

AA District 09 Solano South

# CENTRAL OFFICE NEWSLETTER



[www.aasolanosouth.org](http://www.aasolanosouth.org) [SOSOEDITOR@GMAIL.COM](mailto:SOSOEDITOR@GMAIL.COM)

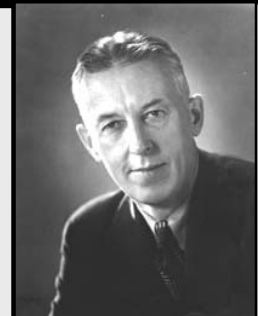
Central Office: 159 East D St., Benicia, CA 94510—(707) 745-8822



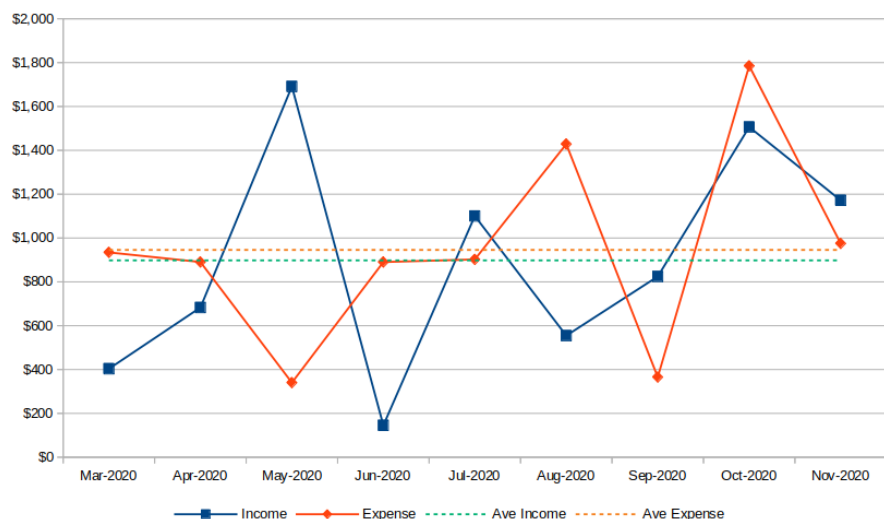
**Central Office is open most mornings if you need anything. Please call before you come to make sure someone is there. When visiting wear a mask!**

"Clear vision for tomorrow comes only after a real look at yesterday."

*AA Co-Founder, Bill W., January 1952, "The Vision of Tomorrow", The Language of the Heart*



## 7<sup>th</sup> Tradition for Central Office



The graph above shows the **7th Tradition** income and the expenses for Central Office from March to November of last year (December will be reported later this month). As you can see, both have been pretty erratic as a result of COVID-19. We haven't dipped into the prudent reserve yet but the average income is just below the average expenses. We've been lucky in that our landlord for Central Office has forgone a couple of months of rent.

You can support Central Office's 7th Tradition two ways:

1) mail a check to Central Office at: **159 East D Street, Benicia CA 94510**

2) go to the **AA Solano South Central Office** website and make a donation via Venmo (there's a button that says "Click for Venmo")



**SUPPORTING AN INFORMED GROUP CONSCIENCE,**



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# Step 1

***“We admitted we were powerless over alcohol — that our lives had become unmanageable.”***

## CNCA 06

### California Northern Coastal Area of AA

#### Chair’s Preview

Nearly two years ago, I wrote my first of what are now 24 brief previews of what is going on in our Area. I will admit I was nervous about this new responsibility; I desperately wanted to do a good job, and I wanted to make sure I was clearly communicating the different opportunities available in our Area,

And now, it’s the end. The past two years have been glorious – and we accomplished an incredible amount of work that will continue to provide people with opportunities for sobriety 10 years from now. In my first preview, I said I looked forward to this adventure with all of you – and I thank you for accompanying me thus far. We dealt with catastrophic wildfires that upended our Inventory Assembly, significant financial challenges, and a global pandemic that pushed AA into the virtual world.

