOM Meetings

AN EXPERIENCE YOU MUST NOT MISS!

Come join over 1000 excited AA members from all over the Pacific Region and be part of this unforgettable event. The entire weekend is packed with panels, round table discussions, presentations, open mike sharing, speakers and fellowship.

You need to register at the website here:

The purpose of PRAASA is to:

praasa.org

- Develop greater unity among the members, groups, and areas of the Pacific Region.
- Encourage the exchange of ideas and experiences.
- Provide an opportunity for members to discuss pertinent aspects of Alcoholics Anonymous.
- The Assembly and the PRAASA Committee should always foster the Recovery, Unity and Service legacies of Alcoholics Anonymous.



Step 3

"Made a decision to turn our will and our lives over to the care of God as we understood Him"

CNCA 06

California Northern Coastal Area of AA

Delegate's Corner February 2021

Inform - Communicate * Involve - Act * Inspire - Attract

Twelve years ago, in February 2009, I was elected the GSR for what became my home group. The timing meant I had just missed the Agenda Topics Workshop in my district, but I did happen to attend PRAASA (Pacific Region Alcoholics Anonymous Service Assembly) the first weekend in March because it was in Oakland that year. So, I was on fire with enthusiasm, but totally clueless since I had never even been to a sharing session, much less facilitated one myself. I didn't know why they were called Agenda Topics (I later learned they were literally the agenda for each committee meeting at the Conference), but I knew some of them were really interesting to the average AA member like me, and I wanted to do my part to participate. If you are a new GSR reading this, you are way ahead of me and you have so many people available to help you.

Thanks to my District Committee Member (DCM) and the other GSRs who shared their experience, strength and hope in our subdistrict meeting, I gained the confidence and the tools I needed to obtain an informed group conscience. It helped that I was so enthusiastic—enthusiasm is contagious! And I did my best to be neutral

The Area website, <u>www.cnca06.org</u> is frequently updated and has up-to-date information on all events.

and provide the information needed before and during our sharing sessions for members to be fully informed on the three topics we picked. And what fun! Like most of us alcoholics (or people in general, really), they had a lot of opinions. And we all grew in the process of those loving discussions.

Participating in a sharing session is an easy and important way for members to be of service—taking a little time to weigh in on matters that affect AA as a whole. Decisions made at the Conference as a result of these discussions can create or maintain our literature or other services, and ensure that future alcoholics looking for a way out can find what we have found and recover. How cool is that? And even though the pandemic means you probably won't be able to bribe them with food, you might find some advantages to virtual sharing sessions, such as being able to screen-share information. And perhaps you'll be among those who get more people willing to participate because they can do it from the comfort of home.

Speaking of attending things from the comfort of your own home, don't miss PRAASA: www.PRAASA.org

Service is gratitude in action,

Jennifer B. Panel 71 Delegate

OPEN SERVICE POSITIONS

Central Office:

<u>Central Office Coordinator</u> - maintains the schedule of volunteers who staff the Central Office, recruits and trains volunteers

<u>Alternate Chairperson</u> - fills in for the Chairperson in his absence, takes over the Chair position next year <u>General Service Liaison</u> - attends district General Service and Central Office meetings and reports on activities for both <u>Birthday Speaker Meeting-Chair/Co-Chai</u>r - coordinates the speaker meeting committee to facilitate and keep the meeting going

<u>Birthday Speaker Meeting Treasurer</u> - reimburses expenses, keeps all receipts and maintains accounts <u>Birthday Chips</u> - keeps inventory of chips and orders replacement chips monthly <u>Birthday Speaker Meeting Raffle</u> - coordinates sales of raffle tickets

Central Office meeting is the first Wednesday of every month at 7:30pm on Zoom Zoom Id: 594 146 1966

District General Service:

<u>District Committee Member (DCM)</u> – each of the three sub-districts has a DCM, regularly attends all District meetings, the monthly area meeting and area assemblies, assist GSRs in becoming acquainted with The AA Service Manual and other service material.

<u>District Cooperation with the Professional Community/Public Information Chair</u> - attends the monthly District meeting, reach out to the Professional Community in District, attend monthly Area CPC meetings.

<u>District Literature/Grapevine Chair</u> - attend the monthly District meeting, attend groups and talk about AA literature and the Grapevine, attend monthly Area Literature/Grapevine meetings.

<u>Bridging the Gap Chair</u> - attend the monthly District meeting, act as liaison with the Area BTG Committee – attending the monthly Area BTG meeting, create and maintain a list of volunteers who act as the contact people.