And through all of it, we continued discussing how to help people trying to get sober access the life-saving message of Alcoholics Anonymous. We might sometimes disagree about the best way to do this, but we disagree with love for one another. I am excited for Miguel, whom you will get to know well these next two years. I have already started meeting with him and passing on the love you have given me to him. I will now get to take a back seat and enjoy the view from a new service commitment, but I am so incredibly grateful we did this together.

The Area website, [www.cnca06.org](http://www.cnca06.org) is frequently updated and has up-to-date information on all events.

Now on to our Area’s business... for the last time...

The opportunity to serve on the Area’s four standing committees (Finance, Web, Interpretation and Translation, and Technology) is available to all members of the Area (though there are some specific requirements to serve on the Finance committee). Interested members can contact me through the Area website (or via email) to make themselves available.

At the Area Committee meeting, Teddy B.W., our outgoing Delegate, was elected (via Third Legacy Procedure) as the chair of our 2024 PRAASA Host Committee. We passed our 2021 budget and continued discussing a number of motions on our agenda; some of those items might even be voted on next month.

And at our Election Assembly in early November, we elected the Panel 71 officers. I want to congratulate all of them, and thank everyone who made themselves available.

Delegate – Jennifer B.  
 Alternate Delegate – Eric L.  
 Chair – Miguel H.  
 Treasurer – Chitra S.  
 Registrar – Claudia N.  
 Recording Secretary – Amy M.  
 Assembly Coordinator – Drew B.  
 Literature / Grapevine / La Viña Chair – Richard W.

Thank you all again,

Eric L., CNCA Chair - Panel 69

#### Delegate’s Corner November 2020

As I come to the end of my term as your delegate my overwhelming feeling is one of gratitude for all the help, understanding, and love that I have received.

I’m grateful to all the GSRs and the groups they represent for helping me become a very well-informed delegate. Thank you! As you communicated your group consciences to me, I felt as if I was in the circle at your home group, listening to each member. Thanks to you, their voices were carried directly to the Conference floor.

I’m grateful to our interpreters and translators and their unrelenting service. I stand in awe of their love and service to me and to our Area. Thanks to them we were all able to communicate much better and ensure that the language of the heart permeated our discussions.

I’m grateful to the districts who welcomed me with warmth and cheer on my visits. What was the responsibility of an area officer that gave me the most anxiety became the highlight. If you see me again, just because, at one of your district meetings in the future, don’t be surprised.

I’m grateful to the generous souls who helped me get to and from the districts and other area events. Without your service I would have spent more time kicking my heels at Greyhound stops and Amtrak stations.

I’m grateful to all of you who serve on our area sub-committees and standing committees. As a visitor, I sometimes catch myself basking in the glow of your selfless service, hearts smarts, as you carry the message.

I’m grateful to have met and become friends with the other service entities it’s my privilege to visit; our friends in H&I, NCCAA, YPAAs, and our Central Office Managers, whose candor with me has helped our Unity.

I’m grateful to my fellow Area Officers. Over the past three panels I have gotten to serve with sixteen of the most amazing servants, who have shown me, by example, how to be a better trusted servant.

And, I’m grateful to my spouse Rob and my employer for allowing me to serve you all.

My heart is full.

Teddy B.-W., CNCA Panel 69 Delegate



# Service

***I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.***

I was heartbroken last month when I went to both the Central Office business meeting and the District General Service meeting. It's the same ten people doing all of the district's service work. When the time came to step up to take on next year's work nobody was there, just the same ten. I just can not comprehend it, especially now. Most service positions can be done on Zoom, from the couch in the living room!

Here is a list of the **STILL** open service position in our district:

### **Central Office:**

Central Office Coordinator - maintains the schedule of volunteers who staff the Central Office, recruits and trains volunteers

Alternate Chairperson - fills in for the Chairperson in his absence, takes over the Chair position next year

General Service Liaison - attends district General Service and Central Office meetings and reports on activities for both

Birthday Speaker Meeting-Chair/Co-Chair - coordinates the speaker meeting committee to facilitate and keep the meeting going

Birthday Speaker Meeting Treasurer - reimburses expenses, keeps all receipts and maintains accounts

Birthday Chips - keeps inventory of chips and orders replacement chips monthly

Birthday Speaker Meeting Raffle - coordinates sales of raffle tickets

### ***DOES YOUR HOME GROUP HAVE A CENTRAL OFFICE REP?***

**Central Office meeting is the first Wednesday of every month at 7:30pm on Zoom  
Zoom Id: 594 146 1966**

### **District General Service:**

Alternate District Committee Member Chair - fills in for DCMC if they are not able to attend District or Area meetings, takes over DCMC position in the next panel

District Committee Member (DCM) – each of the three sub-districts has a DCM, regularly attends all District meetings, the monthly area meeting and area assemblies, assist GSRs in becoming acquainted with The AA Service Manual and other service material.