District General Service meeting is the second Monday of every month at 7pm on Zoom Id: 895 6759 4853



Agenda Topics

AGENDA TOPICS ARE HERE!

The final list of agenda topics are here. The agenda topics are a list of issue and proposals that will be addressed at the annual AA Conference in April. Remember that AA works on the "upside down triangle" where members have "final and ultimate authority", as it says in Concept 1. These topics come from the AA members through their groups via their District General Service Representative (GSR). They are brought to the Area by District Committee Members (DCM) and then to the Conference by Area Delegates. The Conference narrows this list to what will be worked on each year and distributes them, usually in February, as Agenda Topics.

Groups are to review the topics, examining the background material, and then come up with a group conscience. What is a group conscience? The brochure *The Group* says:

"The group conscience is the collective conscience of the group membership and thus represents substantial unanimity on an issue before definitive action is taken. This is achieved by the group members through the sharing of full information, individual points of view, and the practice of A.A. principles. To be fully informed requires a willingness to listen to minority opinions with an open mind.

On sensitive issues, the group works slowly — discouraging formal motions until a clear sense of its collective view emerges. Placing principles before personalities, the membership is wary of dominant opinions. Its voice is heard when a well-informed group arrives at a decision. The result rests on more than a "yes" or "no" count — precisely because it is the spiritual expression of the group conscience. The term "informed group conscience" implies that pertinent information has been studied and all views have been heard before the group votes."

Summaries of the Agenda Topics are created by our Area Officers to help with assessment. (These are not out as of this writing but should be available the early part of March) I highly recommended that the detailed background material, which your GSR can get, be examined to insure an INFORMED group conscience is created.

There are may interesting topics this year! Your group should look at the complete list but here's some of my highlights:

- Consider a request to create a pamphlet for mental health professionals
- Discuss mechanization of group contributions
- Reconsider the 1972 G.S.C. Advisory Action stating "G.S.O. should not accept contributions from clubs, listed or known as such, whether or not composed solely of A.A. members.

- Review suggested gender-neutral language options for changes to the A.A. Preamble.
- Consider requests to revise the book Alcoholics Anonymous:
 - Add pages 3 through 41 of the pamphlet "The A.A. Group" as an appendix in the next printing.
 - Revise the first 164 pages
- Consider proposals related to possible Fifth Edition of the book Alcoholics Anonymous:
 - Develop a Fifth Edition.
 - Develop a Fifth Edition of the book Alcoholics Anonymous with updated stories and revisions to Appendices III and V.
 - Add a proposed addendum to a Fifth Edition foreword of the book Alcoholics Anonymous at the time it is published
- Consider requests to revise the book Twelve Steps and Twelve Traditions:
 - To remove the phrase "opposite sex" from paragraph two on page 117 in the chapter "Step Twelve."
 - To reconsider use of the phrase "lustful enough to rape" in paragraph one on page 66 in the chapter "Step Six."
- Consider revising the pamphlet "Questions & Answers on Sponsorship": Change the suggestion that sponsor, and newcomer be of the same sex.
- Consider if proposed agenda items for plain language, simplified language, accessible translations and large print versions of the book Alcoholics Anonymous, as well as workbooks to help study the program of Alcoholics Anonymous, can be addressed with a common solution.
- Consider revising the process for polling the General Service Conference between annual meetings to make use of virtual meeting technologies.

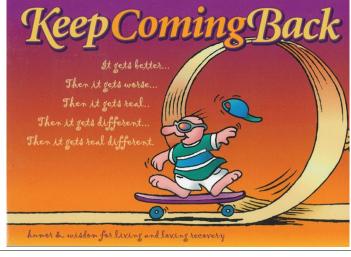
Most groups will be working in March to collect their group conscience. In the Vallejo Fellowship section in this newsletter you'll see their GSR has already scheduled several meetings for a group conscience.

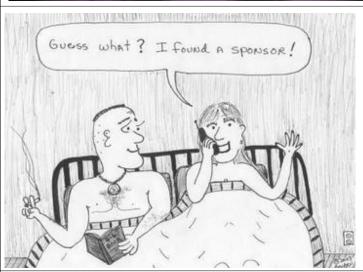
GSRs will give their group consciences to the Delegate and Alternate Delegate at the Pre-Conference Assembly on April 3-4th. This will be a virtual assembly so all can easily attend. There are no specifics on this assembly yet but check the CNCA 09 website for details. It's my favorite annual AA event because I know, for a fact, that a "loving God" will be in attendance! See you there!

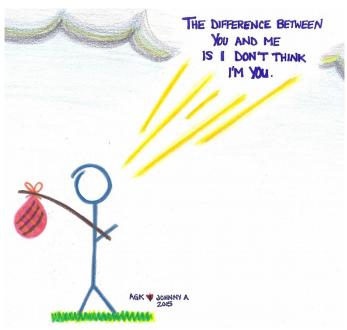
In service, John M. Newsletter Editor

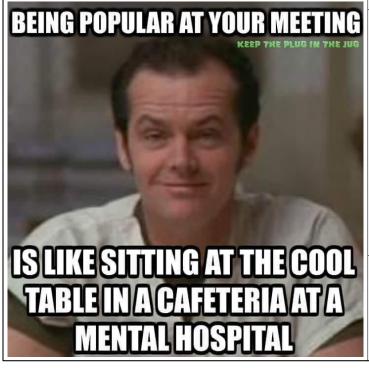


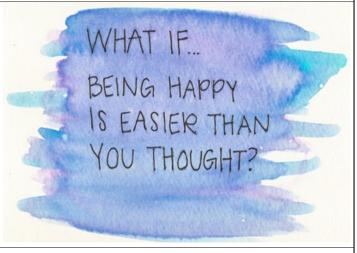












SEND YOUR
SUBMISSIONS TO
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Vallejo Fellowship

VALLEJO FELLOWSHIP'S Virtual Speaker Meeting!

First Saturday of the Month at 7pm



March 6th – Lori Marie J. from Vallejo

April 3th - Gurmeet G. from South Asian Group NJ

May 1st - Liz H. from Keys to The Kingdom Group NC

zoom

MEETING I.D. 238-929-5018 Pass Code: 926465

VALLEJO FELLOWSHIP'S **Agenda Topics Sharing Sessions:**

Jo, the VF GSR, has setup three sessions to get the membership's input on this years agenda topics:

March 20, Sat. 10 am

ID 238-929-5018 PC: 926465

March 24, Wed. 7:10 pm

ID 238-929-5018 PC: 926465

March 27, Sat. 10 am

ID 238-929-5018 PC: 926465

District 09 Solano South

ONLINE MONTHLY BIRTHDAY SPEAKER MEETING!

Ivv S. from Rocklin

March 12th 8:00pm

Zoom ID:

594-146-1966

Password: 1935



We need STILL someone to take over this meeting! It would be horrible to have it end!

The Central Office Corner

Sobriety Birthdays In the month of



March

Mark R. 3/15/99 (22 Years!!)

Alan Y. 3/27/14 (7 Years!!)

Dale D. 3/17/2009 (12 Years!!)

Michael H. 3/18/2008 (13 Years!!)

Gary Q. 3/04/2001 (20 Years!!)

Tony G. 3/11/2013 (8 Years!!)

List of In Person Meetings

All Covid Protocols Required (Masks & Social Distancing)

Sunday 10:30A.M.-11:30 Women's Solution Group Alano Club 960 Grant Street, Benicia, CA Parking Lot

Sun.-Sat 12 Noon- 1PM

Alano Club 960 Grant Street, Benicia, CA Parking Lot Daily Reflections Every day but Friday (Living Sober)

Wednesday 10:30A.M.-11:30 Women's Solution Group Alano Club 960 Grant Street, Benicia, CA Parking Lot

Wednesday Vallejo Waterfront Dress Warm 5:30 P.M On the green next to Zio Fraedo, 23 Harbor Way, Vallejo,

Bring your own Chair

Friday 10:30 AM-11:30 Women's Solution Group Alano Club 960 Grant Street, Benicia, CA Parking Lot

Saturday 9:00 AM, 2 or More Big Book Study (Closed

Please bring your own Big Book. Reception Hall, 101 Temple Way, Vallejo, CA.

Saturday 10:A.M. Daily Reflections On the green across from Sailor Jack's, 1st Street, Benicia, CA. Bring your own Chair

Saturday 7:00 P.M. Came to Believe Dress Warm Alano Club 960 Grant Street, Benicia, CA Parking Lot

southernsolanoalanoclub.org

Southern Solano Central Office Monthly

Birthday Speaker Meeting

Speaker:

Ivy S. from Rocklin



Friday, March 12th, 2021

8 pm on ZOOM Meeting ID: 594-146-1966

Password: 1935

Raffle ticket winners will be announced at the end of the meeting. Chips will be mailed to those who would like to receive a chip. 7th traditions donations and how to donate will be posted in the chat at the start of the meeting.