District Cooperation with the Professional Community/Public Information Chair - attends the monthly District meeting, reach out to the Professional Community in District, attend monthly Area CPC meetings.

District Literature/Grapevine Chair - attend the monthly District meeting, attend groups and talk about AA literature and the Grapevine, attend monthly Area Literature/Grapevine meetings.

Bridging the Gap Chair - attend the monthly District meeting, act as liaison with the Area BTG Committee – attending the monthly Area BTG meeting, create and maintain a list of volunteers who act as the contact people.

Archives Chair - attend monthly District meeting, attend the Area monthly Archives committee meetings, as well as occasional workdays in Walnut Creek.

### ***DOES YOUR HOME GROUP HAVE A GENERAL SERVICE REP (GSR)?***

**District General Service meeting is the second Monday of every month at 7pm on Zoom  
Zoom Id: 895 6759 4853**

*p.s. I suspect that "the 10" would love to rotate on if you're interested in any of those positions...*

"I'm not very tech savvy"



"I'm can't do Zoom"

**zoom** is easy!

**You can download Zoom for free on your phone. Check iOS or Android Apps.**

**...can't do that?**

**You can just call a Zoom number and enter the meeting id!**

Zoom Dial In Numbers  
United States of America

+1 669 900 6833 (San Jose)  
+1 346 248 7799 (Houston)  
+1 253 215 8782 (Tacoma)  
+1 929 205 6099 (New York)  
+1 301 715 8592 (Washington D.C.)  
+1 312 626 6799 (Chicago)

**Where do I find a meeting id number?**

check the district website:

**AA Solano South Central Office**



Time	Meeting	Location	Address
6:30 am	AA District 09 Solano South	11 Park Community Center	1100 11th St
7:00 am	Volunteer Fellowship - City Bell	Volunteer Fellowship	500 7th St
	Volunteer Fellowship		

or get the meeting app:

**Meeting Guide App**







“Only an alcoholic would believe that the solution to loneliness is isolation.”  
 Anonymous, New York, New York, December 2002


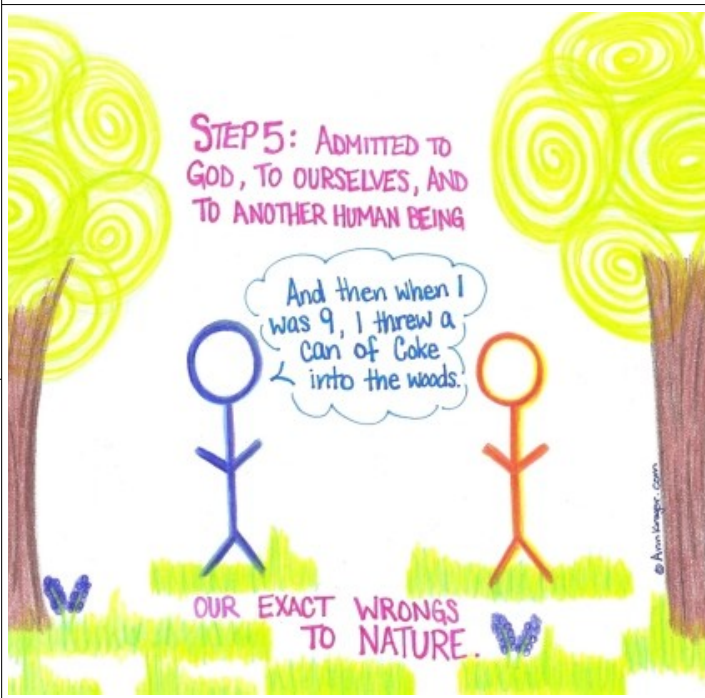
**NOT EVERYONE WILL SUPPORT YOUR RECOVERY**



*Definition of forgiveness: Giving up hope for a better past.*  
 Paul S., Farmington, West Virginia, October 2002



I was going to share my spiritual awakening I had at AA, but I didn't want to see the entire family scramble to conceal their own drinking problems.

**SEND YOUR SUBMISSIONS TO [SOSOEDITOR@GMAIL.COM](mailto:SOSOEDITOR@GMAIL.COM)**

## Vallejo Fellowship

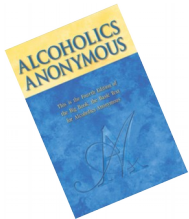
### VALLEJO FELLOWSHIP'S Virtual Speaker Meeting!

First  
Saturday of  
the Month at  
7pm



January 8<sup>th</sup> – Robert and Terry F.  
*from Cordelia*

**zoom** MEETING I.D. 238-929-5018  
Pass Code: 926465



*All Vallejo fellowship  
meetings have one code*

238-929-5018 **zoom**  
Pass Code: 926465



### List of In Person Meetings

**Sunday 10:30A.M.-11:30 Women's Solution Group**  
Dress Warm  
Alano Club 960 Grant Street, Benicia, CA Parking Lot

**Sun.-Sat 12 Noon- 1PM**  
Alano Club 960 Grant Street, Benicia, CA  
Parking Lot Dress Warm  
Daily Reflections Every day but Friday (Living Sober)

**Monday Vallejo Waterfront**  
Dress Warm 5:30 P.M.  
Men On the green next to Zio Fraedo,  
23 Harbor Way, Vallejo, CA  
Bring your own Chair

**Tuesday-Friday Vallejo Waterfront**  
Dress Warm 5:30 P.M  
On the green next to Zio Fraedo,  
23 Harbor Way, Vallejo, CA  
Bring your own Chair

**Friday 10:30 AM-11:30 Women's Solution Group**  
Dress Warm  
Alano Club 960 Grant Street, Benicia, CA Parking Lot

**Saturday 7:00 P.M. Came to Believe**  
Dress Warm  
Alano Club 960 Grant Street, Benicia, CA Parking Lot

The Central Office Corner

## Sobriety Birthdays In the month of *January*



**Danny M. 1/21/2007 (14 Years!!)**  
**Gene M. 1/16/2012 (9 Years!!)**  
**Margaret B. 1/1/1994 (27 Years!!)**  
**Robin B. 1/06/1996 (25 Years!!)**  
**Stefan K. 1/17/2014 (7 Years!!)**  
**John M. 1/25/1992 (29 Years!!)**  
**Bree N. 1/20/2011 (10 Years!!)**  
**Claudia K. 1/24/2001 (20 Years!!)**  
**John N. 1/15/1979 (42 Years!!)**  
**Mike B. 1/23/2000 (21 Years!!)**  
**Earl H. 1/1/1985 (36 Years!!)**  
**Pat R. 1/16/2015 (6 Years!!)**  
**Robert A. 1/14/2012 (9 Years!!)**  
**Lee B 1/23/1989 (32 Years!!)**  
**Blaine J. 1/23/1989 (32 Years!!)**  
**Ralph W. 1/17/2016 (5 Years!!)**

### District 09 Solano South

**ONLINE MONTHLY BIRTHDAY  
SPEAKER MEETING!**

**Earl H. from Benicia**

**January 8th  
8:00pm**

**zoom ID:**  
**594-146-1966**  
*Password: 1935*



Southern Solano Central Office Monthly  
**Birthday Speaker Meeting**

*Speaker:*

**Earl H.** *from* **Benicia**



**Friday, January 8<sup>th</sup>, 2021**

**8 pm on ZOOM**  
**Meeting ID: 594-146-1966**  
**Password: 1935**

**Raffle ticket winners will be announced at the end of the meeting. Chips will be mailed to those who would like to receive a chip. 7<sup>th</sup> traditions donations and how to donate will be posted in the chat at the start of the meeting.**